



MEMBER OF ZONTA INTERNATIONAL  
**EMPOWERING WOMEN**  
THROUGH SERVICE & ADVOCACY

### **Zonta Club of Adelaide Flinders Inc**

District 23, Area 2, Club 993  
Chartered December 1981

President: Sue Lear  
V/President: Anne Westley  
Treasurer: Judy Day  
Secretary: Margaret Rowland  
Board: Isobel McFarlane  
Di Cooper  
Margaret Hardy  
Cathy Pettinger

Contact us:  
[zontaclub.adelaideflinders@gmail.com](mailto:zontaclub.adelaideflinders@gmail.com)

PO Box 27  
Unley Business Centre  
Unley SA 5061

Find us on line:  
[zontaadelaideflinders.org.au](http://zontaadelaideflinders.org.au)



# Flinders Facts

**February 2015**

## **President's report**

Welcome back everyone to our first newsletter for the year. You will notice a new banner for Flinders Facts which is in line with the re-branding of Zonta International. Anne Westley will enlighten us about this at the club meeting on Wednesday.

So much has happened since our last newsletter including our fantastic Christmas party at Margaret Rowland's with many donations of toys and games and non-perishable foods as well as our shoeboxes to the Central Domestic Violence Western shelter.

Our toiletry bags were distributed in November to the shelter and to Olga Fudge Lodge.

December also saw many members and friends involved in the annual breast cushion and birthing kit workshops with the very enthusiastic Walford students. Some of these events are reported elsewhere in the newsletter.

It was pleasing to see so many members at our informal January meeting where we celebrated Amelia Earhart with a paper plane making and flying competition with the presentation of the inaugural Amelia Earhart trophy to the winner, Susan MacDonald. The planes were many and varied in their design – and in their success! Along the way we learned about Amelia, her connection with Zonta and the fellowship in her name.

This month we will have the pleasure of hearing from Dr Luc about his many endeavours for the people of DR Congo. We will also consider proposals for the dispersal of our hard-earned service funds. I know that members will consider the submissions carefully and make wise decisions in line with Zonta's mission.

*(Continued on page 2)*

## **FEBRUARY MEETING**

6:15 for 6:45 pm  
Wednesday  
18 February 2015

Public Schools Club  
207 East Terrace  
Adelaide

## **GUEST SPEAKER**

Dr Luc Mulimbalimba  
Mission in Health Care and  
Development,  
DR Congo

## **ROSTER**

**Objects and thanks:**  
Anne Westley

**Vote of thanks:**  
Anne Miller

Apologies and guests to Isobel at [ismcfarlane@gmail.com](mailto:ismcfarlane@gmail.com) or 0418 953 648 by Monday noon before the meeting.  
If apologies are not received on time we will be charged for your meal and this cost will be passed on to you.

(Continued from page 1)

I also remind you of the March meeting (flyer attached) which is organised by the Membership committee and invites you to 'put the fun into fundraising' with a selection of interesting speakers. Please invite friends and possible members to attend.

I look forward to seeing you all at this February meeting.

In Zonta service,

Sue Lear  
**President**



## BIRTHDAYS

**February 2015**

21st Di Cooper

23rd Carolyn Colquhoun

*May your day be bright, beautiful  
and filled with joy.*

## FELLOWSHIP MAILBOX

A card was sent to Kye Hall to wish her well for her wedding. It is so nice to have a happy reason to celebrate! Julie Irwin and Isobel McFarlane attended Kye's wedding and report that it was a beautiful and happy event.



A card also was sent to Evelyn O'Loughlin after she had a stay in hospital recently. You can't keep a good Zontian down, however, so we also congratulate Evelyn for being selected to participate in the **2015 Governor's Leadership Foundation** program. This is a 10-month intensive course to develop a high level of impactful, sustainable leadership.

Unfortunately, we'll be without Ngaire Green and Cintra Amos this month as they are both travelling in New Zealand. Cintra will visit her father in Orewa and Ngaire and Peter will visit family in Port Ohope.

## Well recognised...

A farewell afternoon tea was held to mark Marjorie Smith's (reluctant) retirement from her service at the Adelaide Clinic where she has worked tirelessly to improve the service for patients and their families. Sue Lear was invited to attend as well as Marjorie's son, Ken, and staff of the Adelaide Clinic and fellow committee members. Carol Turnbull is the Head of Staff at Ramsay Health Care at the Adelaide Clinic. Marjorie is continuing her involvement with Carers SA.

## Christmas Party

Nineteen members and partners enjoyed a friendly, relaxed evening of talking, eating and drinking – and being serenaded in the background by Peter and friend on the bagpipes, resplendent in their kilts.

What can I say about the wonderful hospitality and the tireless efforts and extraordinary culinary skills of  
(Continued on page 3)



Kye and Dan cutting the cake on their wedding day



Marjorie's farewell from the Adelaide Clinic

*(Continued from page 2)*

Margaret Rowland who catered for our entire party herself, ably assisted as always by Peter. I think there will be several members queuing behind me for some of Margaret's delicious recipes! An enormous thank you, Margaret and Peter. You both deserved your European Christmas.

In a wonderful act of generosity, Margaret has donated our entire dinner fees to assist our service projects – in total the brilliant sum of \$665!! Thank you Margaret - this means so much to us and to the people and projects we support.

The large collection of donated items under Margaret's Christmas tree also made me really aware of the Christmas season. Thank you to all members for your generosity in donating shoeboxes, a myriad of children's toys and many items of non-perishable food which will all be delivered by Isobel (and Jeff) to the Western Adelaide section of Central Domestic Violence Service. Along with our donation of \$500 for their Christmas party for the women and children, it is our hope to brighten the Christmas season for the clients of this service.

Sue Lear

### **Inaugural Amelia Earhart trophy winner**

Congratulations to Susan MacDonald for winning the club's inaugural Amelia Earhart trophy for her unbeaten paper plane construction and flying skills at our January club meeting. It was a fun way to learn about our most famous Zontian—and raise money for the Zonta fellowship that bears her name.



Margaret Rowland presenting Susan with the AE trophy



Close up of the trophy

### **NGAIRE'S QUOTATION**

Decide whether or not the goal is worth the risks involved. If it is, stop worrying.  
~Amelia Earhart

### **UPCOMING DATES**



#### **21 February MHCD SUPPORT ASSOC QUIZ NIGHT**

Goodwood Community Centre – see flyer

#### **8 March INTERNATIONAL WOMEN'S DAY**

**15 March**  
**CLUB MOVIE NIGHT**  
*Second Best Exotic Marigold Hotel*  
Regal Theatre – see flyer

**18 March**  
**CLUB MEMBERSHIP NIGHT**  
*Putting the fun in fundraising* – see flyer

**11 April**  
**COMBINED ADVOCACY GROUP**  
Church of the Good Shepherd, Plympton

**2 May 2015**  
**AREA 2 WORKSHOP**

**13 June**  
**COMBINED ADVOCACY GROUP**

**29 August**  
**COMBINED ADVOCACY GROUP**

**16 – 18 October**  
**DISTRICT 23 CONFERENCE**  
Grand Chancellor Hotel, Adelaide

**7 November**  
**COMBINED ADVOCACY GROUP**



## A member story!

In 1983 a family named Smith arrived to live in Adelaide. Husband Ken saw his wife and two children happily at home in a nice house in Forestville and nipped off to Woomera to meet old friends, just to say hello!

Both children were happily ensconced in school; Graham in Pulteney in South Terrace and Helen in Woodlands in Glenelg. They both adored the tram ride to school, especially in opposite directions and mother was NOT needed!

An Anglican priest was my first visitor and a short walk on South Road was his church of St Benedict's. He was so very interested in Woomera and, as I ran supper parties for visitors here to see rocket firings, he came to them all, loved it and welcomed all who came to evensong on Sundays – and he did get a crowd too! On Thursday mornings I joined him in the local school to talk to children and we were so welcomed then!

Life was ticking along and we now had a family home up at Flagstaff Hill and I created a great kitchen in which to work at my craft, as I had trained in France and England to become a Cordon Bleu cook. I approached Panorama TAFE College on Goodwood Road and I was shown around and asked when I could start! This was the way to work and meet people so I signed on to teach two evenings a week and rapidly they were booked out.

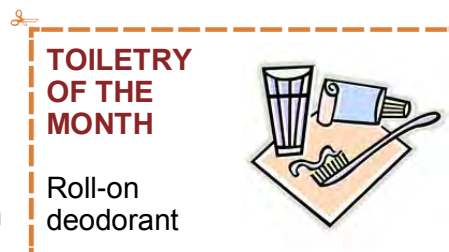
I met nurses who were very keen to do a day class to learn more, and so I set up a Saturday class on bread making. My son was so interested and asked to come to look. He did much more as the photos show, and I worked at Panorama for many years until my catering firm took off!

TOP COOKS OF ADELAIDE ran until my poor husband needed me as he became critically ill. He had bought an old post office vehicle and installed sliding shelves and rotating boxes and he loved packing my vehicle for deliveries. He could sit with me and had a huge torch for finding houses in the hills in the dark! Selling up was hard but the time we spent before his memory failed was very precious.

Marjorie Smith



Marjorie teaching



## By the numbers...

### Entertainment books 2014

61 books sold for total fundraising of \$855

### Christmas party

Donation from Margaret \$665 plus a myriad of toys and games and food items

### Toiletry bags

Distributed 100 bags to Central Domestic Violence Service western region and 50 bags to Olga Fudge Lodge

### Birthing kit workshop at Walford

Assembled 600 kits with Year 10 students

### Breast cushion workshop at Walford

119 completed at least to hand sewing stage, 75 of these wrapped

## Annual workshop at Walford Anglican School

There were two rooms of Year 9 and 11 girls making, stuffing and wrapping breast cushions along with one room of Year 10 girls assembling 600 birthing kits, accompanied by several staff.

The girls were so helpful and enthusiastic and there was a real buzz of activity in all areas. It is a great joy to work with these girls and see their commitment to service fostered by the school. It is also an opportunity to raise their awareness of health and other issues addressed by these two projects. It is also worth mentioning that another group of students were at UniSA assembling prosthetic hands for landmine victims.

The students were willingly and ably assisted by many members, family and friends. A huge thank you to Sarah and mother Gwen Cunningham, Isobel and friend Kathy Dordy, Margaret Rowland (special thanks for fronting up so cheerfully after such a big night!), Lindy, Tania, Eronwy, Ngaire, Marianne, Susan MacDonald and friend Glenys Woodrofe, Helen Cawley and Cintra. Your cheerful and willing participation is greatly appreciated.

One of the girls was designated 'official' photographer. Some of the photos will be forwarded to the Birthing Kit Foundation for inclusion in future promotional materials.

Sue Lear



Coming to grips with folding the plastic



Sewing underway

## Breast cushion project update

This vital District project continues silently in the background, providing ongoing physical and emotional support to our sisters all over Australia!

Adelaide Flinders continues supplies to the Western Community, Calvary, Queen Elizabeth, Ashford and Mount Gambier hospitals, as well as the Cancer Council head office and personal requests.

We have delivered 3776 breast cushions since 2002!

The Walford workshop each December tops up our stock for the summer months by producing 80-100 cushions. Outside the holiday season, the "Silks" craft group make about 20 each month.

Sarah Cunningham  
**Breast Cushion Project Coordinator**



Job well done!





## Central Domestic Violence Service Christmas party

We received the following message from Kylie O'Callaghan, Fundraising and Marketing Manager at the Central Domestic Violence Service. Kylie spoke at our November meeting.

*Hello Sue and all of the wonderful women of Zonta Club of Adelaide Flinders,*

*My apologies in not responding to you earlier but I wanted to reiterate our thanks to you for your generous donation of \$500 towards the cost of our clients' Christmas party. I have attached some photos but unfortunately cannot share with you any with the clients for confidentiality reasons. However I can tell you that we put your donation towards the following:*

- *An animal petting zoo*
- *Face painting*
- *Cupcakes for all children.*

*We still have a small amount of funds left over which we would like to set aside for our International Women's Day event in March.*

*Thank you again. We value your ongoing support.*

## The Wife Drought by Annabel Crabb

*Reviewed by Jenny Weaver, Zonta Club of Adelaide Torrens*

If anyone can make feminism fun it is Annabel Crabb. This deliciously witty and enjoyable book is a feast of feminist ideas. By making the most of her self-effacing style, amusing anecdotes and bon mots she identifies a range of sexist realities which are alive and well in Australia today. She seduces us with clever stories then uses lots of facts and research to drive her messages home. Her overarching theme is that everyone needs the services of a wife because that is how to get on in life and there is plenty of substantiating data.

Men get paid more if they have a family and a supporting spouse; women get paid less when they have children and by definition don't have a wife! Men get ahead because they do less housework. She finds some fascinating statistics proving that women start doing more housework when their income reaches an exact point as a percentage of their husband's. She trawls through all the usual excuses used over the years and teases out why and how they are used against women to this day to keep them in their place. She questions a lot of the everyday conversations we get into about how women cope. Indeed she even questions just how much housework is enough. Has anyone asked that question before? With it all there are some very amusing anecdotes.

Australian society should be over much of this and the dawning reality is that women still have a very long way to go to conquer stereotypes and get to something approaching a level playing field. As a conclusion she challenges our "male breadwinner" culture with some good practical ideas. This book should not be necessary but, since it is, she offers some new formulae for a different world in which men could get to enjoy more of the rewards of fatherhood and that much bandied-around concept "work-life balance". It's a very entertaining read on a topic that has been taboo for years.

## White Ribbon Breakfast

Speaking at the White Ribbon Day breakfast in Adelaide, Lieutenant General David Morrison AO, Australia's Chief of Army, issued a "call to arms" to Australian men to reconsider their attitudes to women. Lt Gen Morrison said a male-dominant culture in Australia, including our wartime legends, creates an environment which allows violence against women to continue.

Lt Gen Morrison also called for:

- **CHANGES** to make legal and court processes less costly for victims of domestic violence.
- **EMPLOYERS** to be more aware that their staff may be experiencing violence at home.
- **MORE** support for the family and friends of victims "who often don't find out about the problem until it is too late".



## *MHCD Australian Support Association*

You are invited to our

# Quiz Night

Saturday 21<sup>th</sup> February

7 - 7.30 to 10.00pm

at

Goodwood Community Centre

32-34 Rosa St Goodwood

Ample parking in Community Centre

BYO Drinks and Supper

**DOOR PRIZE & WINNERS PRIZE  
& GENERAL RAFFLE  
SILENT AUCTION AND MUCH MORE**



Gather your friends for a fun night and form teams

Or join another table

**\$25 includes raffle ticket to go towards our MHCD Projects**

**To book your table email [annepmiller@iprimus.com.au](mailto:annepmiller@iprimus.com.au)**

Supporting the disadvantaged people of DR Congo  
through the work of Dr Luc Mulimbalimba and  
Mission in Health Care and Development

**Dr Luc will be there to share his story**

# The *Second* Best Exotic MARIGOLD HOTEL



“The Best Exotic Marigold Hotel for the Elderly and Beautiful” has only a single remaining vacancy – posing a rooming predicament for fresh arrivals Guy and Lavini...”

**Come join us to catch up on the latest in the lives of the residents of the Best Exotic Marigold Hotel –**

**Stars include Richard Gere, Judi Dench, Maggie Smith, Bill Nighy, Celia Imrie and Dev Patel.**

**When:** Sunday 15 March  
**Time:** Refreshments from 5.30pm  
Movie starts 6.30pm sharp  
**Cost:** \$20.00  
**Where:** The Regal (formerly Chelsea Theatre, Kensington Rd)  
**Includes:** Fabulous food with sparkling wine  
**Raffle:** Will be held before the start of the movie  
**Tickets:** Jill Welsh: 8361 2313 Mob 0412 262 949  
Anne Miller: 8277 5884 Mob 0434 536 297

*All proceeds go to Projects of the*



**Zonta Club of  
Adelaide Flinders**

*Member of Zonta International*





**ZONTA**

CLUB OF  
ADELAIDE  
FLINDERS INC

MEMBER OF ZONTA INTERNATIONAL

EMPOWERING WOMEN  
THROUGH SERVICE & ADVOCACY

## "PUTTING THE FUN INTO FUNDRAISING"



Three Guest Speakers will give us their varied perspectives on  
the world of fundraising,  
And along the way tell us of their challenges and celebrations!

**Bonnie Stewart** was crowned "Miss Humanity Australia" 2014 for her contribution to humanitarian endeavours. She was also nominated by our Club last year and won the ACSO Allan Sloane Young Citizen Community Service Award. She has created her own charity "With Love and Lipstick" and devotes her efforts to the prevention of violence against women.

**John Pettinger** (son of member Cathy Pettinger) is the South Australia and Northern Territory Manager of EB Games, an Australian video game and entertainment software retailer that operates over 380 stores throughout Australia and New Zealand. John's company supports the Starlight Foundation and John came up with some innovative ideas to raise money for the charity.

**Ruth Barker** has a Montessori business working with young children, including those with special needs. Her life story is one of both personal and health trauma and, after undergoing a double lung transplant in 2012, developed her charity "The Ruth Barker Project" to raise awareness about organ donation. She is also a published author, including "Ed the Ted" a book about organ donation for children.



Dinner \$34.00 - Partners, prospective members and guests very welcome!

Wednesday, 18 March 2015

6.15pm for 6.45am

Public Schools Club, 207 East Terrace, Adelaide

RSVP: to Isobel McFarlane 8356 1080 or 0418 953 648  
whether or not you are attending by Friday 13 March 2015