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BIENNIUM

August 2020
Edition

Flinders Facts



**Zonta Club of
Adelaide Flinders Inc
District 23, Area 2,
Club 993 Chartered
December 1981**

PRESIDENT'S REPORT

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Hello everyone,

This month the club has been experiencing some exciting changes as some of the restrictions related to Covid19 have been lifted. However, we are remaining informed and aware of what we are required to do and how we can ensure that all of our members and the community remain safe.

The club has purchased an annual license for Zoom which has become very useful when we have been deciding about our meetings. We continue to hold our Board meetings on Zoom which means that all of our Board members have been able to attend to the business of the club. We are also offering other clubs and the Area 2 leadership team the use of the Zoom.

This month some of the members of our club have had an opportunity to come together to share in the new approach to running a fundraising Bunnings sausage sizzle. It has brought home to many of us another way that the Covid 19 pandemic is impacting on our daily life. We were fortunate to be able to hold this fundraising event in August because Bunnings had only opened these up again in the previous week. It was great to see the enthusiasm of the community happy to see sausage sizzles come back. We are a fortunate State and this is born out when we realized that this type of fundraising event is not yet possible in some other states. It was also wonderful to be working together as a team to fundraise for our community.

I am very aware that some members as well as some family members are vulnerable and while they would have liked to have assisted were not able to engage in the sausage sizzle. To those members who were able to attend thank you for your hard work on the day and please thank your family and friends who came to help. I also wish to thank Lindy Berketa and her partner John for the way they prepared for the event which made it so successful. We were very fortunate to have raised \$1068 towards our Service Projects.

We are looking forward to our first face to face meeting for this Biennium on Wednesday 19th. Besides the opportunity to get together again it will also be an opportunity to thank Past President Heather Smigiel and her Board for their work over the past two years and to welcome the new Board.

We are aware that the circumstances may change quickly and we may not be able to go ahead with a face to face meeting however if this is the case members will be contacted immediately and arrangements will be made to have a meeting via Zoom instead of the face to face. Best wishes everyone

Yours in Zonta

Lesley Siegloff RN, PhD

Survivors of Violence Build Resilience

(Excerpt from the last Newsletter in Zonta's Centennial Anniversary Biennium, Zonta International Newsletter)

Women develop cooking skills and learn about financially sustainable nutrition in the 'Food for Thought' program.

Globally, one in three women will experience physical or sexual violence in their lifetime.

Through this project, Food for Thought, the Zahra Foundation and the Zonta Club of Adelaide Flinders Inc in Australia, assist women who have suffered from violence to build up their social connections, confidence and ultimately their resilience.

The educational program taught women from diverse cultures and ethnicities how to cook and how to eat nutritiously in a budget-friendly way while engaging with and learning from one another.



Adelaide Flinders are about to run their third session of Food for Thought in the second series this year. This series is being led by Susan Mac Donald and has had 8-9 participants at each session.

I am so pleased that so many club members have volunteered to assist with the sessions and, we have all enjoyed ourselves and appreciated the chance to meet and talk with the ZAHRA participants.

Of course, we can only plan from session to session as we prepare to respond to new Health guidelines and restrictions but feedback from the participants is so positive that it is pleasing that we have been able to get this far. Our next series is scheduled for October.

Heather Smigiel, Program Leader

On behalf of Zonta Club of Adelaide Flinders,
vouchers to the value of \$1,000.00
to the Women's Safety Services, Western Region
on Thursday 18th June.

Linda Jones accepted the vouchers
on behalf of Manager
Belinda Haliday

Isobel McFarlane



BUNNINGS SAUSAGE SIZZLE

We held a Sausage Sizzle at Edwardstown Bunnings on Sunday, 2nd August.

3 teams of enthusiastic members, family and friends worked very hard throughout the day to maintain good social distancing practices while busy, follow all Bunnings new COVID strategies and totally cleaning and sanitizing everything except the hotplate every hour.

Our heartfelt thanks go to Margaret and Peter Rowland, Lorraine Omond, Carolyn Colquhoun, Lesley and Hans Sieglhoff, Sharon Vale, Heather and Eric Smigiel, Melanie Roberts, Marianne Kidd, Penny Hepworth, Susan McDonald, Chris Warren, Isobel and Jeff McFarlane, Ann Verbeek, Lindy and John Berketa.

Without these hard working members we would not be able to continue our vital Service Projects. At the end of the day we cleared \$1080.00 which will go a long way to bolster our much depleted Service funds and it was wonderful to be able to get together again.

Lindy Berketa – Program Leader - Fundraising



PROPOSED GARAGE SALE

We are planning to hold a Mega Garage Sale mid October (probably 17th and 18th) over 2 days, Saturday and Sunday, 8.00 - 12.00 noon depending on volume of donations we receive.

Please start collecting any saleable items of good quality and tell your family and friends diarise the date

FUNDRAISING INITIATIVE

Constance is collecting pre-loved Scarves for our trading table being held at the 2021 Convention in BENDIGO.

Now is the time to go through your collection of scarves, probably sitting in a drawer somewhere, that you haven't worn in A G E S.

It would be appreciated if they could be laundered and ironed, so that Constance can wrap, ready to showcase at this important event.

Thank you to everyone, for helping to make this a successful event.





BIRTHDAYS

Margaret Rowland

14th August

- *To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.*
- *To work for the advancement of understanding, goodwill, and peace through a world fellowship of executives in business and the professions.*
- *To promote justice and universal respect for human rights and fundamental freedoms*
- *To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who service their communities, their nations, and the world.*

DIARY DATES

Next Board Meeting

Monday 14th Sept 4pm
(via Zoom)

Next Members Meeting

Wednesday 19th Aug
6.30pm

19 on the Green

United Nations Day

24/10

White Ribbon Day

&

UN Day for the Elimination
of Violence against Women

25/11

Human Rights Day

10/12

D23 Conference

10-12 September 2021



THE ZONTA THANKS

*Wherever your country of birth
whatever your faith or creed
give thanks for the meal we share in Zonta Fellowship
But remember too those who have no food today
not with guilt that we have so much
but with hope that through Zonta service and advocacy
they too may come to share the same
in peace and harmony.*

Just click on Links to Club Website and Facebook Page

Website: <http://zontaadelaideflinders.org.au/>

Facebook: <https://www.facebook.com/adelaideflinders/>