

ISSUE 08

2020-2022

BIENNIUM

February 2021

Edition

Zonta Club of Adelaide
Flinders Inc

District 23, Area 2,

Club 993 Chartered
December 1981

Flinders Facts



PRESIDENT'S REPORT

THIS ISSUE

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DIARY DATES

Next Board Meeting

Monday 8th March 2021

Next Members Meeting

Wednesday 17th March

West Adelaide Football
Club

RSVP & Apologies to Isobel
0418953648

2021 DATES TO REMEMBER

Zahra Fundraiser

West Beach Walk

21st March

Fundraiser – Bunnings

Sausage Sizzle

27th March

D23 Conference- Bendigo

10-12 September 2021

ZI Convention 2022 has been
announced and will be held
in Hamburg Germany in
June 2022

After a long break over Christmas and New Year it was wonderful to be able to meet again in January. How lucky we are in South Australia to be able to come face to face for our dinner meetings. What fun it was to watch everyone arrive and look so pleased to see each other. The room was humming. Running the special Amelia Earhart quiz was certainly in keeping with the feeling of fellowship and fun of the evening. What would we do without google!!

I was also pleased to be able to present our new member and my friend of 40 years, Sharon Vale with her Zonta badge and name badge and a special rose, as she and Lisa Mulvaney (who will receive hers in March) were inducted at our November meeting held on Zoom.

This newsletter has two long articles. I am sorry to give you so much reading but I do think it is important information especially as we prepare for our planning meeting on Wednesday 17th February. Please read the articles and the accompanying document with the information about the funding applications



Presenting the Rose to new member Sharon Vale

It was such a thrill this year to see the work of so many amazing women were identified in the Australian of the Year Awards this year They were Australian of the Year – Grace Tame (TAS); Senior Australian of the Year – Dr Miriam-Rose Ungunmerr Baumann AM (NT); Young Australian of the Year – Isobel Marshall (SA); Australia's Local Hero – Rosemary Kariuki (NSW) . So much of what they do aligns with our Goals. Congratulations also to everyone who was nominated in SA especially the wonderful Joy O'Hazy from the Zonta Club of Adelaide Hills, while she was not an awardee it was so good to see her work recognised through her nomination. Congratulations Joy.

Best wishes to all Lesley Sieglhoff, PhD - President

January the month to celebrate a great Zontain – Amelia Earhart

Our club celebrated Amelia Earhart with a quiz at the dinner meeting on the 20 January 2020. Members donated \$10 per head as a contribution to the Amelia Earhart Fellowship fund. The Fellowship was established by Zonta International in Amelia's honour in 1938. She was the first female aviator to fly solo across the Atlantic Ocean on 11 January 1935. Amelia Earhart dedicated much of her life to prove that women could excel in their chosen professions with gender equity. Amelia was a Zontain who joined Boston Zonta Club in 1928 and was then a member of Zonta New York club from 1930.

Amelia mysteriously disappeared in 1937 whilst navigating the globe from the Equator. She was legally declared dead in 19939.

To acknowledge Amelia's dedication to women pursuing careers in aerospace, Zonta International offers up to 35 Amelia Earhart (AE) fellowships, US \$10,000 annually to nominated women who pursue degrees in aerospace, engineering and space sciences. Awardees have represented 73 countries and have pursued successful professions including Astronauts, Aerospace Engineers, Space Scientists and Astrophysicists.

Members and guests had fun completing the Quiz, thank you to member Sarah Cunningham for organizing the quiz. Winners were Heather Smigiel (1st) with 10 or more correct answers without Google! She was awarded our Amelia Earhart perpetual trophy; we look forward to seeing it again next year. Melanie Roberts (2nd) and guest Jessica Knight (3rd) both received a packet of Aeroplane Jelly. We had a successful fun evening whilst raising funds for the Fellowship fund.

Marianne Kidd - Member membership committee ZCAF



Lesley Siegloff presenting Heather Smigiel with the ZCAF Amelia Earhart perpetual trophy.



February Birthdays

- Constance Price 14th
- Carolyn Colquhoun 23rd
- Heather Smigiel 24th
- Melanie Roberts 28th

CONGRATULATIONS

Birthing Kit Assembly Day

The club held the first Birthing Kit assembly day for annual year on 10th Februray. This was ably lead by our Birthing Kit Coordinator Sue Lear who besides becoming a Covid Marshall arranged for us to have a special QR Code on the day as well as arranging for the kit supplies. There were 10 people who came to help. Besides our members Marianne Kidd, Penny Hepworth. Lesley Siegloff, Eronwy Edwards and of course Sue Lear and Sharon Vale were were also supported by 3 prospective members Kae Martin, Jennifer Hunter and Kathie Guy. While completing 200 kits we all talked a lot and enjoyed each others company.

Thank you Eronwy for these great photos unfortunately the usual has happened. I can't find a photo of the photographer unfortunately.



Thank you Sue and members and especially our volunteers who assisted and a special thanks to Eronwy for being able to get them all in the boxes. 'No mean feat !!'

I have included in this newsletter on page 6 a letter about the current situation with Birthing Kits from Julile Monis-Evett.

AREA 2 COMBINED ADVOCACY PLANNING MEETING

Lesley Siegloff - President

On Saturday 13th March six members of Zonta Club of Adelaide Flinders attended a very productive Combined Advocacy planning meeting at Hopes Café. A draft action plan for a combined project was begun.

This planning event was the brain child of our area leadership team who recognised that while clubs have their own specific Advocacy projects and engagement that there would also be value in our clubs working together for a combined purpose. The members of each of the clubs who were in attendance were supportive of this view and worked together during the afternoon under the guidance of Katrine Hildyard MP, Shadow Minister for Child Protection, Shadow Minister for Women and the Prevention of Domestic and Family Violence and Shadow Minister for Recreation, Sport and Racing and with all of these responsibilities she is also a member of the Zonta Club of Noarlunga Southern Vaes. The afternoon was opened by the Area Director Chris Frick supported by her deputy Jane Morrison.

Katrine's enthusiasm for the role was palpable and while she kept us to the tasks set, she was very interested in everyone's thoughts and opinions, and the white board also saw good use! We worked together from 1.30pm to 4pm and I believe the time went by very fast. I really enjoy these days where our clubs work together to focus on our role in Advocacy. At the conclusion of the day there were a number of actions and activities identified for the network of clubs to engage in together in the next year and into the future. Katrine offered to write the outcomes up. They will then be distributed to the membership for further discussion.

In the meantime **the major outcome on the day** was that a plan would be developed to work towards influencing a positive outcome for the proposed legislation to declare **Coercive Control** illegal in SA. This sounds easy but we all know that it is not. However with a good strategy and knowledge of whom we should work with and those whom we need to influence Zonta in South Australia, as a significant women's organisation, has the potential to influence this initiative. Our strength is evident in many things including our combined knowledge and skills and our ever enduring enthusiasm to support the health and safety needs of women and children in our society.

Coercive Control is an insidious behaviour often demonstrated by people who perpetrate domestic violence. Coercive control is a strategic pattern of behaviour designed to exploit, control, create dependency and dominate. The victim's every day existence is micro managed and her space for action as well as potential as a human being is limited and controlled by the abuser.

Investigative journalist **Jess Hill** puts perpetrators - and the systems that enable them - in the spotlight in her book ***See What You Made Me Do*** which is a deep dive into the abuse so many women and children experience - abuse according to Jess that is often reinforced by the justice system they trust to protect them. Critically, it shows that we can drastically reduce the violence - not in generations to come, but today. Combining forensic research with riveting storytelling, *See What You Made Me Do* challenges everything you thought you knew about domestic abuse. While quite confronting at times this book is a very valuable resource, I encourage you to read it.

Some resources <https://www.whiteribbon.org.au/About-Us/News/Calls-for-coercive-control-to-be-criminalised>; https://en.wikipedia.org/wiki/Love_bombingaustralia/ ; <https://disruptr.deakin.edu.au/society/coercive-control-is-a-key-part-of-domestic-violence-so-why-isnt-it-a-crime-across-australia/> ; <https://www.laurarichards.co.uk/coercive-control/> ; <https://intouch.org.au/media-release-intouch-calls-for-coercive-control-reform-across-family->



Katrine Hildyard and Chris Frick take us forward



Area 2 Combined Advocacy Planning Day attended by six of our members, Cintra Amos, Marianne Kidd, Penny Hepworth, Eronwy Edwards, Sharon Vale and Lesley Siegloff.



The Birthing Kit update.

The Birthing Kit Foundation had many challenges for 2020.

The year has been marked by a slowdown in kit production, partly the result of an increase in kit price but mainly due to the impact of the bush-fires and Covid 19 on Zonta Club fund-raising and the loss of assembly days because of lock-downs and restrictions amid the Covid 19 pandemic. Nevertheless, the BKFA was fortunate in being able to receive on-going income from Job Keeper and the SA Government's business support package which have kept us working.

Our greatest challenge was experienced with the change to the trading name of Kit International brand supposedly alongside the original Birthing Kit Foundation brand. The new KI website launched on July 1 did not reflect the future directions and wishes of the board. It had no recognition of our past history and achievements and the total closing of our BKFA website caused much angst to the board and to our many Zonta supporters whose past work had been ignored. Our BKFA website is back to 90% of its original content.

After much re-evaluation of our direction under these extraordinary conditions, and considering our reduced income, the position of our CEO was made redundant. The loss of other management positions, through natural attrition, has provided us with the scope to review all our work.

The BKFA Board decided now is not the time to risk taking on untested programs and to consolidate our resources by returning to our core business of making and distributing birthing kits.

2020 had many highlights. One was the launch of our "Earth kit" with biodegradable plastic sheet and bag that leaves no chemical footprint. Orana a disability support service makes up many of our online kits funded by donors. 10 trees are planted for every 200 kits made. A wonderful initiative. There will be more exciting news about Earth Kits in the next few months!!!!

We also distributed 89,000 standard kits this year with more than half made by Zontians. Considering the year it was an excellent number. Thank you.

Another was the launch of our Kits at Home program where kits can be ordered in lots of 200 or 40 and made at home rather than at assembly days which are difficult with Covid 19 restrictions. The kits are delivered to your home and collected from your door. All donations are tax-deductible.

Another very special highlight was the nomination of founder and director Dr Joy O'Hazy as one of the 4 finalists in the South Australian of the Year category. It was a proud evening.

Birthing kits are needed now more than ever as the impact of the pandemic has reduced access to health services in many developing countries. We ask for your support to make more birthing kits. We have bookings for 65,000 but need 130,000 for our partners.

If you believe birthing kits save lives - join the BKFA.

Hopefully 2021 will see the impact of Covid 19 reduced and families reunited across all borders.

Kind regards

Julie Monis-Ivett OAM
National coordinator of Zonta Birthing Kit Project
Zonta club Adelaide Hills Inc.
BKFA founder and director

THE ZONTA ROSE



8 March **2021**. **Rose Day** is celebrated along with **International Women's Day** as a time to reflect and give tribute to the women who have empowered you.

The beauty of a single yellow rose has been a favorite Zonta symbol for nearly 20 years.

The "Zonta Rose" was introduced at the 1984 Sydney Convention, thanks to the dedication and support of District 16 Zontians. In 1983, then Lieutenant Governor of District 16 (New Zealand), Valerie Webster, proposed that a breed of roses be developed as a living symbol of Zonta International. The renowned England-based nursery Harkness Roses worked to cultivate the flower, while Zontian Maureen Ross of Ross Roses in Adelaide, Australia enabled it to be introduced at the Convention.

Today, the lovely yellow bloom can be seen in members' gardens, memorial plantings, schools, hospitals, homes for the elderly, and in the forecourt of Australia's National Parliament in Canberra. Most recently, a Zonta Rose Bed was inaugurated at Bältesspännarparken in Gothenburg, Sweden, as part of the 2002 Zonta International Convention festivities.

But the Zonta Rose is much more than a lovely flower. Since 1999, it has served as the symbol of Zonta Rose Day, which falls on 8 March and coincides with International Women's Day. On this special day, Zontians worldwide are encouraged to publicly distribute yellow roses or items bearing the image of yellow roses, accompanied by information about Zonta International and issues relating to improving the lives of women.

The Zonta Rose itself has bright yellow blooms, produced in large sprays, and neatly spaced to form a bouquet. Each bloom is formed on its own long stem and has a particularly long life, whether on the bush or cut. Its fragrance is light and pleasant, while gardeners will appreciate that it is easy to grow and hardy, reaching an average of 1.2 meters in height.

The Zonta Rose is registered internationally under the name "Hartanna." It also goes by the name "Princess Alice" in Canada and the UK, and "Bright Lites" in the USA.

International Women's Day 2021 campaign theme: #ChooseToChallenge

A challenged world is an alert world. Individually, we're all responsible for our own thoughts and actions - all day, every day.

We can all choose to challenge and call out gender bias and inequality. We can all choose to seek out and celebrate women's achievements. Collectively, we can all help create an inclusive world.

From challenge comes change, so let's all choose to challenge.

BOARD MEETING DATES 2021

8 March
12 April (AGM)
10 May (Handover Dinner)
14 June
12 July
9 August
13 September
11 October
8 November
December TBA

MEMBER DINNER MEETING DATES 2021

17 March
21 April (AGM)
19 May (Handover Dinner)
16 June
21 July
18 August
15 September
20 October
17 November
December TBA

A special date to remember 2nd December Our 40th Birthday - Watch this space!!!!

Fundraising Ideas from Sarah Cunningham -

COVID certainly has put a hole in our Zonta fundraising! So think outside the square for ideas...

I advertised my lounge sofa on my Facebook newsfeed to my friends (I wasn't keen to advertise on the open Facebook marketplace).

I figured it would save me the cost of delivery to an auction house (and maybe the cost of bringing it back again if it didn't sell!)

The price = whatever they wanted to donate to the Breast Cushion project! And they had to collect it.

Yes it has sold! - I'll let you when transfer the donation!

See the picture to right from my Facebook post.

My next idea- a dinner with "COVID safe friends" at my place. Charge a nominal amount \$20 per person - all donated to Zonta! Might make it BYO so even easier.

If I have lunch in a park it's even safer, & less cleaning up! Happy Fundraising!

Natural colour Linen covered custom made curved sofa, wooden frame. 2700 long x 900 deep. Green end seat 900 x 900 completes the curve. Bought 2005. On trend! Swap for a donation for Zonta Breast Cushion Project. Collect.



OBJECTS OF ZONTA INTERNATIONAL

BOARD 2020-2021

President – Lesley Siegloff

Vice President

Secretary – Melanie Roberts

Treasurer – Carolyn Colquhoun

Directors

- Cintra Amos
- Sarah Cunningham
- Susan MacDonald
- Isobel McFarlane

Club leads

Advocacy – Lesley Siegloff

Awards – YWPA - Sue Lear

Breast Cushion Project – Sarah Cunningham

Birthing Kits – Sue Lear

Fundraising – Lindy Berketa

Membership – Jill Welsh

PR & Communication

- **Webmaster** – Eronwy Edwards
- **Facebook** – Cintra Amos
- **Newsletter** – Lesley Siegloff

Program – Cintra Amos

Meeting contact – Isobel McFarlane

Service – Susan Mac Donald

- *To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.*
- *To work for the advancement of understanding, goodwill, and peace through a world fellowship of executives in business and the professions.*
- *To promote justice and universal respect for human rights and fundamental freedoms*
- *To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who service their communities, their nations, and the world.*



THE ZONTA THANKS

*Wherever your country of birth
whatever your faith or creed
give thanks for the meal we share in Zonta Fellowship
But remember too those who have no food today
not with guilt that we have so much
but with hope that through Zonta service and advocacy
they too may come to share the same
in peace and harmony.*

Just click on Links to Club Website and Facebook Page

Website: <http://zontaadelaideflinders.org.au/>

Facebook: <https://www.facebook.com/adelaideflinders/>