



ANNUAL REPORT 2020-2021



*Zonta Club of Adelaide Flinders Inc
District 23, Area 2, Club 993
Chartered December 1981
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Board Members and Club Representatives

Executive

- | | |
|------------------|--------------------------------------|
| • President | Lesley Siegloff |
| • Vice President | Catherine Middleton –June to January |
| • Secretary | Melanie Roberts |
| • Treasurer | Carolyn Colquhoun |

Directors

- | | |
|--------------------------------------|---------------------------------------|
| • Communication and Public Relations | Catherine Middleton – June to January |
| • Membership Liaison | Carolyn Colquhoun |
| • Program | Cintra Amos |
| • Service | Susan MacDonald |
| • Attendance | Isobel McFarlane |

Club Roles/Representatives

- | | |
|---|---|
| • Advocacy | Lesley Siegloff |
| • Archivist/Historian | Carolyn Colquhoun |
| • Award - Young Women in Public Affairs | Sue Lear |
| • Birthing Kits | Sue Lear |
| • Breast Cushions | Sarah Cunningham |
| • Bulletin Editor | Catherine Middleton/Lesley Siegloff |
| • Chair Fundraising | Lindy Berketa |
| • Chair Membership | Jill Welsh |
| • Correspondence/Facebook | Cintra Amos |
| • Fellowship | Marianne Kidd |
| • National Council of Women SA | Lesley Siegloff & Lindy Berketa |
| • Nominating Committee | Jill Welsh (Chair),
Lorraine Omond & Heather Smigiel |
| • Parliamentarian | Margaret Rowland |
| • Public Officer | Cintra Amos |
| • Webmaster from January | Eronwy Edwards |

Members 2020-2021

Cintra Amos

Lindy Berketa

Dr Sarah Cunningham

Carolyn Colquhoun

Eronwy Edwards

Penny Hepworth

Marianne Kidd

Penny King

Sue Lear

Susan MacDonald

Isobel McFarlane

Catherine Middleton

Lisa Mulvaney

Lyn Murphy

Lorraine Omond

Dr Carolyn Palmer AM

Constance Price

Melanie Roberts

Margaret Rowland

Dr Lesley Siegloff

Dr Heather Smigiel

Sharon Vale

Jill Welsh

Past Presidents

Charter President, Esme Proudman
1981-1984

Jill Welsh 1984-1986

Gwenda Cunningham 1986-1988

Elizabeth Smith (deceased) 1988-1990

Shirley Stagg 1990-1992

Dr Sarah Cunningham 1992-1994

Marjorie Smith OAM (deceased) 1994-
1996

Patricia Russell (deceased) 1996-1998

Fay Leditschke 1998-2000

Heather Sutton 2000-2002

Dr Pauline Glover 2002-2004

Isobel McFarlane 2004-2006

Cintra Amos 2006-2008

Carolyn Colquhoun 2008-2010

Jodi Knoop 2010-2012

Anne Miller 2012-2014

Sue Lear 2014-2016

Eronwy Edwards 2016-2018

Dr Heather Smigiel 2018 - 2020

President's Report – Includes Advocacy Report

Throughout this report are many reminders of how resilient and resourceful we are as a club. In the face of the restrictions of a pandemic we have kept our focus on the end goal and that has been to be able to offer support to women and girls. We have dealt with months of not being able to meet face to face. At the end of the last financial year we were not to be stopped we ran our elections in April last year using the internet to its best advantage. Having learned a lot from this experience we moved into the new year and conquered another online media system Zoom. We held our club meetings including one where we were able to induct two new members that way until we were able to meet face to face. However because of the potential risk for some of our board members we have continued to hold our board meetings on Zoom.

Zoom has worked well and we have been able to continue with the important work of the club but we all missed something important when we could not meet up together and that was the sense of fellowship that is an inherent aspect of dinner meetings. We missed one another and I certainly missed being able to see everyone together in the same room enjoying each other's company. When we returned to our face to face meetings again in September, at our meeting venue West Adelaide Football club, it was wonderful to see the happy smiling faces and hear the happy hum in the room.



What also became apparent throughout this period was the importance of being able to spend time with guests who were thinking of becoming members. I understand that most are interested in the Advocacy and Service, which are essential aspects of Zonta; however most of these women come to also meet likeminded people and to work with them while enjoying their company and fellowship. Thank you to the membership committee led by the indomitable membership chairperson Jill Welsh who has again taken on this leadership role while not being a member of the board. The team has been instrumental, in the face of a number of obstacles, in encouraging women to become new members; it is wonderful to know that we will soon be inducting a number of new members.

Even though we had several setbacks including the cancellation of a sausage sizzle the show did go on, we were able to have some great fundraising events, the garage sale and two sausage sizzles. Special thanks go to our Fundraising convenor Lindy Berketa another non board member, who took up this leadership role with great energy.

Sadly this year the one event we all look forward to each year, the Movie evening, was one of our casualties. However not to be daunted our intrepid movie event organiser, Jill Welsh, is working closely with the Cinema management team to find a great new attraction for our next event in the next few months.

Another great outcome for the club was the completion of the "Food for Thought" project which was also delayed due to the COVID-19 restrictions. With the approval of the funders of this Centenary Project, Zonta International the project ran over into 2021. Thank you

Heather Smigiel our project lead and the cooking demonstrators, Susan MacDonald, Lindy Berketa and Lorraine Omond and the other members of the club who volunteered to assist with preparation, supporting the women and doing what seemed at times to be interminable the washing up. This project was a great demonstration of just how well our members can work together to achieve great outcomes.

These great outcomes are evident in the wonderful comments that the women made in the evaluation about what they learned, the friendships they made and the care and support they received when they were learning some new skills during those special mornings. This project has been so well received that club has decided to continue to fund it in the next financial year along with our other special service projects which support Western Women's Shelter and the Olga Fudge Lodge and are coordinated by the indomitable Isobel McFarlane.

I also want to express my congratulations and special thanks to our Breast cushion coordinator Sarah Cunningham and our Birthing Kit coordinator Sue Lear. Both of these committed Zontains have been great motivators leading our club members to engage in making these special items when they held their special working bee days at what has become a favourite venue of our club, 19 on Green in Brompton.

This year I have also been the club representative on the Area 2 Advocacy Network. We met monthly the hour prior to the Combined Presidents' meeting. The Area 2 Director and Vice Area Director were keen to encourage the area clubs to explore the work and activities of the club by using a mapping exercise.



Area 2 Combined Advocacy Planning workshop attended by six members.

One aspect of the mapping included addressing the clubs engagement in Advocacy. This activity proved to be very useful in helping us to see that the club does so much more than fundraise, and run service projects. Advocacy for the Zonta Club of Adelaide Flinders has included

- Engagement in discussion and support for a number of State legislative initiatives that impact on the health and safety of women and children eg: Decriminalisation of Sex Work Bill; Abortion Bill; Cohesive Control Bill.
- Engagement in activities of both Service and Advocacy that address issues and support for women and children impacted emotionally, financial and in the reduction of resources through experiencing Domestic Violence – Our Advocacy engagement was with the 16 days of Activism and support for the White Ribbon Foundation as well as exploring the impact of Homelessness on these people as well as older women. This support included a team of club members fundraising for ZAHRA and “walking” in the “Women on the Run” event in March.
- Many of the projects that we undertake give support to women who have been designed to build resilience through development of life skills.

This year the members have supported the Area 2 push for reinforcing the role of Advocacy in Zonta through engaging in Advocacy workshops and initiatives. Those of us who could attend came away feeling very positive having learned more and more about Zonta and the positive things we can do together. As we heard at the Combined Advocacy Planning workshop *we have strength in numbers, we can make a difference in society, we just need to have a vision and plan and work together to achieve our ambitions.*

It is always a pleasure to be at these workshops as well as the Area Workshop. It was wonderful to be able to be with so many wonderful Zontians from across the Area and District in the same room again after not being able to do so last year. I was proud to share the inspirational experience with new and not so new members of the club at both the Combined Advocacy and Area 2 workshops this year.



Happy smiling faces of the 9 members who were able to attend the Area 2 Workshop on the 17th April 2021

As I sign off from my report I am also smiting as I recognise what a wonderful team of women make up the membership of the Zonta Club of Adelaide Flinders. Thank you all for your encouragement and support of me throughout the year and for all of the enthusiasm and energy that was apparent during each of the clubs activities.

I would especially like to thank the members of the Board for their continued efforts to ensure the good functioning of the Club, Cintra Amos for keeping the correspondence moving, Carolyn Colquhoun for keeping us financially on the straight and narrow and our directors who have undertaken their roles with skill and creativity, Isobel McFarlane I don't think anyone can get in the door without paying, Susan Mac Donald for coordinating Service, Sarah Cunningham for her wise words and enthusiastic commitment to finding funds to ensure that we can always make Breast Cushion and until recently Catherine Middleton who made such a great contribution to the positive changes to our website and club Facebook. I was sorry to have to say farewell to Catherine as a member of the Board and Club, we do hope life will be on the improve. This year after a number of years being an active Board member Susan Mac Donald steps down, thank you Susan for your support and service to the club. However I know that not being on Board will not flag your enthusiasm especially for the Food for Thought Project.

I am really looking forward to working with all of the members again next year. You have helped to make my role as President a joy as well as amazing experience. Thank you.

Lesley Siegloff RN, PhD, President 2020-2022

Nominating Committee Report

Members of the Nominating Committee: Jill Welsh chair, Lorraine Omond and Heather Smigiel

The committee met in February to discuss the process to consider the 'Slate of Candidates' for nominations for the board vacancies of Vice President 2021 -2022 and one Director for 2021-2023. The current board members and terms are detailed below

President	Lesley Siegloff	2020 -2022
Vice President	Catherine Middleton	2020 - 2021
Secretary	Melanie Roberts	2020 - 2022
Treasurer	Carolyn Colquhoun	2020 - 2022
Directors	Cintra Amos	2020 - 2022
	Sarah Cunningham	2020 - 2022
	Isobel McFarlane	2020 - 2022
	Susan MacDonald	2019 – 2021

Jill Welsh – Chair

Service Projects Report

Susan MacDonald Convenor, Sue Lear - Birthing Kit coordinator, Dr Sarah Cunningham -Breast Cushion coordinator, Isobel McFarlane - Western Services Support coordinator, Dr Heather Smigiel coordinator Food for Thought Centenary Project.

Due to COVID-19 our service program during 2020-21 was curtailed temporarily due to the fact that most involved hands on practical service. However we are pleased to share the outcomes of projects that were eventually able to have some input and outcomes for the community we work with

Thank you to the leaders for your ingenuity in undertaking the service projects and the great achievements in the face of COVID-19 restrictions. We are hopeful that they will return to normal with full participation during the coming year.

Susan MacDonald – Convenor

Club Projects

Western Services Support Project

Toiletry Bags

This project ensures that each woman client has her own personal toiletries. The toiletry bags are much valued by staff and clients, particularly those housed in motel units.

- 50 toiletry bags were made, filled with essential toiletries, and delivered to Women's Safety Services, Western Region.
- 50 toiletry bags were made; ready to be filled with essential toiletries, to be delivered to Aboriginal Family Support Services Olga Fudge House at Westbourne Park.

As Olga Fudge House has adequate stock at this time, they wish me to hold bags and items on standby until they have used their current stock.

Shoe Boxes of Love

Members filled 8 gift boxes with small, personal and useful items which were delivered to Aboriginal Support Services, Olga Fudge House, so that every woman client in this shelter over Christmas receives one Christmas gift.

Emergency Relief Grocery/Shopping Vouchers - Stores are chosen based on proximity to clients address

At Western Shelter's request, a greater focus is to allow women clients, unable to access funds or sufficient funds, the dignity of being able to buy essential food, groceries, cleaning products, clothing or shoes for themselves and their children:

June 2020 Total of Vouchers \$1000.00

Groceries: Vouchers to a value of \$250.00 from Coles Stores,	
Vouchers to a value of \$250.00 from Woolworths Stores.	<u>Total \$500.00.</u>
Clothing: Vouchers to a value of \$250.00 from Kmart Stores,	
Vouchers to a value of \$250.00 from Big W Stores.	<u>Total \$500.00</u>

Donations December 2020

Instead of donating groceries, and gifts for older children, Members donated, with a Club top-up, a magnificent amount of \$700.00, to help Western Shelter over the Christmas season.

This was converted to vouchers: Value of \$350.00 from Coles Stores
 Value of \$350.00 from Woolworths Stores

My thanks go to members and friends who have willingly donated goods and/or cash towards each of these projects.

Isobel McFarlane, Western Services Support Coordinator

Food for Thought – Completion of Centenary Project

The Food for Thought program was successfully completed in 2021.

This program was first developed and trialled in 2018 through a partnership with the Zahra Foundation of Australia and the Zonta Club of Adelaide Flinders and was funded for 2019/2020 through a Centennial Grant awarded through Zonta International to mark their centennial year.

The aims of the project were:

- Through this education program the women will be informed about nutritious and healthy eating for families and given insight into ways to achieve this in a financially viable way
 - This project will enable women from diverse cultures to come together to engage with one another and learn from each other
 - While this is not a project to end violence, it is developed to assist women who have suffered from violence to build up their social connections and ultimately their resilience.



violence through the provision of information and support centred around a collaborative, developmental program focused on cooking nutritious food on a budget.

In practice the funded program was organized and administered by The Zahra Foundation.

Members of the Zonta Club of Adelaide Flinders planned the workshops, provided food and resources and leadership of the cooking classes and members of both groups worked together to implement the workshops.



L to R Kae Martin, (Interim EO, Zahra Foundation) Heather Smigiel (ZCAF Project Leader and Past President Zonta Club of Adelaide Flinders Inc 2018-2020, Lindy Berketa (Cooking demonstrator, Susan MacDonald (Service Committee Chair and Cooking demonstrator) and Lorraine Omond (Cooking demonstrator).

In 2020 we ran three workshop programs. Each program comprised three hour-long sessions over three weeks with each program open to a different group of Zahra participants. The program also relied on volunteers from the Zonta Club of Adelaide Flinders and it was significant that during the two years of the program almost all members had some involvement.

Throughout the program firm friendships were developed between the participants, and with the Zonta volunteers. In the final feedback the participants said that they felt more confident in their cooking and had made on-going friendships within the group.

Besides the evaluation of the program an important product of the project was the colourful Recipe book. This book included information about the project, the recipes used and some of the photos taken during the cooking activities.



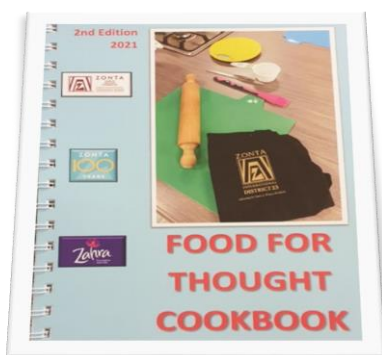
Written feedback included:

1. I am always empowered by attending classes
2. This is my happy place
3. I feel connected with more people
4. I don't feel isolated while using my brain
5. Enjoyed great group of women and food
6. Supportive environment
7. Less isolation, great volunteers, friendly participants
8. Loved learning cooking and friendships made
9. Make the lessons longer
10. I feel safe here

The two-year program concluded in November 2021 with a special graduation celebration for all participants and ZONTA volunteers as well as members of Zonta Adelaide Flinders and Zahra Board Members.

The Celebration was opened by MP Carolyn Power, Member for Elder. Carolyn Power was appointed as the Assistant Minister for Domestic and Family Violence Prevention in March 2018. Carolyn is the state's first member of government charged with this responsibility. During the Celebration all participants were presented with Certificates of Achievement and copies of the Recipe Book.

Following the completion of the funded program and the positive feedback from participants, Zonta Club of Adelaide Flinders has funded a further series of Food for Thought programs that will commence in May 2021.



A product of the Centenary project was a recipe book. A copy of this was given to each of the Food for Thought participants as well as everyone who helped on the project. They were also given as gifts and some were sold. Following the distribution of all copies a second edition has been published which will be used as a fundraiser for club service projects.

Heather Smigiel PhD, Project Coordinator 2018-2021

District 23 Project – Breast Care Cushions

The Zonta Breast Cushion Project continues to provide vital support for women after breast cancer surgery, by the provision of a free breast cushion. The U-shaped satin pillow is worn under the arm with strap over the shoulder, giving physical & emotional comfort whilst sleeping, driving or other daily activities. It enables women to get back some kind of normality a little quicker, and is often used for many years.

Breast cushions were first produced by the Zonta Club of Botany Bay in the late 1990s. Our club was instrumental in bringing the project to S.A in 2000, and also to District 23 as an ongoing District 23 project (by past District 23 Breast Cushion Project coordinators Pauline Glover & myself). Our club continues to be actively involved by providing direct to our allocated Hospitals- Calvary North Adelaide, Western Community, QEH, Mt Gambier, Cancer Council's Kent Town & Greenhill Lodge, and on individual request. The cushion is actively promoted by the Breast Cancer Network Australia in their "My Journey" booklet, McGrath Foundation & by other breast care nurses.



Filling is still donated by S.A Company Air Diffusion Agencies in 10kg bales, reducing costs tremendously. (They use the filling in air conditioning ducts). Material is purchased on sale at Spotlight. Our cushions are wrapped in bright cellophane & ribbons with information insert. Cushions are then delivered by myself in bulk (10-25 at a time) to hospitals so they are always available. Mt Gambier supply is usually posted.



Most of our cushions are produced by the Silks craft group (15-20 every 6-8 weeks), or by members in their own time. The annual Walford workshop each December fell victim to COVID-19 restrictions, so instead we held a successful club workshop at 19 on Green –thank you to everyone who attended and Sue Lear for helping to sew beforehand). I buy then cut all materials to a standard pattern, and provide the cut outs & filling on demand to all sewing helpers.

Our project is funded by club fundraising & individual donations from recipients.

My report covers 1/1/20 to 31/12/20 (as this is the reporting cycle to the District 23 coordinator).

COSTS for 2020-2021 = \$797-17 this includes material \$502, filling \$235, \$121 cello/ribbon, post \$128. Over \$174 was saved by purchasing materials at reduced prices.

DONATED for 2020-2021 = 223 cushions. (Western Community 33, Calvary 97, QEH 42, Mt Gambier 31, personal 8)

TOTAL DONATED by Adelaide Flinders SINCE 2000 = 5,484.

This is 5,484 women helped by our club! Well done!!

Dr Sarah Cunningham, Coordinator

International District Project – Birthing Kits



In 2020 Birthing Kit Foundation changed its name to KIT International (Knowledge, Innovation and Transformation) to reflect a broader vision. In building *on the foundation of the Clean Birth Kit*, the issues of gender inequality and injustice are addressed by creating opportunities in health, education and livelihoods for women and girls. We live in a world where tragically 295 000 women die every year from causes related to pregnancy and childbirth and nearly 2.5 million babies die within their first month of life.



An innovation in 2020 was the introduction of Earth Kits at a cost of \$10 per kit. The contents are the same as the standard \$5 kits with the exception of the sheet and the bag which are biodegradable.



With the onset of COVID-19 we were unable to conduct our usual Assembly Days with the students of St Joseph's and Walford. This was

disappointing as our members see these workshops as an excellent way to interact with these school communities. In their place we held an Assembly Day in February for members and friends at 19 on Green. Ten members and prospective members eagerly assembled 200 kits amid much conversation. We plan to hold a similar Assembly Day in the near future. More information on KIT International and birthing kits is available at <https://www.kit.org.au>

Sue Lear, Coordinator

Awards

Young Women in Public Affairs

The Young Women in Public Affairs Awards program, established in 1990 by Past International President Leneen Forde, recognises young women aged 16-19 years for their demonstrated leadership skills, their commitment to volunteerism and their support of Zonta International's mission of empowering women worldwide through service and advocacy. It encourages them to continue their participation in public and political life. Since the program's inception, Zonta International has given 971 awards (includes international awards) totalling US\$1 109 250 to 819 young women from 58 countries.

Adelaide Flinders unfortunately did not receive any submissions for the 2020 YWPA award, partly due to COVID-19. It is my hope that Adelaide Flinders will be able to once again recognize a worthy young woman for our 2021 award. **STOP PRESS** – Scarlett Partridge Powell, a student at Flinders University, formerly of Blackwood High School has been selected as our 2021 YWPA award winner.

Sue Lear, Coordinator

Program Report

Sadly, due to the COVID-19 Pandemic we were unable to commence the new Biennium with our usual Handover Dinner. Instead, our new Board was inducted via Zoom, a medium we quickly came to learn and appreciate.

As the Zonta International Convention planned for Chicago had to be cancelled, all international business, including bylaw changes and voting for election of officers, was conducted via email.

At our June meeting, retiring Area 2 Director Eronwy Edwards shared some highlights of her tenure, which included our special centenary celebrations, and gave us an overview of the Area at the end of the biennium. Eronwy was sincerely thanked for her service in that role over the past two years.

At our July Zoom meeting we warmly welcomed incoming Area 2 Director Chris Frick who was introduced to members and spoke on her vision for Area 2 during the coming biennium.



With South Australia doing so well containing outbreaks August was our first face-to-face meeting since the onset of the Pandemic. Our meeting was held at “19 on Green” with past president Heather Smigiel finally getting to properly thank her outgoing Board and new president Lesley Siegloff welcoming new Board members.

A highlight of the evening was an excellent presentation “Promoting our Profile” by PR Chair Catherine Middleton which showcased our updated and improved website, and gave tips for maximising our Facebook page. The evening was catered by our

own Susan MacDonald with assistance from Lindy Berketa and Lorraine Omond, and it was ensured the venue was COVID-19 friendly for the safety of our members.

We returned to “Westies Lounge” in September it was our pleasure to welcome Fiona Dorman, President of the National Council of Women in SA. Fiona attended with her mother, Betty Khor, who was a past President of NCW SA, and the atmosphere of the meeting was very convivial. Fiona also serves on the NCW Australian Board and Members were given new insight into the activities and influences of NCW and voted to renew membership of this organisation.

To honour United Nations Day in October, our guest speaker was Shila Yukula Paia from the highlands of Papua New Guinea who created the “Soil Child” project in PNG. This coincided with

the new Zonta International Project “Strengthening Response to end Gender Based Violence in Papua New Guinea and Timor-Leste”. Her presentation was extremely interesting and gave us a real insight into the life of women and girls of our nearest neighbour.



Shila was thanked by Lorraine Omond, on the left, who had spent several years living in PNG and Cintra Amos on the right

November is the month of International Women's Day and it was chosen to hold our Graduation Ceremony for participants in our "Food for Thought" partnership project with the Zahra Foundation, and launch the "Food for Thought Cookbook". Guest speaker was Mrs Carolyn Power MP, Assistant Minister for Domestic and Family Violence Prevention. Our November meeting discussed Area 2 project mapping and "Zonta Says How?" about how we can take action relating to climate change and waste management. We also discussed our District 23 theme and goals. We were also delighted to induct two new members.

During the "Sixteen Days of Activism" which began on 25 November the UN International Day for the Elimination of Violence against Women and ended on 10 December, Human Rights Day, PR Chair Catherine Middleton posted daily items on our Facebook page. Members would normally also attend the Adelaide White Ribbon Breakfast in November but this had to unfortunately be cancelled. Members were supplied with a combined white and orange ribbon which was designed to be attached by our Z badge and worn as often as possible during this period.

Our December Christmas Dinner was a casualty of a sudden lockdown in South Australia to contain an outbreak of COVID-19.

January 2021 saw the celebration of Amelia Earhart's birthday and members took part in a light-hearted quiz competition about Amelia, with lots of fun and prizes. Funds raised from this event were forwarded to the Amelia Earhart Foundation.

As is traditional, February was a meeting of planning for fundraising, service and advocacy and members adopted projects for the coming year.

In March we honoured Zonta Rose Day and International Women's Day.



Past President Heather Smigiel was the proud winner of our "perpetual trophy" on the night.



Councillor Kenzie van den Nieuwelaar represented the Mayor of the City of Charles Sturt at our meeting as our guest speaker. "19 on Green" which was the venue for our "Food for Thought" sessions and other occasions is within the City of Charles Sturt and we embraced this occasion to engage with the Council. Councillor van den Nieuwelaar gave us an overview of how the Council is assisting women and their children and shared their vision for the future. It was a vibrant meeting and hopefully the beginning of a future partnership.

To celebrate International Women's Day our club usually has good representation at the Adelaide UN Breakfast but, due to current circumstances, it was a live-streamed Virtual Breakfast and featured Guest Speaker Natasha Stott Despoja AO who recently was nominated by the Australian Government to serve on the global Committee on the Elimination of Discrimination against Women (CEDAW). Natasha was successfully elected, the first Australian in almost thirty years.

Cintra Amos, Coordinator

Membership, Attendance and Fellowship Report

Committee, Jill Welsh (Chairperson), Carolyn Colquhoun (Board Membership Liaison, Minutes & Records) and Marianne Kidd (Fellowship).

This Committee meets regularly, bimonthly, at Bad Habits Cafe to discuss Adelaide Flinders membership including attraction and retention of members, mentoring and fellowship.

Membership remains steady at 21.

Attendance

Our club achieved excellent attendance during 2020-21 taking into consideration that the majority of meetings from March to July and again November and December 2020 were held virtually using Zoom due to the COVID-19 virus and social distancing policies. Members embraced this new way of meeting learning new technology. We were able to have face to face meetings in August, September and October. The August meeting was held at the Brompton Community Centre, 19 on the Green, catering was provided in-house. The meeting, attended by nearly all members, had a wonderful vibe especially after being in lockdown for the previous months.

For an active and vibrant club, attendance and commitment is vital. We would like to congratulate and recognise the following members who have achieved outstanding meeting attendance, either by attending face to face or virtually.

- Lesley Siegloff, Eronwy Edwards, Isobel McFarlane, Melanie Roberts, Jill Welsh and Marianne Kidd attended every meeting.
- Cintra Amos, Carolyn Colquhoun, Carolyn Palmer, Sue Lear, Lindy Berketa, Penny Hepworth, Susan McDonald, Lorraine Omond and Heather Smigiel attended the majority of meetings; only absent for one or two meetings. Overall Zonta Club of Adelaide Flinders achieved high attendance amongst members taking into account disruptions throughout the year.

Membership

We were thrilled to induct two new members Lisa Mulvaney and Sharon Vale at the virtual meeting in November.

A return to in person meetings enabled us to present them with their membership documentation, badges and roses.



*Left Welcome to Sharon Vale by President Lesley and
Right welcome to Lisa Mulvaney by President Lesley
and Membership Chair Jill Welsh*



It was with sadness that we heard of the death of Past President 1994-1996, Marjorie Smith OAM (right), even in the face COVID-19 some members were able to attend the funeral of this extraordinarily active and engaging past member.



Unfortunately three members chose to depart the club during the year and sadly included among them was a past member who had had 30 years in Zonta.

Membership is an important function of the Club and it is the responsibility of all members to seek out potential members and invite them to our meetings. We are pleased to report that at the time of writing there are four potential new members and one past member to be re-instated and inducted at the mid biennium meeting in May 2021.

Our committee is excited that with increased membership moving forward, so too will our service, advocacy and fundraising endeavours.

Recognition of Service



At our September meeting we returned to the West Adelaide Football Club where a service badge was awarded to Sue Lear in recognition of her for 30 years of service.

Badges are updated and given to members when they have completed each five-year period.

Fellowship

Service projects such as Food for Thought and both the Breast Cushion and Birthing Kit workshops were held at the Brompton Community Centre, 19 on Green and were well supported by members, as were both major fundraisers a Sausage Sizzle and Garage Sale.

The Membership Committee acknowledge that fellowship is an important part of our club and as such we continue to send cards and letters of congratulations, best wishes and/or sympathy to Zonta members from both within our own club, other Zonta clubs and the wider community as and when required. During 2020-2021 fellowship has been extended to eleven people.

Jill Welsh (Chair of Membership Committee)

Carolyn Colquhoun (Board Liaison Membership Committee)

Marianne Kidd (Fellowship)

Communications and PR Report

Committee - Catherine Middleton– Coordinator, Social Media, Newsletter Editor; Cintra Amos (Facebook from January), Eronwy Edwards (Website from January) and Lesley Siegloff (Newsletter Editor from January).

The Committee only met face-to-face once this year, but with the ability to meet on-line we were able to continue to come together to discuss any salient issues to hand. It was quite novel as we were still able to achieve our commitments, and we quite enjoyed meeting face-to-face albeit online.

My huge thanks for the support that the Committee members afforded me to consistently produce quality content for all three components of the portfolio. It has been a very busy year with so many changes across the board; however the end result has been something that the Club can be proud to call their own.

WEBSITE

As I write this report, Adelaide Flinders has achieved a fully functional website this year that reflects a fresh new image. There has been a major rewrite undertaken to ensure that the information is factual and up to date, a huge thank you to Cintra Amos and Carolyn Colquhoun for their constant support.

The structure has also had a major overhaul with additional drop-down menus incorporated to make it more user friendly for people viewing the site. The Menu consists of:

- ❖ About Us – Home page
 - Board News
- ❖ Club History
 - Centenary Celebrations
- ❖ Events
 - Media Expose'
- ❖ Become a Zontian (Membership information)
- ❖ Posts / Blogs – latest news
- ❖ Projects - Club
 - - International
- ❖ Publications - Flinders Facts & Annual Reports
- ❖ Contact Us

As the project Leader for the Website, I am extremely happy with the milestones we have achieved this year. The site is welcoming and reflects a fresh professional appearance.

FACEBOOK

A major overhaul has taken place with special attention going to our branding on the page. The new header is now the same as that used on our Website. This provides connectivity between both sites.

Posts have included promoting special events, both social and fundraising which have again raised our profile as it has raised people's interest in what the club is doing.

Both Cintra and I have been populating the page with pleasing results. We have gained a strong following over the past few months, with plenty of people 'sharing' our information. This is a great step forward in promoting our projects and other endeavours, and it is hoped that it will also generate interest in new members coming on board.

One special project run on Facebook was the 16 days of Activism, which again generated huge interest. Facebook has become the prime vehicle for promoting the Club's activities, plus sharing relevant information in regard to supporting Women and Girls to lead better lives which of course is topical in today's world.

The potential of this social media site to the Club cannot be underestimated so it will be important for ongoing regular posting of relevant information which can only be advantageous in raising the Club's profile.

NEWSLETTER

Again, the new look Newsletter looks professional and is able to be adjusted in size dependent upon how many items need to be included from month to month. The format has been created as a 'Word' document, which is an easy to use program that most people would be able to manage. Headers and footers have been inserted giving a more streamlined look.

A diverse range of content format can be utilized to include all the facets you would expect to find in a professional looking Newsletter, and it is one that the PR & Communications Committee are proud to present each month.



The Zonta Club of Adelaide Flinders now has its own QR code which takes you straight to our website

Catherine Middleton – Coordinator

Fundraising Report

Fundraising has definitely been a challenge during the last 12 months! We have had to postpone two of our famous Movie Nights and a popular Bunnings Sausage Sizzle. However, we did not let this daunt us!

Garage Sale Once we were able to move about the community more freely, we held a very fruitful Garage Sale. This was a great event on many levels. It allowed us to get together again, promoting much needed fellowship amongst our members. It also encouraged us to clean out our cupboards, garages and wardrobes and raised much needed funds for our many service projects. This event was particularly heartening as it was very inclusive as 99% of our members did get involved one way or another, either by donating goods, sorting out goods or selling on the day! A wonderful team of members enjoyed the activities of sorting through and setting up for the sale – as well as encouraging people to buy our wares. A great effort, thank you.



Sausage Sizzles Once Bunnings re-instated their sausage sizzles, following putting them on hold for a number of months due to the pandemic restrictions, we held one in August. We were one of the first groups to hold one, under very strict conditions and LOTS of red tape!!



Fundraising Chair Lindy and members preparing for the August sausage sizzle.

We became very adept at sidestepping each other and maintain a 1.5 metre Gap. The shoppers were extremely happy to see us back! Our next planned Bunnings Sausage Sizzle fell victim to the mini lockdown we experienced in November.



Local MP Carolyn Power attended the March BBQ to support the club on the day.

We have completed our make-up event in March and it was as successful as ever. I would like to sincerely thank all members, family and friends who so generously donate their time, energy and support to our fundraising efforts so that we may continue our wonderful local, national and international service projects

Lindy Berketa– Coordinator

Financial Report 2020-2021

Treasurer's Report

I am pleased to present the unaudited Financial Statement for the 12 month period 1st April 2020 to 31st March 2021.

Unfortunately in mid-March 2020 we went into lockdown due to the COVID-19 virus and planned fundraising events had to be cancelled. Our usual movie night which is our main revenue event was cancelled in 2020 and as yet to end of March 2021 due to limited numbers being permitted at gatherings, no date has been advised. However, we were able to hold 2 Sausage Sizzles at Bunnings, and a Garage Sale, and together with some innovative ideas for donations provided approximately \$3,500 for our service projects.

A recipe book has been printed and will be used for our club merchandising, and sold at A2 workshops, D23 conferences, and to the wider community as a fundraiser Initial payment has come from the Club Account with profits going to the service account as fundraising.

We are well into the digital and electronic age and as such there are costs for Web hosting, IP addresses, and software such as Zoom. Zoom has enabled meetings of the board and club members when face to face meetings were not possible. All the above require annual licences.

This coming year all club treasurers will be responsible for updating all membership details on- line with regards to renewing members and will be required to make payments to Zonta International directly. This will add the transfer costs and exchange rate differences to the club expenses. It has already been noted that overseas payments and internet payments usually come with a fee attached and will need to be budgeted for in the coming years. This is especially necessary as there is practically no bank interest being received at present.

It is pleasing to note that while this past year has had its unusual challenges that with the assistance of all members, families and friends, we have been able to maintain a very positive financial position which will aid both our Club and Service projects in the coming year.

Carolyn Colquhoun

Club Treasurer 2020-2022

ZONTA CLUB OF ADELAIDE FLINDERS INC.

CLUB ACCOUNT

Statement of Receipts and Payments

1st April 2020 to 31st March 2021

Opening Balance at 1st April 2020

\$7,136.17

Receipts

Membership Dues 2020-21	\$1,890.00	
2 Half Year Memberships 2020-21	\$240.00	
Membership Dues 2020-21	\$2,100.00	
Dinner Meeting Receipts	\$3,618.00	
Raffles & Coin Purses	\$154.40	
Donations & Contributions	\$50.00	
Bank Interest	\$0.28	
Total Receipts		\$8,052.68

Payments

ZI & D23 Dues 2020-21	\$3,362.00	
2 Half year Members 2020-21	\$200.00	
ZI Foundation Donation	\$500.00	
Dinner Meeting Payments	\$2,851.50	
Zonta Pins/Badges/Roses	\$107.00	
Licences & Registrations	\$500.89	
Registration of Team Zahra Beach Run	\$100.00	
Web Hosting/IP Licence	\$672.63	
Website Training	\$187.00	
Board Expenses - Printing	\$43.95	
President's Honorarium	\$200.00	
Merchandise Recipe Books for re-sale	\$1,408.32	
Bank Overseas & Internet Payment Charges	\$44.51	
A2 & Advocacy Money Transferred Out	\$134.22	
Less Total Payments		\$10,312.02 -\$2,259.34

Closing Balance at 31st March 2021

\$4,878.83

SERVICE ACCOUNT

Statement of Receipts and Payments

1st April 2020 to 31st March 2021

Opening Balance at 1st April 2020

Service Account	\$4,850.11	\$17,604.62
Service Saver Account	\$12,754.51	

Receipts

Fundraising		
Sausage Sizzle No 1	\$1,697.54	
Sausage Sizzle No 2	\$1,336.03	
Garage Sale	\$1,317.50	
Donations		
National Council of Women	\$100.00	
Xmas Vouchers	\$715.00	
Amelia Earhart	\$187.00	
Breast Cushion Project	\$320.00	
Interest Received	\$5.18	
Dinner Money to be transferred to Club	\$64.00	
Total Service Receipts	\$5,742.25	

Payments

Fundraising			
Sausage Sizzle No 1	\$614.37		
Sausage Sizzle No 2	\$590.06		
Garage Sale	\$77.00		
Donations & Projects			
ZI 1/3 Fundraising 2019/20	\$3,000.00		
Amelia Earhart 2019/20	\$145.00		
Xmas Vouchers	\$700.00		
Western Women's Shelter	\$1,000.00		
Breast Cushion Project	\$797.17		
Birthing Kits	\$1,000.00		
Less Total Payments	\$7,923.60	\$2,181.35	
Closing Balance at 31st March 2021			\$15,423.27

Funds Held

Club Service Account	\$3,663.72	
Service Saver Account	\$11,759.55	\$15,423.27

Archives Report - 2021

The archives and history of our club are well recorded. Minutes of all board meetings, dinner meetings and annual general meetings are kept together with annual reports and monthly newsletters. All these documents are now kept electronically. Our Club Newsletters and Annual Reports document our service projects and fundraisers and relevant photos taken are used. Records retained date back to our Charter and are currently held at the home of Carolyn Colquhoun.

The Zonta Centenary Anniversary year 2019-20 was to have its final celebration at the Zonta International Convention in Chicago June 2020. Due to the COVID-19 pandemic and airlines being grounded the convention was cancelled

The D23 Conference later this year 2021 will be held in Bendigo, Victoria.

The 65th Zonta International convention next year 2022 will be held in Hamburg Germany, and we have recently been advised that the 66th Zonta International convention will be held in Brisbane.

Our "Club History in Brief" is included below.

A Brief History of Zonta Club Adelaide Flinders 1981 - 2021

The Zonta Club of Adelaide Flinders was chartered on 2 December 1981, with the support of the late Dr Heide Taylor from the Zonta Club of Adelaide.

At that time we were part of District 16, which covered all of Australia and New Zealand. The District was split into two at the Auckland Conference in 1989 with New Zealand remaining as District 16. Australia then became District 23 – later separating into Districts 22, 23 and 24. Within our District which covers WA, SA, NT, Vic, Tas, we are one of 12 clubs in Area 2, which covers South Australia and Northern Territory.

Our Charter was presented by Mrs Leneen Ford who was at that time the District 16 Governor, at the newly-opened Hilton Hotel in Adelaide on 26th November 1982. The club had 35 Charter members. Charter President: Esme Proudman, First Vice President: Paddi Lowry, Second Vice Chairman: Trudy Pohl, Treasurer: Liz Versteeg, and Secretary: Barbara Gepp.

Meetings: Held on the 3rd Wednesday of each month. Meetings began at The Public Schools Club, and then moved to Ayers House for over 20 years, and then in 2010 we moved back to our original home, the Public Schools Club. In 2019 we moved to our current location of the West Adelaide Football Club.

Club Board and Committees: For most of its history the Club Board has comprised: President, Vice President, Treasurer, Secretary and four or five Directors.

As the membership numbers have reduced more recently there are now four Directors. Whilst it is preferable for Directors to chair a committee, this is not always possible and club members often step up to assist and undertake these roles.

Past Presidents: Charter President Esme Proudman (1981-1984), Jill Welsh (1984-1986), Gwenda Cunningham (1986-1988), Elizabeth Smith (deceased) (1988-1990), Shirley Stagg (1990-1992), Dr Sarah Cunningham (1992-1994), Marjorie Smith OAM (1994-1996), Patricia Russell (deceased) (1996-1998), Fay Leditschke (1998-2000), Heather Sutton (2000-2002), Dr Pauline Glover (2002-2004), Isobel McFarlane (2004-2006), Cintra Amos (2006-2008), Carolyn Colquhoun (2008-2010), Jodi Knoop (2010-2012), Anne Miller (2012-2014), Sue Lear (2014-2016), Eronwy Edwards (2016-2018), Dr Heather Smigiel (2018-2020) and Dr Lesley Siegloff (2020-2022).

Our Club has had two Honorary Members – Jennifer Cashmore MP and Mrs Liz Scarce, wife of former SA Governor, Rear Admiral Mr Kevin Scarce.

Membership: Membership peaked at 48 in 1991 and fell as low as 18 in 2001. Numbers remain steady between 20 and 30 for some years however we are now 21 members. Length of service is valued and rewarded with Club service badges being given for every 5 years of service. We are fortunate to have a wealth of knowledge within our club with half of the membership having over 20 years, service and no less than 10 Past Presidents among our membership.

Fellowship: is encouraged and is an integral part of our Club activities. It is especially evident when we are engaged together undertaking club projects and fundraising activities.

Fellowship also includes recognition of special events in members' lives when cards are sent on behalf of the club so that the members are congratulated and/or supported whenever the need arises.

Advocacy Projects: Advocacy is an increasing priority for Zonta and we are active within our Combined Area Advocacy Committee. We support ACSO (Assoc. of Community Service Organisations SA). Our club has had a representative on the Adelaide White Ribbon Breakfast Committee since inception in 2008 and is also represented on the new White Ribbon Australia SA Committee.

Service Projects: Service projects have addressed the Zonta priorities of health, education and economic self-sufficiency of women and girls.

We are strong supporters of the "Zonta Says No!" Campaign - Against Domestic Violence. We currently support women's shelters with toiletry bags, and our Shoe Boxes of Love project. In the past we have supported a girls' vocational orphanage and learning centre in Cambodia, indigenous and migrant projects, scholarships for young women undertaking study or internships, the production of a video to provide information and treatment options to women diagnosed with breast cancer, which was translated into several languages. We have recently partnered with the Girl Guides Association and The Zahra Foundation. Our club was one of only 2 within our district to win a grant from Zonta International to support a project whereby we partnered with another organisation. This was the beginning of our association with the Zahra Foundation, and the "Food for Thought" project began. The Zonta Rug Project which began in 2005 was a very successful hands-on project involving not only members of Zonta but also members of the wider community and while this project is no longer a club project, many club members still participate and offer their service. We are active with all grant applications when they are offered and we have been successful on occasions.

Fundraising Activities: The Club's major fundraiser, an annual movie night has been held for over 30 years. Unfortunately in 2020 it was unable to be held because of the restrictions of the pandemic experienced in Australia in that year. We look forward reactivating the event in 2021. Other successful fundraisers include "A Taste of Zonta" recipe book which included contributions from members and celebrities. Over the years, we have held numerous social fundraising dinners, lunches, fashion parades, art exhibitions, and high teas to name a few. In recent times a regular sausage sizzle has been added to our fundraising activities and something new, a garage sale. Members are continually thinking of ways in which to boost funds, both for Club and Service use, the Zonta Challenge and loose change purses to name two.

Area Activities: The Club has been represented at all Area Workshops since Charter and hosted many of these, and club members have served terms as Area 2 Director.

District Activities: The Club has always been well represented at District Conferences and has been represented on the District 23 Board with Margaret Rowland serving as Governor, Lt Governor and Area Director 1994-2000. Cintra Amos served as Area 2 Director and Lt. Governor 2008-2012. Carolyn Colquhoun served as D23 Treasurer 2010-2012. Cintra Amos was the chair of the 2015 District 23 Conference Committee and was District Service Chair (2016-2018). Sue Lear was District Chair of Young Women in Public Affairs (2016-20), and Margaret Rowland was appointed Chair of the District 23 Centenary Anniversary Celebration Committee (2018-2020). Past President Eronwy Edwards served on the District Board as Area 2 Director (2018-2020). Past members Dr Pauline Glover served as Area 2 Director and Lt Governor 2004-2008 and chaired the District Advocacy Committee 2010-2014, and Anne Miller served as Vice Area 2 Director (2014-2016).

District Projects: The Club has strongly supported all District 23 projects including Breast Cushions which are made and offered to all women in hospitals undergoing breast surgery, and Birthing Kits which are packaged and sent to third world countries for women to have clean birthing conditions.

International Activities: The Club has been represented at most International Conventions since Charter, with no less than 7 club members attending the Japan Convention in June 2018. Unfortunately due to the COVID-19 pandemic and the airlines being grounded, the Zonta International Convention in 2020 which was to be held in Chicago, was cancelled. In 2022 the convention will be held in Hamburg, Germany, and in 2024 Brisbane, Australia.

Zonta International Foundation for Women: Each year the Club contributes 1/3 of funds raised to the Zonta International Foundation. Some members make individual contributions and the Club makes contributions in the name of members on special occasions.

*Carolyn Colquhoun – Club Historian and Archivist
March 2021*

Objects of Zonta International

- To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.
- To work for the advancement of understanding, goodwill and peace through a world fellowship of executives in business and the professions.
- To promote justice and universal respect for human rights and fundamental freedoms
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations and the world.

The Zonta Thanks

Wherever your country of birth
whatever your faith or creed
give thanks for the meal we share
today in Zonta Fellowship.

But remember, too those
who have no food today;
not with guilt
that we have so much,
but with hope that,
through Zonta service and advocacy,
they too may come to share
the same in peace and harmony.