FLINDERS FACTS

Zonta Club of Adelaide Flinders Inc District 23, Area 2, Club 993 Chartered December 1981



2022 – 2024 BIENNIUM
Issue 1
'Build a Better World for Women
and Girls'



From the Co-Presidents

May | June 2022



Dear Members,

Over the past few years we have become very adept at dealing with 'firsts'. Many issues have presented themselves and we have all proved to be exceedingly flexible in acceptance of the situation and moved forward. One such first is that our Club, at the last Handover Meeting in May, installed Co-Presidents to lead for the current period. This is an exciting time as it has not happened before.

As it is new to us we are learning as we go along and we both embrace the opportunity that has been given to us to lead a most experienced, skilled and enthusiastic Board which will take the Club forward to benefit all our Members. We all have a part to play and inclusiveness creates the fellowship that makes Adelaide Flinders the vibrant Club it is. Through Service and Advocacy, at Club level, District projects, and International, we all strive to make a difference for Women and Girls.

Whilst there is an ever evolving focus on our activities at Club level, we as Co-Presidents would like to emphasise how much fellowship plays a very important part in achieving goals. One of our goals is to encourage all members to actively get to know our fellow members and share in the wonderful skills and experiences they bring to our Club. Every member brings a special and valued contribution and by sharing we learn and grow. As the new Committees commence planning meetings, members will be fully informed through reports prepared each month by the Chairs of each committee. We strongly encourage members to access these reports when digitally circulated.

On reading the retiring Governor, Sandra Burns D23 Newsflash - the issue of use of electronic voting change to the Zonta International By-Laws was mentioned. Our Club already has this embedded in our Constitution. Your Board, at its first meeting last week, acknowledged the need to move forward with our digital footprint and has set about researching how this can be achieved to the benefit of all members. Exciting times. Information technology does not stand still.

As the Convention in Hamburg approaches it is indeed disappointing that our Club does not have the fantastic representation that it has had at previous Conventions, but the 2024 Convention will be in Brisbane so we can all look forward to this experience. Prior to this however, is the District 23 Conference in Bunbury Western Australia in 2023. Members might like to start planning for this now.

We are indeed looking forward to our time as Co-Presidents. We will work as one, we will discuss, collaborate and keep each other in the loop to enhance, progress and work for all members of this Club.

Yours in Zonta Fellowship,

Lindy Berketa and Lorraine Omond

Handover Dinner - 18th May 2022

Our Handover dinner was attended by 41 members and guests and we were honoured with the presence of Chris Frick Area 2 Director, Jane Morrison, Vice Area Director, Lesley Sweetman, District 23 Advocacy Convener and members from other clubs

Lesley Siegloff provided a summation of her time as President and paid tribute to members who have continued to fund raise for our service projects and supported our service and advocacy initiatives. Our fund raising has remained buoyant allowing us to continue to fund our service projects as well as some new Advocacy initiatives. Lesley finalised her report by '... thanking every member for their outstanding contribution ... a club is only as good as everyone's involvement and team work. I think our club epitomises outstanding team work!'

Inaugural Zonta Club of Adelaide Flinders Inc Woman of Inspiration Award

In 2022, our club had the privilege to establish the 'Woman of Inspiration Award' which was made possible by the very generous donation of Mr Wes Pickering. The support of Mr Pickering was a result of his wife Trish being given a Breast Cushion after a double mastectomy for breast cancer in 2010. Sadly, Trish passed away in 2017 but Mr Pickering was committed to support the work of Zonta.

The purpose of the award is to recognise women who personify the spirit of humanitarianism of Zonta. Awardees who have conquered adversity and as a result of their service the community is a better place to live. The Award will be presented to two women each year. A new logo has been designed for this award by Lorelei Siegloff and represents likening the women who receive this award to a 'phoenix'.

Unfortunately Mr Pickering was not available on the night of the award presentation but sent a message to say '... Trish inspired many with the love, courage and effort she bought to every situation and would be so pleased we can recognise women who inspire!'

Lesley Siegloff, outgoing President and Lindy Berketa, incoming Co-President had the honour of introducing the recipients of the awards and Jill Welsh presented the awards of behalf of Mr Pickering to our inaugural winners Bec Owen and Bianca

- Lesley introduced Bianca as an amazing resilient woman who after a very complex and difficult life which included being on the receiving end of domestic violence and also suffering from a gambling addiction has, after a period of hard work both rehabilitated and re-educated herself. Today Bianca works with Relationship SA in a mentoring role to women with a gambling addiction
- Lindy introduced Bec Owen as an inspirational sports woman who was the captain of the West Adelaide Football Club and led her team to the finals for the first time in 2021. Unfortunately, Bec sustained a serious leg injury in the preliminary final and was not able to play in the Grand Final. Bec has been instrumental in providing guidance and mentorship to women within the West Adelaide Football Club and also supported the Clothesline Advocacy Project with both men and women footballers of West Adelaide





Recognition of Outgoing Board Members

Lesley Siegloff acknowledged her appreciation to all the outgoing Executive and Directors that have supported her during her 2 years of presidency. Without dedication, compassion and commitment the work of our Club would not be what it is today.



Presentation of Service Badges

Lesley Siegloff said that she was honoured as part of her last duties as President to present the Service Badges to the following members for the continued advocacy and support towards the Objects of Zonta International and to their amazing support within the Zonta Club of Adelaide Flinders Inc. The service badges go to:

Lorraine Omond	5 years
Melanie Roberts	5 years
Susan Mac Donald (apology)	20 years
Carolyn Colquhoun	30 years
Margaret Rowland	30 years
Cintra Amos	35 years
Sherry Proferes (transferred from ZCAHills)	30 years



Susan Mac Donald and Cintra Amos being presented with their service badges by Lindy Berketa



New Board Office Bearers and Directors for 2022-2024

Chris Frick formally installed our Office Bearers and Directors for 2022-2024. They are Lorraine Omond and Lindy Berketa (Co-Presidents), Eronwy Edwards (Vice President), Melanie Roberts (Secretary), Lisa Mulvaney (Treasurer), and Directors Jessica Knight, Lesley Siegloff, Marcia Hakendorf, Sarah Taylor, Heather Smigiel and Julie Hayford





Area 2 Workshop

Adelaide Flinders Club hosted this highly successful Area 2 workshop on Saturday May 14 at Payneham Library. Approximately 40-50 Zontians ranging from 7 Clubs gathered together in the spacious meeting room, kick starting the day with coffee and fresh pastries while mingling and chatting with members, both old and new.

At 11am, our Zonta Club of Adelaide Flinders President Lesley Siegloff welcomed us all warmly, before a short address from the District Governor - Area 2 Chris Frick, followed by a welcome and introduction to District 23 District Governor, Sandra Burns. Sandra informed us of a small but important expansion to the vision of Zonta International, to include the humanitarian aspect of our organisation and its focus on human rights 'where women's rights are recognised as human rights and every woman is able to achieve her full potential'.

The remainder of the morning comprised short presentations by members from the 7 Clubs represented:

- Adelaide Young Women Leaders
- Adelaide Hills Expect Respect Website
- Gawler /women's Studio
- Adelaide Torrens Baby Bundles
- Lower Eyre, Pathways to Success
- Adelaide Flinders Food for Thought
- Noralunga Southern Vales ACT Magnets
- Mt. Barker Mentoring



Each presentation provided informative insights into these diverse and inspirational service projects, wetting our appetite to know more and sparking ideas for further possible projects!

Eronwy Edwards then gave a presentation to inform us of Zonta Foundation for Women funding. All clubs across the globe are requested to provide one third of their funds raised locally to support the international projects which support women and girls. The first project commenced some 98 years ago and over 100 projects have been supported and been extremely successful and wonderfully worthwhile. Some of the many projects have included helping:

- Hungarian refugees
- Training, Health
- Education and Agriculture
- Girls in Peru
- Let us learn Madagascan
- End child marriage
- Amelia Earhart Fellowship
- Women in Business and
- Young women in Public Affairs

Lunch followed - a delicious spread of freshly cut sandwiches, platters of fresh fruit, pastries, tea and coffee. Opportunities for browsing and on the spot retail therapy were provided by the Zonta Market Stalls, displaying an attractive array of useful and decorative items - ranging from Food for Thought cookery books, handmade cosmetic purses and enviro bags to greeting cards and colourful jewelry.

The afternoon session focused on impacts of climate change and there were two very informative speakers.

The first speaker was **Carole Theobald** - Futurist/Leadership Coordinator, about an initiative of Zonta International District 23 'Zonta Says Now'. The presentation served to stimulate, challenge and inform us re the imminent effects of climate change and the urgent need to reduce emissions. Her well researched presentation centred on 'a climate simulator' called en-roads (refer https://www.climateinteractive.org/en-roads/). Carole provided a range of examples of actions that could reduce the impact of rising temperatures which have been used through the 'simulator' but most actions tested in isolations were miniscule; it will take significant effort by all of us to make a difference on climate change.



The second speaker was Jane Morrison from Noarlunga Southern Vales who discussed the Electoral Corflutes which we have all seen dominating the streetscapes leading up to both the Federal and State Elections. Jane provided information on how we can either eliminate and / or reduce them and reassign them to some useful purposes when they have served their Electoral purpose.

The afternoon came to a conclusion with a presentation from Chris Frick, Area 2 Director who gave a summary of Combined Advocacy that has occurred over the last biennium.

All in all, a wonderful, informative, stimulating and inspiring full day workshop.



Club Service and Fundraising

The Sewing Circle - June 2022

The program has commenced again and I am pleased that Isobel McFarlane and Marcia Hakendorf have helped to make up the support team.

We are meeting at 19 on Green on Thursdays 10.00am to 1pm. We have been very fortunate to have some great space and besides the four sewing machines that the club has had donated we are also able to use 4 machines owned by the venue. We have also be given some space to store some of our equipment.

The first project undertaken by the participants was a shopping bag. All the women were happy to have this to take home as a finished project. Some of them have gone on to another project. We were given some lovely fabric samples by Sarah Taylor some time ago and the women sorted through them with great interest and last week we ended up with some lovely finished projects. See photos below of the finished products.









Cushion Cover back and front

Fawn shopping bag

Blue shopping bag

During these first weeks of the project it is very evident that the women involved have suffered some extreme difficulties which some have chosen to share with one another. While this can be difficult to hear at times it is wonderful to see how each of the women are there ready to give comfort and support to each other as well as having fun with one another. We are all looking forward to more enjoyable mornings.

We have been thinking that we may be able to offer a continuing program maybe fortnightly on Thursday mornings if there continues to be interest. We are continuing to offer to Zahra Foundation but are also interested in supporting other women in similar circumstances.

Lesley Siegloff, Project Convener.

Breast Cushion Project

Unfortunately due to COVID and the potential late presentation and diagnosis of breast cancer there has been a significant increase request for breast cushions over the last 6 weeks.

I have delivered 16 to Western Community Hospital, 38 to Calvary Hospital, and 7 posted to Mount Gambier (the mobile Breast Screen van is in the area currently so their stock is depleted with recent cases).

I am hoping to hold a club workshop at 19 on Green soon and will be scheduled wither on a Monday or Thursday in day (masks will be mandatory). If you are interested in attending please contact me and / or if any members who want to sew in their own time please email me on ossaro@ozemail.com.au

Sarah Cunningham, Project Convener

Fund Raising Event:



We are so excited that we have confirmed that our Club has secured the Regal Theatre for the acclaimed film 'Mrs Harris Goes to Paris' on Sunday 30th October, 2022.

The movie is an enchanting tale of a seemingly ordinary British housekeeper whose dream is to own a couture Christian Dior gown which takes her on an extraordinary adventure to Paris

A light refreshment will be available commencing from 5pm and the movie will commence at 6pm and end at approximately 8pm.

Please 'hold the date' and 'spread the word'!

Tickets will be \$25

Information about ticket purchases will be provided in the near future

Reminders:

live.

Woman of Inspiration Award: In memory of an inspiring woman - Trish Pickering

The purpose of this award is to recognise women who personify the spirit of humanitarianism of Zonta. Awardees have conquered adversity and as a result of their service the comm

If any member is aware of a potential nominee please contact Lindy Berketa via email on lindyberketa@hotmail.com

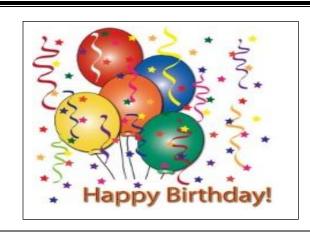
The award is presented in May each year

Nominations close end of February each year

May / June 2022 Birthdays

We would like to wish the following members a very happy birthday:

- Lorraine Omond (11th May)
- Lesley Siegloff (27th May)
- Carolyn Palmer (12th June)



Board & Leadership Roles

2022-2024

Co-Presidents: Lindy Berketa

Lorraine Omond

Vice President: Eronwy Edwards Secretary: Melanie Roberts Treasurer: Lisa Mulvaney

Directors:

 Marcia Hakendorf, Julie Hayford, Jessica Knight, Heather Smigiel, Lesley Siegloff, Sarah Taylor

Club leads

Advocacy

Lesley Siegloff

Awards

Lindy Berketa

Breast Cushion Project

• Sarah Cunningham

Birthing Kits

• Sue Lear

Correspondence

Julie Hayford

Fellowship

Marianne Kidd

Fundraising

Sarah Taylor

Membership & Recruitment

Carolyn Colguhoun

PR & Communication

Eronwy Edwards

Program

Jessica Knight

Service

Heather Smigiel

Nominating Committee

• Jill Welsh

National Council of Women Collaborative

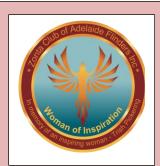
• Lesley Siegloff & Lindy Berketa

Objects of Zonta

- To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.
- To work for the advancement of understanding, goodwill, and peace through a world fellowship of executives in business and the professions.
- To promote justice and universal respect for human rights and fundamental freedoms
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who service their communities, their nations, and the world.







THE ZONTA THANKS

Wherever your country of birth
whatever your faith or creed
give thanks for the meal we share in Zonta Fellowship
But remember too those who have no food today
not with guilt that we have so much

but with hope that through Zonta service and advocacy
they too may come to share the same
in peace and harmony.

Monthly Club Dinner Meetings

3rd Wednesday of the month at 6.15 for 6.45 pm <u>Venue - West Adelaide Football Club, Richmond</u> RSVP & Apologies to Isobel: 0418 953 648

Just click on QR Code or Links to Club Information

Website: http://zontaadelaideflinders.org.au/

Facebook: https://www.facebook.com/adelaideflinders/

Instagram: zonta_club_adelaide_flinders

Address: PO Box 27, Unley Business Centre, SA 5061

