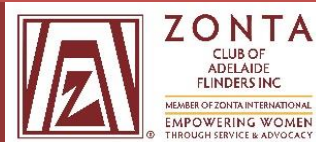
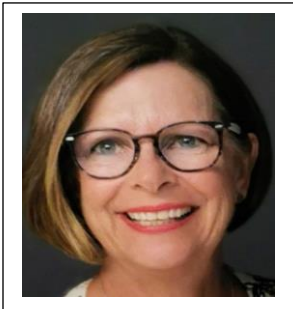


FLINDERS FACTS

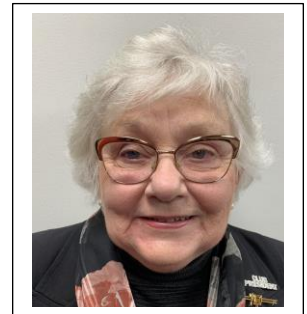
Zonta Club of Adelaide Flinders Inc
District 23, Area 2,
Club 993 Chartered December 1981



2022 – 2024 BIENNIUM
Issue 2
'Build a Better World for Women and Girls'



*From the Co-Presidents
July / August 2022*



Fellow Zontians,

Time does not stand still. Waits for no one. It is hard to imagine that it is now two months since we last wrote our first note to you in our Flinders Facts.

Quite a lot has happened since then - our Convention in Hamburg has been and gone. Our new Zonta International President, Ute Scholz, has forwarded a very comprehensive newsletter, which you can access from the ZI website. This outlines the results of the Hamburg Convention, and the impact of changes made.

District 23 members have begun settling into their roles after returning from Hamburg. We have received information from D23 Julie Lincombe (YWPA Co-ordinator) regarding YWPA and instructions for accessing information on ZI website. Changes were made to the way Nominees were selected and the prize money attached to the Award.

Area 2 Director, Lesley Siegloff kindly inducted two of our Members to the Board at our July Members Dinner meeting. Lisa Mulvaney (Treasurer) and Sarah Taylor (Fundraising Convenor) and we officially welcomed them to our Board. Lesley has kept the Club informed as to the next Presidents and Advocacy Meeting to be held on 27th August, 2022 at the home of Jenni Foreman. An invitation has been extended to all Club Members to attend the Advocacy Session in the afternoon. The District Board will be meeting on 31st July and the Presidents will share details of this meeting at their morning session on the 27th.

Your Board met via Zoom on Wednesday 3rd August due to several members being unable to attend in person. Convenors of Committees reported to this meeting, and it is indeed very pleasing to see so many members contributing to our Committees. We encourage all members to read the Committee reports which are sent to you and if you would like to join in a specific group, they would welcome your input.

It is indeed encouraging to see the forward planning of these committees which has included **Fundraising** with not only the Film Night in October, but future dates right into 2023; **Advocacy** is meeting with external agencies with a focus on 16 Days of Activism; **Service** is reaching out to establish new connections whilst consolidating existing projects; **Program** also quickly filling the meetings with fantastic thought provoking speakers; **Membership** is meeting every month, **Fellowship** is always there to send an encouraging word when needed and **PR & Communications** with updated Web Page, Facebook, Instagram, YouTube and our own bi-monthly publication 'Flinders Facts'. Our Club is indeed working together to fill calendars with dates and information that is not to be missed.

Cont:

It is also very pleasing to hear how our members are attending other Clubs' functions. Film Nights, upcoming Quiz Night, Fashion Parade and more. You will have the invitations sent to you via our email account so you are kept up to date on other Clubs activities. We also forward their Newsletters, which really compliment a nice armchair and a good coffee. Informative reads.

Co-President Lindy, attended the Ukrainian Hall on behalf of members of this Club and presented Frank Fursenko with a cheque for \$1,000 to the South Australian Ukrainian Support Project. This money will be used to assist Ukrainian new arrivals who are now calling Adelaide home.

Unfortunately, the Board received the resignation of our Secretary, Melanie Roberts. We would like to say a special thank you to Melanie for all she has done for our Club, her support of our various activities and the friendship she has extended to members. We wish her all the best for her new ventures. The Board has made the appointment of Julie Hayford to the position of Secretary, and we welcome Julie in that role and look forward to working with her.

Going over all the functions of our Club, where we are going and what we hope to achieve, we found a little quote that maybe useful when planning-

'The mind is like a parachute, it only functions when it is open'

Isn't that giving us all licence to think outside the box?

Stay safe and well, yours in Zonta Fellowship,

Lindy Berketa and Lorraine Omond



Woman of Inspiration - Presentation to Mr Wes Pickering

It was a privilege to be able to provide a copy of the **'Woman of Inspiration'** Album to Mr Wes Pickering which has documented the history of the development of the award for his record (photo of Jill Welsh and Wes Pickering).

The Album was developed with the support of Lesley, Lindy, Jill and Eronwy and will provide our club with an ongoing reference point of the award for the future.



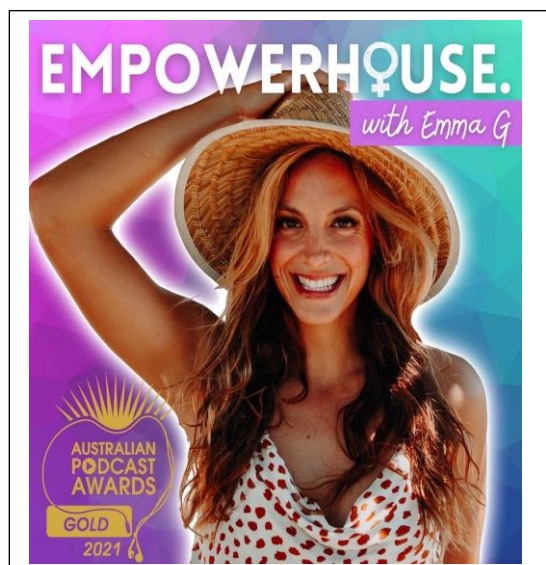
August Meeting Guest Speaker - Emma Georgiadis: Passion to Power

Emma has spent over 15 years in the media industry, with various roles at Nova, Hit 107 and Triple M. She also undertakes freelance work as a voice over artist, MC Presenter and writer. Her tertiary accomplishments include a Bachelor of Media, Bachelor of Law and Bachelor of Education. Emma is currently undertaking further studies, to become a marriage celebrant.

As well as Emma's media industry involvement, she worked as a teacher and was responsible for developing student leaders, nationwide. She has travelled extensively, teaching in schools from Cambodia to New York to the Galapagos Islands. After ten years in the teaching domain, Emma returned her focus to media and currently works as the morning radio announcer for Triple M.

Combining her passions for communication, education and leadership, Emma has developed her own podcast 'Empowerhouse', which in her own words, is a reflection of herself. Within these podcasts, Emma interviews specific people to gain their views. She also voluntarily runs workshops through the program, "Enlighten Education", targeting young girls in private schools between the ages of 10- 18, helping them to decode the mixed messages they receive and develop self-esteem and confidence. The workshops also cover managing friendships, increasing girl's sense of gratitude and becoming advocates for social change. They are encouraged to reach their own conclusions, rather than being told what to do.

Emma's mission is to empower and liberate young people in an ever changing society. Visit her podcast via : https://open.spotify.com/show/5YukhQ8Kn2IEIBZfody738?si=16BkkSbrRu-nHRx2Xpm_Ng



New Directors Inducted to Board

At our July meeting Lesley Sieglhoff, Area 2 Director formally inducted two of our members into their new Board roles. They were Sarah Taylor (Fundraising Lead) and Lisa Mulvaney (Treasurer)



New Member welcomed

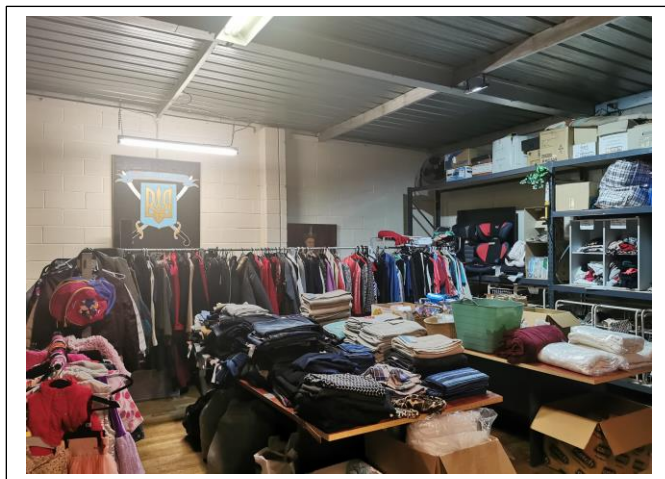
At our July meeting Jill Welsh introduced Dianne Cooper as our 'new' member who returned to Zonta after a few years of absence. Dianne worked in the prison system for 30 years where through a range of promotions eventually became a General Manager. Dianne is a proud survivor of domestic violence, a White Ribbon Partner and member of the White Ribbon Breakfast Committee. Dianne also volunteers at Seeds of Affinity, assisting women after release from prison. Dianne was presented with our yellow rose



Donation to support Ukrainian Appeal

In line with member's decision, our Co-President Lindy Berketa met with Frank Fursenko, President of the Ukrainian Association of South Australia and presented a cheque for \$1,000. Frank welcomed Lindy to their store facility and provided a tour. Frank indicated there had been significant donations of clothing and homewares to support the 100 new arrivals.

However, Frank indicated, the biggest need at this point of time, was funding to support the purchase of toiletries and feminine hygiene products. The donation from Zonta Club of Adelaide Flinders was welcomed, as was the ongoing support from the South Australian community.



Service Reports

The Board has approved and supported five Service Projects for 2022/2023 which include:

- Sewing Circle - Lead: Lesley Seigloff
- Breast Cushions - Lead: Sarah Cunningham
- Western Shelter Packs - Lead: Isobel McFarlane
- Birthing Kits - Lead: Sue Lear
- Food for Thought - Lead: Heather Smigiel

Sewing Circle:

The Sewing Circle commenced on 4th August with 5 participants. The sessions were conducted from 10.30 - 1.30pm and located at 19 on Green. Any members who would like to assist (no sewing skills necessary) are welcome to join. Please contact Lesley via SMS on 0400 682 165. Everyone is welcome

Breast Cushions:

The demand for breast cushions has been significant over the last 6 months. Over 120 cushions were delivered to a range of health services, including 20 to Western Community Hospital. SA Breastscreen mobile bus has also been visiting towns in the South East where unfortunately, there has been an increase in breast cancer diagnosis and surgical interventions. To date, breast cushions have also been sent to Mt Gambier.

Any members who are willing to attend a future workshop and / or sew cushions in their home are most welcome to contact Sarah (email: ossaro@ozemail.com.au) to make arrangements for the collection of materials. Your urgent support is needed.



Western Shelter Packs:

50 Toiletry Bags have recently been delivered to the Western Shelter. Isobel is currently doing a stocktake of available items and will advise members of future requirements

Birthing Kits:

The next workshop program is being finalised and further information will be made available to members at a later date





Food for Thought:

Heather has been working through the logistics of recommencing the Food for Thought program at 19 on Green but unfortunately there have been staff changes. Currently discussions are being held with Sunshine to see if there is any interest from women who have been attending their programs at 19 on Green.

Further information will be provided to members as soon as possible. Any members who would like to assist in the supporting the program can contact Heather (email: heather.smigiel@flinders.edu.au).

Save the Dates

<p>Fundraising:</p> 	<p><u>22 October 2022:</u> Garage Sale: Contact: Sarah Taylor & Lindy Berketa</p> <p>Location: 121 William Street, Norwood</p> <p>Commence: 8am and concluding at 1pm</p> <p>Members are asked to stock up on items that could be sold at a ‘Garage Sale’ (no clothing) to assist in fund raising for our Service projects. Items need to be delivered to Lindy’s place the week before.</p> <p>So start looking through your cupboards for items</p>		
<p>Fundraising:</p> 	<p><u>30th October 2022:</u> Movie Night Contact: Sarah Taylor & Jill Welsh</p> <p>Location: Regal Theatre, 275 Kensington Road</p> <p>Commence: 5pm for refreshments; 6pm start of movie</p> <p>We are extremely grateful for our Sponsors for our Movie Night and with their support we are hoping that our fundraising will assist our Service and Advocacy to ‘Build a Better World for Women and Girls’.</p> <p>It would be appreciated if members could give consideration for potential donations for ‘silent auction / raffle’ items and bring them to the next meeting. Movie tickets will be \$25 and will available through: Trybooking.com.au/CBTRA or through Jill Welsh (mobile 0412 262 949)</p> <p>Please distribute Flyer (refer to separate attachment) amongst your friends</p>		
 <p><u>GOLD SPONSOR</u></p>	 <p><u>SILVER SPONSOR</u></p>	 <p><u>BRONZE SPONSOR</u></p>	 <p><u>BRONZE SPONSOR</u></p>
<p>Advocacy:</p> 	<p><u>23rd November 2022:</u> White Ribbon Breakfast Contact: Cintra Amos</p> <p>Location: Adelaide Convention Centre, North Terrace, Adelaide</p> <p>Commence: 6.45am and concluding at 9am</p> <p>Zontians have regularly attended the White Ribbon Breakfast to support the end of ‘any act of gender-based violence that results in, or is likely to result in, physical, sexual or psychological harm or suffering to women, including threats of such acts, coercion or arbitrary deprivations of liberty, whether occurring in public or private life’.</p> <p>Further details of the Breakfast will be provided by Cintra at our next meeting.</p> <p>Tickets will be available shortly through Trybooking</p>		

<p><u>Advocacy:</u></p> 	<p><u>29th November 2022:</u> Clothes Line Project Contact: Lesley Siegloff</p> <p>Location: West Adelaide Football Club Rooms</p> <p>Commence: 5.45pm for 6pm and concluding at 7.30pm</p> <p>Joint collaborative with the West Adelaide Football Club. Players (both men and women) will paint T-Shirts and personalise them with their Guernsey number as an affirmation, then hang them on the clothesline</p>
<p><u>Fellowship:</u></p> 	<p><u>7th December 2022:</u> Christmas Celebrations Contact: TBA</p> <p>Location: TBA</p> <p>Details to be provided in the next Flinders Facts</p>
<p><u>Fundraising :</u></p> 	<p><u>(Date to be advised) February 2023:</u> Contact: Sarah Taylor</p> <p>Location: Adelaide Oval</p> <p>Details to be provided in the next Flinders Facts</p>
<p><u>Fundraising:</u></p> 	<p><u>(Date to be advised) March / April 2023:</u> Contact: Sarah Taylor</p> <p>Location: TBA</p> <p>Details to be provided in the next Flinders Facts</p>
<p><u>Zonta Conferences:</u></p> <p>Gathering with Zontians outside our club is a valuable opportunity to expand your Zonta network, your Zonta knowledge and have the opportunity to interact and socialise with likeminded women. As well as our own Area 2 Workshops, we have the opportunity to attend biennial District 23 Conferences and Zonta International Conventions which are held in alternate years.</p> <p>Adelaide Flinders always have always had a strong contingent both for the D23 and International events and all members are asked to consider attending both. So you can plan ahead, please put these dates in your diary now.</p> <ul style="list-style-type: none"> • Zonta District 23 Conference: to be held in Bunbury from 1 - 3 September 2023 • Zonta International Convention: to be held in Brisbane from 25 - 28 June 2024 	

Adelaide Flinders Zontians 'Out and About'

If any members are representing Adelaide Flinders at events please send a photo and short story to be included in the Flinders Facts!

Recently members went to the Zonta Adelaide Club Torrens fashion parade fundraiser and had a very enjoyable time.



A weekend of fun and collaboration in Area 2; August 27th and 28th

Combined Presidents Meeting, Saturday Morning.

On Saturday morning, the first Combined Presidents face to face meeting was held at the home of Jenni Foreman, President Zonta Club Adelaide Torrens and Area 2 Combined Advocacy Coordinator.



The meeting was chaired by Lesley Siegloff Area 2 Director and notes taken by Belinda Wise vice Area Director. Lesley welcomed all and gave a special mention of the Presidents/Vice Presidents who travelled including Belinda Wise. Lesley explained that as a past rural nurse she has a particular interest in ensuring that the rural and metropolitan club members are conscious of each other's needs.

The focus of the meeting was "Collaboration - how can we work closer together?" It was an ideal opportunity for both rural and metropolitan presidents/vice presidents of the 12 clubs who don't see each other often to talk and share issues and ideas. There was a great vibe in the room and sharing was at the fore. A discussion was held about the ZI and D23 Goals 2022 -2024 which the Presidents will take to clubs for further discussion and elaboration. The Presidents then went on to discuss the dates for the Area Workshops and all agreed that March which in South Australia is called "Mad March" is not an ideal time to run any workshop. **The Zonta Club of Adelaide Hills** has offered to run the **2023 Area Workshop on Saturday 6th May**. Then with the continuing idea that we all want to ensure we are prepared well ahead and in a nod to collaboration **the Zonta Clubs of Port Lincoln and of Lower Eyre** have offered to run the 2024 Area Workshop in Port Lincoln on **Saturday 4th May 2024**. For the rest of this financial year the Combined Presidents meetings will be held via Zoom. The next meeting will be on October 6th, 6.30pm.



Combined Advocacy Workshop

Following a wonderful lunch provided by the members of the Zonta Club of Adelaide Torrens the Area 2 Combined Advocacy meeting was held, chaired by Jenni Foreman. Unfortunately Lesley Sweetman was unable to attend due to illness.

After Jenni shared the outcomes of the SWOT analysis, that was undertaken at an Advocacy meeting last year. The Advocacy representatives then went on to discuss the Area 2 Club's commitment to being involved in the 16 Days of Advocacy this year. Listening to the enthusiasm around the room and the sharing of ideas of each of the clubs it was obvious that Zonta will have an even greater impact on 'Orangeing the Community' than we did last year, in our various communities and the City of Adelaide.



ZC Adelaide Hills showed their Orange Lady cut out of a recycled Corflute.

Clubs are interested in seeing them distributed around the various communities



Lesley Sieglhoff and Jenni Foreman have agreed to prepare a calendar of events and a resource manual to be shared with other organisations including the National Council of Women, MPs and media outlets. The whole day was considered a great event enabling members to meet one another and share ideas and resources.

After such a wonderful day where friendships were forged and an agreement made to continue to work together and share as much as possible, a number of the attendees then turned their minds to the 120th Anniversary luncheon of National Council of Women - SA which was to be held the next day. A number of the Area 2 SA Clubs are affiliated organisations with the Council as is Area 2 as a whole.

The National Council of Women - SA 120th Birthday

This wonderful event was a true celebration of a wonderful organisation that has led the way working for improvements for the world of women for over a century. We heard from the voices (read by current members) of the women who were the first leaders of the organisation. I wonder what they would all think today. How wonderful that such an organisation has survived many travails that it and its members have had to deal with and risen above over the years. Congratulations to Fiona Dorman President and a true leader. Congratulations also go to the Board and the History Group for the wonderful event and information shared on the day. Special guests included the Governor of SA, Frances Adamson AC, NCWSA Patron, The Right Honorable Lord Mayor, Sandy Verschoor, Katrine Hildyard MP - SA Minister for Child Protection, Women and Domestic Violence Prevention, Sport, Recreation and Racing; Hon Michelle Lensink MLC as well as many members and affiliate members of NCWSA.





Were you at the last meeting when we checked out our Club Website and the ZI website? More importantly, did you log in to the ZI website and check your personal details? Are your contact details up to date? It is your responsibility to make any changes if you move house or change your contact details.

Did you realise that our club website has links to other sites? They are in the black box at the bottom of the home page. Our QR code provides a direct link to our site. Go to: <https://zontaadelaideflinders.org.au>



At the bottom of the home page there are links to Zonta International, District 23 and also our club Facebook, and Instagram accounts.

Do check them out.

Woman of Inspiration Award: In memory of an inspiring woman - Trish Pickering

The purpose of this award is to recognise women who personify the spirit of humanitarianism of Zonta. Awardees have conquered adversity and as a result of their service the community is a better place to live.

If any member is aware of a potential nominee please contact Lindy Berketa via email on lindyberketa@hotmail.com

The award is presented in May each year

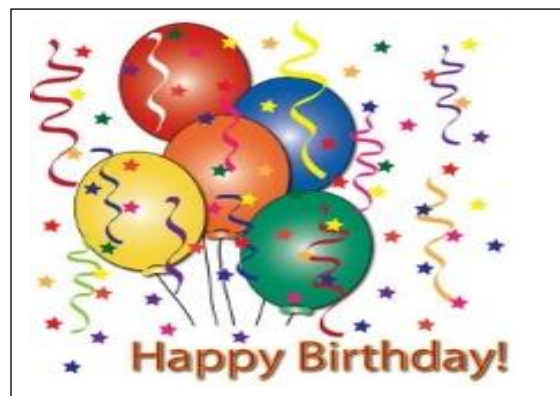
Nominations close end of February each year



July / August 2022 Birthdays

We would like to wish the following members a very happy birthday:

- Sue Lear (22nd July)
- Lindy Berketa (24th July)
- Jennifer Hunter (3rd August)
- Margaret Rowland (14th August)



Board & Leadership Roles

2022-2024

Co-Presidents: Lindy Berketa
Lorraine Omond

Vice President: Eronwy Edwards

Secretary: Julie Hayford

Treasurer: Lisa Mulvaney

Directors:

- Marcia Hakendorf, Julie Hayford, Jessica Knight, Heather Smigiel, Lesley Siegloff, Sarah Taylor

Club leads

Advocacy

- Lesley Siegloff

Awards

- Lindy Berketa

Breast Cushion Project

- Sarah Cunningham

Birthing Kits

- Sue Lear

Correspondence

- Cintra Amos

Fellowship

- Marianne Kidd

Fundraising

- Sarah Taylor

Membership & Recruitment

- Jill Welsh

PR & Communication

- Eronwy Edwards

Program

- Jessica Knight

Service

- Heather Smigiel

Nominating Committee

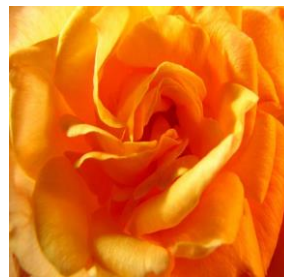
- Jill Welsh

National Council of Women SA

- Lindy Berketa & Kae Martin

Objects of Zonta

- *To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.*
- *To work for the advancement of understanding, goodwill, and peace through a world fellowship of executives in business and the professions.*
- *To promote justice and universal respect for human rights and fundamental freedoms*
- *To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who service their communities, their nations, and the world.*



The Zonta Thanks

*Wherever your country of birth
whatever your faith or creed
give thanks for the meal we share in Zonta Fellowship
But remember too those who have no food today
not with guilt that we have so much
but with hope that through Zonta service and advocacy
they too may come to share the same
in peace and harmony.*

Monthly Club Dinner Meetings

3rd Wednesday of the month at 6.15 for 6.45 pm

Venue - West Adelaide Football Club, Richmond

RSVP & Apologies to Isobel: 0418 953 648

Just click on QR Code or Links to Club Information

Website: <http://zontaadelaideflinders.org.au/>

Facebook: <https://www.facebook.com/adelaideflinders/>

Instagram: [zonta_club_adelaide_flinders](#)

Address: PO Box 27, Unley Business Centre, SA 5061

