

# FLINDERS FACTS

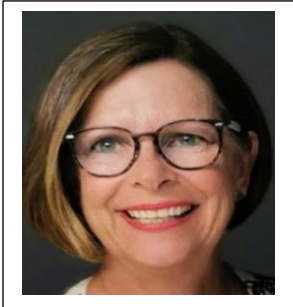
Zonta Club of Adelaide Flinders Inc  
District 23, Area 2,  
Club 993 Chartered December 1981



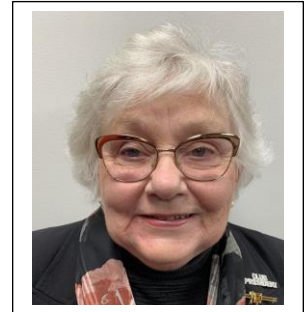
2022 - 2024 Biennium

Issue 4

November - December 2022



*From the Co-Presidents  
November / December 2022*



Fellow Zontians,

Welcome to our Christmas edition when it is now that time of year when we can reflect on things past, enjoy the present and think about the future. Christmas is to many of us a holy time; a universal celebration of family; a happy time of sharing with friends; exchanging presents, and being thankful for all the wonderful things we have in our lives.

However, there are those who are not experiencing the same as us, who are homeless, hungry, lonely and without hope. Please take time to remember them. Your small effort of help goes a long way.

Our Club has certainly been busy during the past two months. Our 39<sup>th</sup> Film Night showing Mrs Harris goes to Paris was one of the most successful ever, raising almost \$10,000. A very active and diligent group of members are to be congratulated.

An equally enthusiastic group of members held our 2<sup>nd</sup> Clothesline Project in conjunction with the West Adelaide Football Club. Many players from both the Men and Women teams joined forces to decorate t-shirts with affirmative statements to highlight the epidemic of Domestic and Family Violence in our communities. Derrick McManus generously gave his time to motivate us all as our guest speaker. The t-shirts were immediately displayed on a clothes line in the Club Dining room with many positive comments from the staff and patrons.

The White Ribbon Breakfast was held on 23<sup>rd</sup> November and Zonta Club of Adelaide Flinders was again represented well at more than one table!

Fellowship was foremost at our Christmas dinner held at Caledonian Hotel on Wednesday 7<sup>th</sup> December. As Presidents, we greatly appreciated the opportunity to sit and share a meal with Members. A big thank you to all those who attended and made the evening so enjoyable.

Our leads for Birthing Kits (Sue Lear) and Breast Cushions (Sarah Cunningham) together with a group of Members held a very successful workshop with the Year 11 girls at Walford on Thursday 8<sup>th</sup> December, with 105 Breast Cushions, completed for delivery and 400 Birthing Kits on their way to overseas countries. These workshops are indeed a great way to link up with the younger generation and share their enthusiasm for life whilst imparting information and life skills.

Cont:

Our Garage Sale versus the weather - It will happen, it has to happen before the end of February. So the date has been tentatively set for 4<sup>th</sup> February 2023. But we are not telling the weather forecasters! In the meantime, any more saleable items can be delivered to Lindy.

Looking to the New Year, your Board will meet on 4<sup>th</sup> January 2023 and following a request from a number of Members, our first Members Dinner will be informal and held on Wednesday 18<sup>th</sup> January. Please keep this date free as we begin to plan our projects for 2023/24.

Amelia Earhart will be in focus in January, and your attention is also directed to the flyer sent out by Zonta Adelaide Torrens for the Celebration on 21<sup>st</sup> January. All Zontians are welcome.

We would like to sincerely thank all the members of the Zonta Club of Adelaide Flinders for their support in 2022. The work you all do makes this Club one where friendship and fellowship, together with advocacy and service, flourish. We are privileged to be your Co-Presidents and look forward to a fantastic year in 2023.

To Fellow Zontians, their family and friends, have a safe, happy, healthy and joyous Christmas and all our best wishes for the New Year.

See you in 2023

Stay safe and well, yours in Zonta Fellowship,

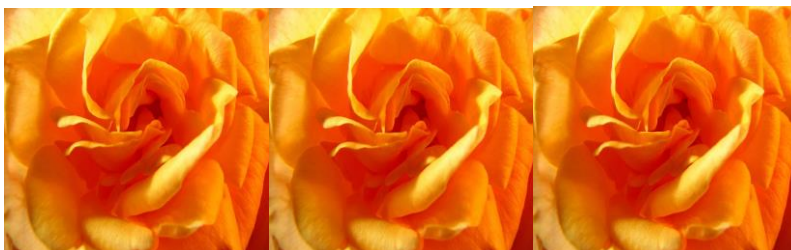
*Lindy Berketa and Lorraine Omond*



### New Member: Claudia Turon

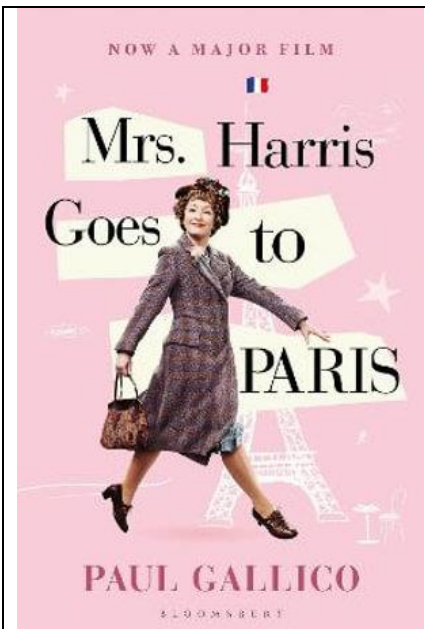
At the November 2022 meeting it was a privilege to officially welcome Claudia into the Club who has an extensive professional, educational and visual arts background.

Lindy provided the formal induction and Jill provided her with her new badge.





## Movie Night - Sarah Taylor, Chair Fundraising Committee



We had a very successful Movie Night on 30<sup>th</sup> October with the showing of the newly released movie 'Mrs Harris Goes to Paris' and \$10,000 was raised which will support our service and advocacy projects. The feedback from those who attended really enjoyed the evening and there was a lot of interest in 'getting a red dress'!

This movie night was the first time we had the privilege of having sponsors which helped our exposure to a broader community and we sincerely thank them for their support.

As with the tradition of our Club our raffle was extremely successful and we also would like to thank all members and supporters for their kind donations and to the fund raising committee for their amazing presentation of the prizes.

The night was made so successful with the strong turnout of members to help with all of the logistics. A big thankyou to the fundraising committee for all of their efforts



**GOLD SPONSOR**



**SILVER SPONSOR**

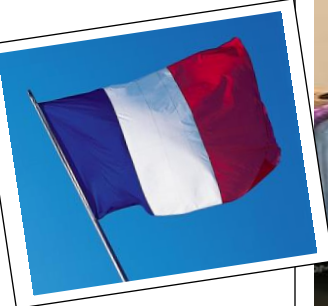


Sarah Taylor  
INTERIOR DESIGN & DECORATION

**BRONZE SPONSOR**



**BRONZE SPONSOR**



### Clothes Line Project - Lesley Siegloff, Chair of Advocacy Group

This year the Zonta Club of Adelaide Flinders again partnered with the West Adelaide Football Club (WAFC) to hold a special t-shirt painting workshop at the club as part of the 16 days of Activism Project.

It was a wonderful event to be part of with our goal to influence sports people to be aware of and call out abuse of any kind. The CEO of the WAFC, Conny Wilson and Sondra McGinlay, Functions Coordinator of WAFC brought together a great team from the club to assist on the evening of the event. They helped set up the room including hanging clothesline cord around the restaurant, assisted with hanging the T-Shirts and as a special treat supplied the participants with pies and pasties. Besides the staff of WAFC and members of the Zonta Club of Adelaide Flinders, Lindy, Kae, Jenny, Kathy, Di, Cintra, Eronwy, Julie and myself there were 5 senior male football team members and 10 female senior football team members in attendance. We also had a short visit from Pam Fletcher, President of Zonta Club Para Districts Area. It was great to share our event with her.

The event commenced with an introduction to the work of Zonta after which I introduced Derrick McManus our special guest speaker who gave a wonderful presentation about the history of the changing attitudes of domestic and family violence he experienced in his time on the Police Force and the various issues of abuse and outcomes of domestic and family violence. Derrick engaged with the participants of the event to share important knowledge and information, opening up ideas for consideration of the continuing issues in our community. Following the talk by Derrick, the participants commenced painting their ideas on the t-shirts. There was a great hum in the air as everyone chatted and shared their ideas with the result being a wonderful display of t-shirts hanging in the WAFC Restaurant.

Our thanks go to Conny and Sondra and the staff of the WAFC for the wonderful way you have supported our partnership for this event. In addition, special thanks to our members who participated on the night and supported and engaged with the footballers to produce great ideas for the t-shirt slogans.



The Board has approved and supported five Service Projects for 2022/2023 which include:

- Sewing Circle - Lead: Lesley Seigloff
- Breast Cushions - Lead: Sarah Cunningham
- Toiletry Packs - Lead: Isobel McFarlane
- Birthing Kits - Lead: Sue Lear
- Food for Thought - Lead: Heather Smigiel

### Sewing Circle:

The Sewing Circle project is reviewing the opportunities to enhance membership and support and further discussions will be had at the next Board and Member meeting in January 2023

### Breast Cushions:

During Breast Cancer Awareness Month in November a workshop was held at our November meeting where members assisted in completing 20 cushions. Then in December, a workshop was held at Walford with Year 11 girls where members assisted the students in completing over a 100 breast cushions. The session was well attended by members and the students enjoyed the fellowship and fun of the session



### Toiletry Packs:

Members are encouraged to continue to consider the donation of products to support the completion of toiletry packs that support Western Shelter for Women and to Olga Fudge House. The table below provides an indication of what members could consider. Any items can be provided direct to Isobel at our monthly meetings

Deodorant's : 70	Hair ties (3) : 300	Razor : 90
Facewashers : 60	Shampoo : 65	Emery boards (2) : 60
Hair brush : 75	Conditioner : 65	Soap : 100
Soap box cont. : 30	Tissues : 100	Toothbrushes : 100
Toothbrush holders : 30	Toothpaste : 20	





### Birthing Kits:

In December 2022, we held a very successful workshop with Year 11 Walford girls, teachers and members where we successfully and enthusiastically assembled, checked, counted and packed 400 birthing kits. The birthing kits will now be shipped to Field Partners for distribution to 400 women in remote areas to enable them to experience a clean, safe birth. We will be advised in due course the destination of the birthing kits but probably will be Africa.

Many thanks to those members who supported the Assembly Day. It was a valuable learning experience for the girls, increasing their awareness of issues faced by women and children in developing countries and providing a different, meaningful project to complement their other service endeavours.



### Food for Thought:


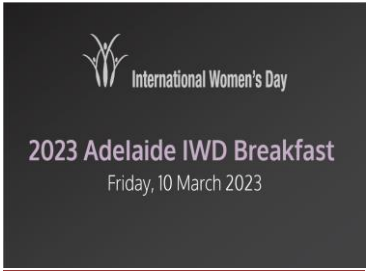



The Food for Thought project is reviewing the opportunities to enhance membership and support and further discussions will be had at the next Board and Member meeting in January 2023

### White Ribbon Breakfast:

Zontians were well represented at the White Ribbon Breakfast which was held at the Adelaide Convention Centre on 19<sup>th</sup> November 2022.

The aim of the Breakfast is to support the end of 'any act of Gender-based violence that results in, or is likely to result in, Physical, sexual or psychological harm or suffering to women, Including threats of such acts, coercion or arbitrary deprivations of liberty, whether occurring in public or private life.



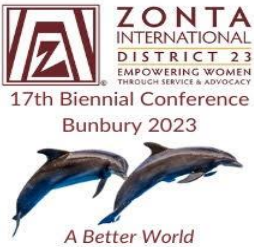
<p><b><u>Fundraising :</u></b></p> 	<p><b><u>4 February 2023:</u> Garage Sale:</b> Contact: Lindy Berketa</p> <p>Location: 121 William Street, Norwood</p> <p>Commence: 8am and concluding at 1pm</p> <p>Due to weather conditions our Garage Sale has been rescheduled to the 4<sup>th</sup> February 2023 (<b>Note this date will be confirmed prior to members</b>). Members are asked to stock up on items that could be sold at a 'Garage Sale' (no clothing) to assist in fund raising for our Service projects. Items need to be delivered to Lindy's place the week before.</p>
<p><b><u>Advocacy:</u></b></p> 	<p><b><u>10 March 2023</u></b> 31<sup>st</sup> Adelaide International Women's Day Breakfast</p> <p>Contact: Cintra Amos</p> <p>Location: Adelaide Convention Centre</p> <p>Commence: TBA</p> <p>Tickets will be on sale in early February 2023 so please put this in your diary so that we can book our Adelaide Flinders table early.</p> <p>Speakers will be confirmed soon; virtual tickets will also be available</p>
<p><b><u>Advocacy:</u></b></p> 	<p><b><u>19 March 2023:</u> Women on the Run:</b> Contact: Cintra Amos</p> <p>Location: Grange Jetty Reserve</p> <p>Commence: 8am and concluding at 1pm</p> <p>We have previously had a team in this event in support of the Zahra Foundation. Could members please consider their involvement and the option of submitting a team will be discussed at the February 2023 meeting</p>
<p><b><u>Fellowship :</u></b></p> 	<p><b><u>9th February 2023:</u> XYZ Blue Illusion Fashion Night</b> Contact: Cintra Amos</p> <p>Location: Norwood</p> <p>Commence: TBA</p> <p>Details to be provided at the January 2023 meeting</p>
<p><b><u>Fundraising :</u></b></p> 	<p><b><u>26<sup>th</sup> May 2023:</u> Quiz Night</b> Contact: Sarah Taylor</p> <p>Location: TBA</p> <p>Commence: 6pm</p> <p>Details to be provided in the next Flinders Facts</p>

### **SAVE THE DATES: Zonta Conferences:**

Gathering with Zontians outside our club is a valuable opportunity to expand your Zonta network, your Zonta knowledge and have the opportunity to interact and socialise with likeminded women. As well as our own Area 2 Workshops, we have the opportunity to attend biennial conferences.

District 23 Conferences and Zonta International Conventions which are held in alternate years.

Adelaide Flinders have always had a strong contingent both for the D23 and International events and all members are asked to consider attending both. So you can plan ahead, please put these dates in your diary now.

	<b>6<sup>th</sup> May 2023: Area Workshop</b> Location: tba Further details will be made available once program is confirmed	Contact: tba
	<b>1 -3<sup>rd</sup> September 2023: District 23 Conference</b> Location: Bunbury Further details will be made available once program is confirmed	Contact: Cintra Amos
	<b>4<sup>TH</sup> May 2024: Area Workshop</b> Location: Port Lincoln Further details will be made available once program is confirm	Contact: tba

### **Christmas Dinner Celebration:**

On Wednesday 7<sup>th</sup> December, members attended the annual Christmas Dinner which this year was held at the Caledonian Hotel, North Adelaide.

The evening was a wonderful opportunity for fellowship sharing with members over a beautiful meal and wine. Our Co-Presidents provided members with a small gift to signify their appreciation of the efforts of members during the year.

The evening concluded with everyone wishing each other a wonderful safe festive season and a prosperous new Year for 2023 and recognising that not all people in our community have the opportunities that we have.

**MERRY CHISTMAS AND HAPPY NEW YEAR TO YOU ALL**







Don't forget to log in to the ZI website and check your personal details? Are your contact details up to date? It is your responsibility to make any changes if you move house or change your contact details.

Did you realise that our club website has links to other sites? They are in the black box at the bottom of the home page. Our QR code provides a direct link to our site. Go to: <https://zontaadelaideflinders.org.au>



At the bottom of the home page there are links to Zonta International, District 23 and also our club Facebook, and Instagram accounts.

**Do check them out.**

### **Woman of Inspiration Award: In memory of an inspiring woman - Trish Pickering**

The purpose of this award is to recognise women who personify the spirit of humanitarianism of Zonta. Awardees have conquered adversity and as a result of their service the community is a better place to live.

If any member is aware of a potential nominee please contact Lindy Berketa via email on [lindyberketa@hotmail.com](mailto:lindyberketa@hotmail.com)

The award is presented in May each year

**Nominations close end of February each year**



### **November / December 2022 Birthdays**

We would like to wish the following members a very happy birthday:

- Penny Hepworth (1/11)
- Jill Welsh (7/11)
- Eronwy Edwards (7/11)
- Julie Hayford (9/11)
- Kae Martin (17/11)
- Isobel McFarlane (25/11)
- Sarah Taylor (7/12)
- Bernadette Egan (8/12)
- Susan MacDonald (13/12)



## Board & Leadership Roles

### **2022-2024**

**Co-Presidents:** Lindy Berketa  
Lorraine Omond

**Vice President:** Eronwy Edwards

**Secretary:** Julie Hayford

**Treasurer:** Lisa Mulvaney

**Directors:**

- Marcia Hakendorf, Julie Hayford, Jessica Knight, Heather Smigiel, Lesley Siegloff, Sarah Taylor

### Club leads

**Advocacy**

- Lesley Siegloff

**Awards**

- Lindy Berketa

**Breast Cushion Project**

- Sarah Cunningham

**Birthing Kits**

- Sue Lear

**Correspondence**

- Cintra Amos

**Fellowship**

- Marianne Kidd

**Fundraising**

- Sarah Taylor

**Membership & Recruitment**

- Jill Welsh

**PR & Communication**

- Eronwy Edwards

**Program**

- Jessica Knight

**Service**

- Heather Smigiel

**Nominating Committee**

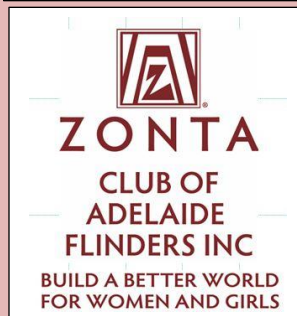
- Jill Welsh

**National Council of Women SA**

- Lindy Berketa & Kae Martin

## Objects of Zonta

- *To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.*
- *To work for the advancement of understanding, goodwill, and peace through a world fellowship of executives in business and the professions.*
- *To promote justice and universal respect for human rights and fundamental freedoms*
- *To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who service their communities, their nations, and the world.*



## The Zonta Thanks

*Wherever your country of birth  
whatever your faith or creed  
give thanks for the meal we share in Zonta Fellowship  
But remember too those who have no food today  
not with guilt that we have so much  
but with hope that through Zonta service and advocacy  
they too may come to share the same  
in peace and harmony.*

### Monthly Club Dinner Meetings

3<sup>rd</sup> Wednesday of the month at 6.15 for 6.45 pm

Venue - West Adelaide Football Club, Richmond

RSVP & Apologies to Isobel: 0418 953 648

### Just click on QR Code or Links to Club Information

**Website:** <http://zontaadelaideflinders.org.au/>

**Facebook:** <https://www.facebook.com/adelaideflinders/>

**Instagram:** [zonta\\_club\\_adelaide\\_flinders](#)

**Address:** PO Box 27, Unley Business Centre, SA 5061

