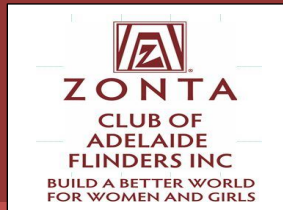


# FLINDERS FACTS

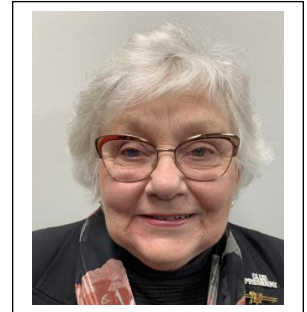
Zonta Club of Adelaide Flinders Inc  
District 23, Area 2,  
Club 993 Chartered December 1981



2022 - 2024 Biennium  
Issue 5  
January - February 2023



*From the Co-Presidents  
January / February 2023*



Fellow Zontians,

We are now two months into 2023 and what a busy time it has been.

This year, members requested a Club Dinner to celebrate Amelia Earhart, which proved to be a very successful evening full of fun and fellowship. A spectacular aerodynamic display of paper plane flying earned Susan MacDonald a Family Pass to the SA Aviation Museum. The Quiz taught us all about Aeronautics and Australia's contribution to the aviation world.

Co-President Lindy together with several of our members attended the Adelaide Torrens Club's celebration at the Payneham Library. Zonta International has invited Clubs to join the yearlong 85<sup>th</sup> anniversary celebration of the Amelia Earhart Fellowship. Our Club, who has had two previous recipients of this award, is contributing \$300 towards the scholarship.

Board and Club Members have spent time revisiting our goals and how they align with Zonta International strategies and goals, which was great preparation for setting up our Service and Advocacy Projects for the coming year. We thank all who enthusiastically contributed to our February meeting with many suggestions for expanding existing projects of Breast Cushions, Birthing Kits, Vouchers etc. and the projects running in conjunction with Zahra Foundation together with several new exciting ideas which will be now researched. Due to some incredible past fundraising and sponsorship, we now have the ability to look at new projects when a need is established. This really assists in working towards 'Building a Better World for Women and Girls'.

Speaking of Fundraising, the Garage Sale was finally held on 4 February 2023 and resulted in a profit of \$700.00. Many thanks to the donors of the wonderful items, the Members and Friends who helped and the weather being kind to us at last! A diary date for our next major event, the Quiz Night is to be held on Friday 26 May 2023 at The Adelaide Bridge Centre, Abergeldie House, Glen Osmond. Please put this date in your diary and start organising your tables. A Flyer will be available soon; just a tip - 'the view from this area is absolutely stunning'.

Cont:

With Fellowship being a focus, our XYZ Group (eXtend Your Zonta) organised a fabulous evening at Blue Illusion Norwood this month. A large group of members (including visitors from two Zonta Clubs) together with several Zontian friends, had a wonderful time watching the latest fashions paraded by our models Susan and Julie. We were then able to enjoy a private 'free range' through a marvelous fashion house. Our thanks to staff of Blue Illusion for the wonderful refreshments and evening.

It was decided to renew our association with Bunnings and look forward to announcing the recommencement of our Sausage Sizzles.

There are two more weeks in which to nominate for our Women of Inspiration Award. We have received several already, but if you have a nominee in mind, please visit our website and download the application.

The beginning of March which is fast approaching, has International Woman's Day being celebrated with a number of events. The Annual Breakfast is at the Convention Centre on 9<sup>th</sup> March and has Ambassador Caroline Kennedy US Ambassador to Australia speaking. This popular event was heavily booked but fortunately a table for our Club has been secured by Cintra. Some members are also attending the High Tea at the Town Hall with National Council of Women on the 8<sup>th</sup> March.

National Rose Day is also on 8<sup>th</sup> March. You are encouraged to look at the Zonta International website for an insight into how you can participate in this Day. Symbolic of the yellow rose you received when you became a member.

In closing we wish those Members of our Club who have not been experiencing the best of health, a speedy recovery and we hope to see you soon. Our thoughts are also with those members who are supporting family through some difficult and challenging times. Stay Strong.

In Zonta Fellowship

*Lindy Berketa and Lorraine Omond*



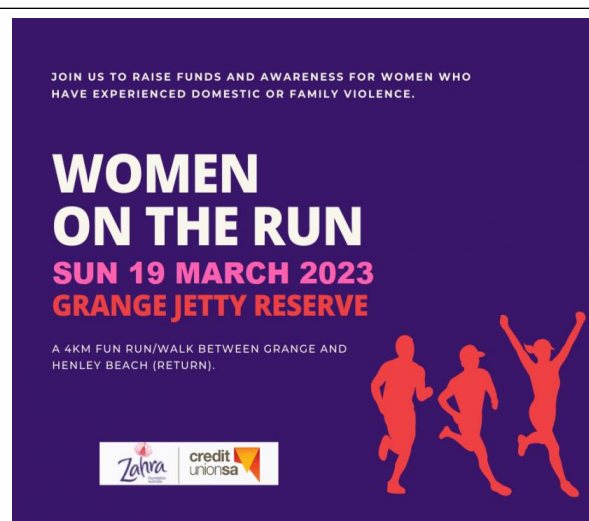
We send our deepest sympathy to Carolyn Palmer on the death of her husband Garth, who died on February 26th 2023.



## **Reminder: Register for the 'Women on the Run' to support the Zahra Foundation**

For further information visit Zahra Foundation website at [www.zahrafoundation.org.au/events](http://www.zahrafoundation.org.au/events)

By joining Women on the Run and fundraising for the Zahra Foundation you will make sure they can continue to empower women and non-binary people who've experienced domestic and family violence, to not only rebuild their lives but to thrive personally, socially and financially.



## Feature Article: A First Timer's Experience, by Lorraine Omond

During my working life as President of the Australian Association of Public School Administrators, I was fortunate to attend and speak at many Conferences in all States of Australia so when I decided to go to the 2019 Zonta Centennial Conference in Brisbane, I thought it would be similar to past experiences.

In many aspects it was, welcomes, keynote speakers, break out sessions, the lunches, dinners, ceremonies and many people. But there were some real differences to any other Conference. The atmosphere when you walked into the Convention Centre Registration area you noticed everyone smiling, the hugs, the greetings of welcome and the rekindling of friendships from past Conferences. It soon become evident that there was a very tangible bond between attendees. We were all there in Zonta Fellowship.

I did not go far past the coffee station, when one of the Adelaide Flinders Crew corralled me through the throng to a spot in the auditorium where they had saved me a seat. I must say, these Members took me under their wing(s); no question was too trivial - all my queries were answered with something that just reverberated through this conference - **RESPECT**.

It was amazing how the fantastic team stepped up so professionally and seamlessly when faced with the hospitalisation of District Governor Jane Adornetto due to an accident enroute to the conference. Dr Susan von Bassewitz, the President of Zonta International attended and had a great presence at the Conference and she was available to all and so informative.

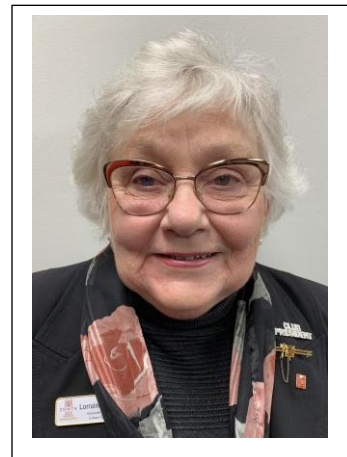
It was during the elections that I witnessed an amazing display of courage and professionalism when dealing with a difficult decision. It was a display of true caring and compassion that just supported the dignity of the person which is paramount.

With such a plethora of speakers, ranging from Dame Quentin Bryce who surprised me with her passion, to the YWPAA speakers, the Panelists, Share your Story - all brilliant and full of ideas, to the wonderful and inspirational address by Dr Airlie Chapman. Dr Chapman's address was enthralling, and you did not want it to end - and you wished that your young grand-daughter could hear and be inspired. So many attendees wanted her book - she had to go and get more!

Breaks during the sessions were spent checking out the many amazing stalls set up by the different Clubs. The ingenuity in producing items for sale were wide ranging and showed incredible innovation and skills. Some Clubs had the same stall each year as the items that they produced were in demand - predominantly jewelry.

When the Conference came to an end, I remember feeling so small as one individual but really empowered to be part of such a focused, dynamic group of women.

I certainly would encourage all members if they can to attend the next Conference in Bunbury in 2023





## Advocacy Committee Report, from Leann Symonds ZCFP

Area 2 will be holding another combined Advocacy meeting soon with a focus on collaborative work with services and organisations that focus on **Housing Stress and Homelessness**.

The general profile of households in housing stress and at risk of homelessness has changed, widening to take in those who have not experienced issues in the past. At the recent meeting the following statistics were provided which gave an insight at the demographics and highlighted that women and children are most at risk and as such an advocacy issue fits well with the objectives of Zonta.

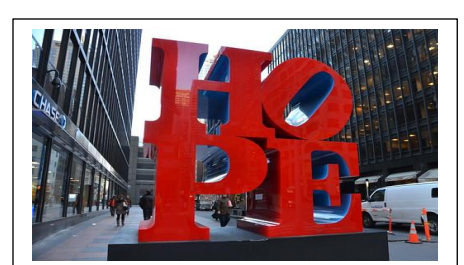
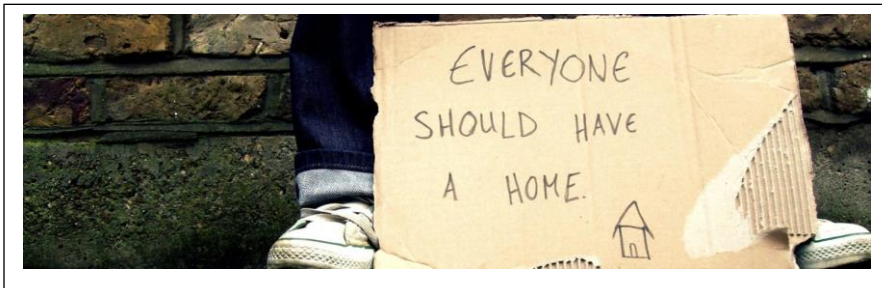
Of the 278,300 clients agencies assisted in 2020-21:

- 6 in 10 were female (60% or 176,400 clients)
- 1 in 6 were children under the age of 10 (16% or 44,200 clients)
- 1 in 8 were children and youth aged 10-17 (12% or 34,300 clients)
- The largest age group of adult clients were aged 25-34 (18% of all clients or 51,900 clients)
- About 13,300 were women aged 55 or older (8% of total female clients) and 10,600 were men aged 55 or older (9.5% of total male clients)
- 1 in 3 (33% or 84,900 clients) were living in single parent with 1 or more children families when they sought support (AIWH 2021a).

Australians known to be at particular risk of homelessness include those who have experience family and domestic violence, young people, children on care and protection orders, Indigenous Australians, people leaving health or social care arrangements and Australians aged 55 or older.

In 2020-21, about 91,400 clients had experienced family and domestic violence at some point during the reporting period. Some client groups were more likely to be experiencing homelessness than other groups at the beginning of their support. In particular, young people aged 15-24 presenting alone (51%), clients with current mental health issues (50%) and children on care and protection orders (50%).

It is proposed that the Area 2 strategy will be to look at groups and organisations that can effectively work together to make a difference. If any member wishes to be part of the next Advocacy meeting, please discuss the opportunity with your Co-Presidents.



## Celebration of Amelia Earhart

As outlined in our Co-Presidents Report, our first meeting in 2023 was a celebration of Amelia Earhart which was a fun night of Fellowship and 'Brain Teasing' through the our knowledge of Amelia Earhart and her amazing service to women and the aviation industry.



## Garage Sale - February 2023

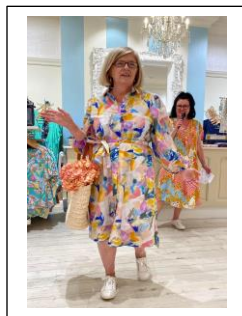
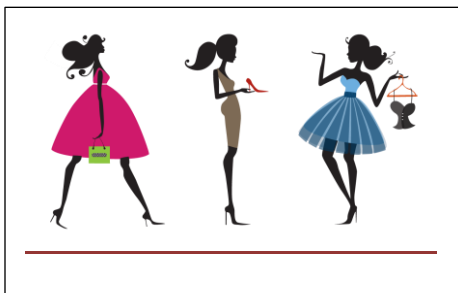
In February the weather was finally suitable (well sort of) for our first fund raising event for 2023. The range of goods supplied by our Members and friends were amazing and there was certainly a lot of discussion during the day on the items provided like '... my mother used to have one of these', '... I received one of these for a wedding present 30 years ago', '... this would be really helpful to me so that I can sort out my garage', '... we are not into computers, we just like dancing to real music on our CD Player!'.

A big thank you to Lindy for hosting the Garage Sale and for the assistance of our Members to set up and clean away everything on the day. A total of \$700 was raised which will support our service initiatives.



## Fellowship - XYZ (eXplore Your Zonta)

A very enjoyable social event was held in February at Blue Illusion, Norwood with 7% of all sales for the day going towards our fund-raising activities (a total of \$280 was raised). There were loads of fun and significant shopping occurred as well. A big thank you to the Susan and Julie for being our models and to the staff at Blue Illusion who were the consummate hosts.



The Board has approved and supported five Service Projects for 2022/2023 which include:

- Sewing Circle - Lead: Lesley Seigloff
- Breast Cushions - Lead: Sarah Cunningham
- Toiletry Packs - Lead: Isobel McFarlane
- Birthing Kits - Lead: Sue Lear
- Food for Thought - Lead: Heather Smigiel

### Sewing Circle:

The Sewing Circle project is reviewing the opportunities to enhance membership and support and further discussions will be had at the next Member meeting in 2023

### Breast Cushions:

After our mammoth workshop held in late 2022, we are now in the process of distributing the breast care cushions via our key Breast Care Nurses. A program for the continuance of the 'sewing and stuffing' is being developed and I thank Kae, Bernadette and Marianne for undertaking the first tranche for 2023.

### Toiletry Packs:

A big thank to our Members who donated products to support the completion of toiletry packs and xmas boxes that have been distributed to the Western Shelter for Women and to Olga Fudge House. The staff and clients were overwhelmed with our generosity. Below is a collection of photos which have been taken. Any items can be provided direct to Isobel at our monthly meetings



As a reminder it would be very valuable if Members continue to provide donations of goods to support the ongoing stock that is required for the toiletry bags. The type of goods are:

Deodorant's : 70	Hair ties: 300	Razor : 90
Facewashers : 60	Shampoo : 65	Emery boards : 60
Hair brush : 75	Conditioner : 65	Soap : 100
Soap box cont. : 30	Tissues : 100	Toothbrushes : 100
Toothbrush holders : 30	Toothpaste : 20	

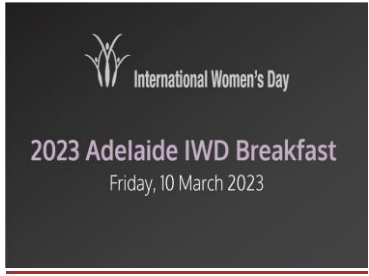




### Birthing Kits:

Further information will be provided to members as soon as possible.

### Food for Thought:

The Sewing Circle project is reviewing the opportunities to enhance membership and support and further discussions will be had at the next Member meeting in 2023



<p><b><u>Advocacy:</u></b></p> 	<p><b><u>10 March 2023:</u></b> 31<sup>st</sup> Adelaide International Women's Day Breakfast</p> <p>Contact: Cintra Amos</p> <p>Location: Adelaide Convention Centre</p> <p>Commence: 0700</p> <p>The Hon Penny Wong has confirmed that the Guest Speaker for the event is the US Ambassador to Australia, Caroline Kennedy</p>
<p><b><u>Advocacy:</u></b></p> 	<p><b><u>19 March 2023:</u></b> Women on the Run: Contact: Cintra Amos</p> <p>Location: Grange Jetty Reserve</p> <p>Commence: 8am and concluding at 1pm</p> <p>We have previously had a team in this event in support of the Zahra Foundation. Could members please consider their involvement and if able to participate registrations are open via the website: <a href="http://www.zahrhafoundation.org.au/events">www.zahrhafoundation.org.au/events</a></p>
<p><b><u>Fundraising :</u></b></p> 	<p><b><u>26<sup>th</sup> May 2023:</u></b> Quiz Night Contact: Sarah Taylor</p> <p>Location: The Adelaide Bridge Centre, Abergeldie House, Glen Osmond</p> <p>Commence: 6pm</p> <p>Now that we have confirmed the details, members are urged to get their friends and family primed and arrange a table. Further information will be provided at future meetings.</p>
<p><b><u>SAVE THE DATES: Zonta Conferences:</u></b></p> <p>Gathering with Zontians outside our club is a valuable opportunity to expand your Zonta network, your Zonta knowledge and have the opportunity to interact and socialise with likeminded women. As well as our own Area 2 Workshops, we have the opportunity to attend biennial conferences.</p> <p>District 23 Conferences and Zonta International Conventions which are held in alternate years.</p>	
	<p><b><u>1-3<sup>rd</sup> September 2023:</u></b> District 23 Conference Contact: Cintra Amos</p> <p>Location: Bunbury, Western Australia</p> <p>Further details will be made available once program is confirmed</p>
	<p><b><u>27-30<sup>th</sup> June 2024:</u></b> Zonta International Convention Contact: TBA</p> <p>Location: Brisbane, Queensland</p> <p>This is only the 3rd time the International Convention has been held in Australia in Zonta's 103 years.</p> <p>Further details will be made available once program is confirmed</p>



Don't forget to log in to the ZI website and check your personal details? Are your contact details up to date? It is your responsibility to make any changes if you move house or change your contact details.

Did you realise that our club website has links to other sites? They are in the black box at the bottom of the home page. Our QR code provides a direct link to our site. Go to: <https://zontaadelaideflinders.org.au>



At the bottom of the home page there are links to Zonta International, District 23 and also our club Facebook, and Instagram accounts.

**Do check them out.**

### **Woman of Inspiration Award: In memory of an inspiring woman - Trish Pickering**

The purpose of this award is to recognise women who personify the spirit of humanitarianism of Zonta. Awardees have conquered adversity and as a result of their service the community is a better place to live.

If any member is aware of a potential nominee, please contact Lindy Berketa via email on [lindyberketa@hotmail.com](mailto:lindyberketa@hotmail.com)

The award is presented in May each year

**Nominations close end of February each year**



### **January / February 2023 Birthdays**

We would like to wish the following members a very happy birthday:

- Constance Price (14 February)
- Carolyn Colquhoun (23 February)
- Heather Smigiel (24 February)
- Melanie Roberts (28 February)





## Board & Leadership Roles

### **2022-2024**

**Co-Presidents:** Lindy Berketa  
Lorraine Omond

**Vice President:** Eronwy Edwards

**Secretary:** Julie Hayford

**Treasurer:** Vacant

**Directors:**

- Marcia Hakendorf, Julie Hayford, Jessica Knight, Heather Smigiel, Lesley Siegloff, Sarah Taylor

### Club leads

**Advocacy**

- Lesley Siegloff

**Awards**

- Lindy Berketa

**Breast Cushion Project**

- Sarah Cunningham

**Birthing Kits**

- Sue Lear

**Correspondence**

- Cintra Amos

**Fellowship**

- Marianne Kidd

**Fundraising**

- Sarah Taylor

**Membership & Recruitment**

- Jill Welsh

**PR & Communication**

- Eronwy Edwards

**Program**

- Jessica Knight

**Service**

- Heather Smigiel

**Nominating Committee**

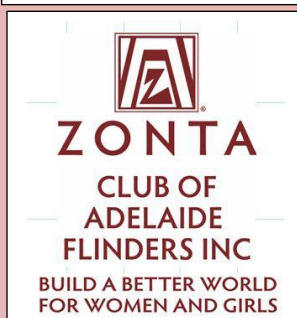
- Jill Welsh

**National Council of Women SA**

- Lindy Berketa & Kae Martin

## Objects of Zonta

- *To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.*
- *To work for the advancement of understanding, goodwill, and peace through a world fellowship of executives in business and the professions.*
- *To promote justice and universal respect for human rights and fundamental freedoms*
- *To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who service their communities, their nations, and the world.*



## The Zonta Thanks

*Wherever your country of birth  
whatever your faith or creed  
give thanks for the meal we share in Zonta Fellowship  
But remember too those who have no food today  
not with guilt that we have so much  
but with hope that through Zonta service and advocacy  
they too may come to share the same  
in peace and harmony.*

### Monthly Club Dinner Meetings

3<sup>rd</sup> Wednesday of the month at 6.15 for 6.45 pm

Venue - West Adelaide Football Club, Richmond

RSVP & Apologies to Isobel: 0418 953 648

### Just click on QR Code or Links to Club Information

**Website:** <http://zontaadelaideflinders.org.au/>  
**Facebook:** <https://www.facebook.com/adelaideflinders/>  
**Instagram:** [zonta\\_club\\_adelaide\\_flinders](#)  
**Address:** PO Box 27, Unley Business Centre, SA 5061

