



## ANNUAL REPORT 2022-2023



*Zonta Club of Adelaide Flinders Inc  
District 23, Area 2, Club 993*

*Chartered December 1981*

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## Board Members and Club Representatives – 2022-2023



### Executive

Co-Presidents	Lindy Berketa and Lorraine Omond
Vice President	Eronwy Edwards
Secretary	Julie Hayford
Acting Treasurer	Lindy Berketa
Directors	Lesley Siegloff Sarah Taylor Jessica Knight Marcia Hakendorf

### Club Roles/Representatives

Advocacy	Lesley Siegloff, -Lead, Marcia Hakendorf, Jenny Hunter, Sharon Vale, Kathie Guy, Claudia Turon
Awards– YWPA	Sue Lear
-Woman of Inspiration	Lindy Berketa
Archivist/Historian	Carolyn Colquhoun
Birthing Kits	Sue Lear



Breast Cushions	Sarah Cunningham
Fundraising	Sarah Taylor -Lead: Jill Welsh -Film Lead
PR, Media & Communications	Eronwy Edwards
- Flinders Facts	Kae Martin – Editor, Kathie Guy, Bernadette Egan, Jenny Hunter
Membership	Jill Welsh - Lead, Carolyn Colquhoun, Sharon Vale, Sherry Proferes, Marianne Kidd - Fellowship
XYZ (Extend Your Zonta)	Cintra Amos, Susan Macdonald, Jill Welsh, Carolyn Colquhoun
Nominating Committee	Jill Welsh, Susan MacDonald, Bernadette Egan, Carolyn Colquhoun
Parliamentarian	Margaret Rowland
Programs	Jessica Knight – Lead, Sharon Vale, Claudia Turon, Susan MacDonald, Kathie Guy, Di Cooper
Service	Heather Smigiel – Lead (on leave 2023)
ZZ Sewing Circle	Lesley Siegloff – Lead, Isobel McFarlane, Marcia Hakendorf
Toiletry Bags, Shoeboxes of Love, Emergency Relief Vouchers	Isobel McFarlane
D23 Project – Breast Cushions	Sarah Cunningham
D23 Project - Birthing Kits	Sue Lear
National Council of Women	Lindy Berketa, Kae Martin (ZCAF Representatives)
WCAFDA	Lesley Siegloff



## Members 2022-2023

Cintra Amos

Lindy Berketa

Carolyn Colquhoun

Di Cooper

Dr Sarah Cunningham

Eronwy Edwards

Bernadette Egan

Kathie Guy

Marcia Hakendorf

Julie Hayford PhD

Penny Hepworth

Jennifer Hunter

Marianne Kidd

Jessica Knight

Sue Lear

Susan MacDonald

Kae Martin

Isobel MacFarlane

Lisa Mulvaney (moved overseas)

Lorraine Omond

Carolyn Palmer AM, PhD

Sherry Proferes

Constance Price

Melanie Roberts (resigned)

Margaret Rowland

Lesley Siegloff PhD

Heather Smigiel PhD

Sarah Taylor

Claudia Turon

Sharon Vale

Jill Welsh

## Past Presidents



Charter President, Esme Proudman  
1981-1984

Jill Welsh 1984-1986

Gwenda Cunningham 1986-1988

Elizabeth Smith (deceased) 1988-1990

Shirley Stagg 1990-1992

Dr Sarah Cunningham 1992-1994

Marjorie Smith OAM (dec) 1994-1996

Patricia Russell (dec) 1996-1998

Fay Leditschke 1998-2000

Heather Sutton 2000-2002

Dr Pauline Glover 2002-2004

Isobel McFarlane 2004-2006

Cintra Amos 2006-2008

Carolyn Colquhoun 2008-2010

Jodi Knoop 2010-2012

Anne Miller 2012-2014

Sue Lear 2014-2016

Eronwy Edwards 2016-2018

Dr Heather Smigiel 2018-2020

Dr Lesley Siegloff 2020-2022

## Presidents' Report



**Lindy Berketa**



**Lorraine Omond**

This year the position of President was expanded to encompass the concept of Co-Presidents with the election of the two of us – Lindy Berketa and Lorraine Omond. We report to you, our Members of Zonta Adelaide Flinders Inc., on how we have managed for the past year, two working as one!

The success of this venture will be measured at the end of the biennium.

Before we accepted the Nominating Committee's recommendation, we had a number of in-depth conversations as to how we could make this work. Primarily, we looked at our individual strengths, areas we would want to support, how we could establish the best working environment, and what we could bring to the Club by taking on this role. We established that our focus for the first year would be Fellowship, followed by Advocacy and Service and to be a cohesive caring group that provided for Women and Girls as well as the individual member themselves.



Respect for each other was top of the list. We had the benefit of working together, both within Zonta projects and with outside agencies in the past. We knew each other well. We agreed that it was imperative to always keep each other in the loop on all matters at all times with communication being a

non- negotiable prerequisite. No decision is taken alone – thank goodness for the great digital age!

There was a depth of experience that was available to us. When looking at the proposed set up of the new Board we had a Current Area 2 Director who was immediate past President, a past Area 2 Director and past President, a past President, and between us we had held the positions of Vice President, Treasurer and Secretary. Added to this was the fantastic history this Club has with current members having held positions within ZCAF and ZI.

There was a fantastic mix on the Board of steady experienced Zontians and also refreshingly innovative new members. We take this opportunity to thank them all for their generous contributions to date.

This year, our elected Treasurer re-located to Canada with family and the position was filled by Lindy Berketa in the interim. Our Secretary, Melanie Roberts, was unable to continue, and Board Member Julie Hayford stepped up to take on the role. We are extremely fortunate to have her wonderfully efficient and reliable skills as Secretary.

During the past year, many meetings and functions have been held. Full details have been set out in the reports that follow from the leads of the various Committees.

Our inaugural Award Night for The Woman of Inspiration Award in honour of Trish Pickering was held one year ago at our Handover Meeting in 2022. Two very worthy recipients, Bec and Bianca, were presented with their certificates, badges and \$1000 by Jill Welsh, Lindy Berketa and Lesley Siegloff. This year, with many thanks to our most generous benefactor, Mr Wes Pickering, we will have three recipients of this annual award to be announced at our Mid Biennium Dinner. We are indeed happy to have Wes attending our Dinner to make the presentations in person.

For our International Night we chose to celebrate Sri Lanka. We hosted the Hon Consul for Sri Lanka and his wife, together with a guest speaker, his wife and mother. WAFC catered for the evening with some mouth-watering authentic Sri Lankan dishes. Our Christmas Dinner was held at the Caledonian Hotel North Adelaide, recommended by one of our members. It was a wonderful evening of fellowship to commence the festive season.



Our extremely well attended Film Night held in October was again a fantastic success. This year we had the most generous support of a number of sponsors, an initiative suggested by our Fundraising Chair, Sarah Taylor. These included Harcourts Pakenham Glenelg, Smile Co Norwood, Sarah Taylor Interiors and Village Baker. Their most generous support has placed the Club in a tremendous position to actively search for new Service Programmes in the coming year.

The Club has also donated to the Ukrainian Appeal, to support those families coming to Adelaide in the face of hostilities in their homeland. A donation has also been made to the Amelia Earhart Foundation. It is the 85<sup>th</sup> year of this Foundation. Many Clubs celebrated this event in January 2023 and some of our members joined in their celebrations. Our own Amelia Earhart celebration dinner in January was requested by Members to fill a gap in the ZI calendar. There were many paper planes flying around the Club Rooms that night.



Collaboration with other Area 2 Clubs has been in focus, and we have had the benefit of attending Presidents' Area 2 Meetings via Zoom and sharing of ideas and information.

Our Board adopted a new process of reporting at Dinner meetings, a Consent Agenda. Reports are sent out with the Agenda, and having been read by members, and when no discussion is required, are adopted as one. This allows us time at dinner meetings to share a meal with our fellow members in an unhurried manner. Time management is the key.

Board and Club Members have spent time revisiting our goals and how they align with Zonta International strategies and goals, which was great preparation for setting up our Service and Advocacy Projects for the coming year. We thank all who enthusiastically contributed to our February meeting with many suggestions for expanding existing projects of Breast Cushions, Birthing Kits, Vouchers etc. and the projects running in conjunction with Zahra Foundation together with several exciting new ideas which are being researched. Due to some incredible past fundraising and sponsorship, we now have the ability to look at new projects when a need is established. This really assists in working towards 'Building a Better World for Women and Girls'.

Another highlight of the year was International Women's Day in March. With many celebrations being held, Lorraine and a group from our Club, attended the UN breakfast at the Convention Centre, attended by 2,800 – setting an Australian record.



Carolyn Kennedy was an amazing speaker, showing us another side of her familial dynasty. Lindy attended the Afternoon Tea at the Town Hall where the speaker, Kate Hannaford delivered a very interesting keynote address on Ageing and associated discrimination. Our March Club meeting was resplendent with rose table decorations (thanks to Susan MacDonald,) for a celebratory dinner and a video of an address by our President, Ute Scholz on Child Marriage in India.

As we begin the second year of our Biennium, we look back over the past year and have to count ourselves so lucky to have the fantastic support of our Board. A special thanks to our Vice President, Eronwy Edwards (who is also our PR/Communications Lead) for her support, especially in all matters IT.

Club Member Lesley Siegloff is the current District 23 Area 2 Director, and in this capacity she has helped us keep abreast of current District and International priorities,

while Eronwy as ZI District 23 Area 2 Foundation Ambassador has kept our minds on the importance of the 4 International Service Projects, and the International Scholarships and how our contribution of 1/3 of our fundraising profits make a difference to the lives of women and girls internationally

To all Board Members, many thanks for your guidance, freely given advice, depth of knowledge and for your un-conditional support.

To our members, you are always quick to put up your hands to assist and to work tirelessly to achieve Club goals in Advocacy, Service, and Fundraising – our heartfelt thanks. You epitomise Fellowship, Focus and Respect.

May we go forward into the next year, with a continued focus to “Build a Better World for Women and Girls”.

*Lindy Berketa and Lorraine Omond - Co-Presidents 2022-2024*

## Nominating Committee Report

Members of the Nominating Committee: Jill Welsh, Carolyn Colquhoun, Susan MacDonald and Bernadette Egan.

The committee met in February to discuss the process to consider the Slate of Candidates for the 2023-2024 Board. The current board members and terms are detailed below.

Co - Presidents	Lindy Berketa and Lorraine Omond	2022-2024
Vice President	Eronwy Edwards	2022-2024
Secretary	Julie Hayford	2023-2024
Treasurer	Marcia Hakendorf	2023-2025
Directors	Lesley Siegloff	2022-2024
	Jessica Knight	2022-2024
	Sarah Taylor	2022-2024
	Sharon Vale	2023-2025
	Kathie Guy	2023-2025

A special thank you to Marcia Hakendorf and Julie Hayford for stepping up to the roles of Treasurer and Secretary when these positions suddenly became vacant, and to Kathie Guy for filling a Board vacancy.

*Jill Welsh*

## Service Projects Report

Below are the reports from the leaders of the Adelaide Flinders service projects that were funded last year:

- Breast Cushions
- Sewing Circle
- Food for Thought
- Support for Victims of Domestic Violence
- Birthing Kits





The leads of these projects are committed and hard-working and have achieved much for women locally and overseas (in the case of the Birthing Kit Project).

It is pleasing to note that in 2023 Adelaide Flinders has maintained a strong focus on Service (thankyou to Lindy and Lorraine) with lots of work going on behind the scenes and one meeting devoted to discussion of new possibilities. I am hopeful for the future.

In the future we will need to consider how our projects might enable those we work with, what this might look like and the project designs that might truly contribute to improving the lives of women and girls.

*Heather Smigiel PhD – Service Lead*

## Food for Thought

Unfortunately, after a successful 4 years it was not possible to run the Food For Thought program in 2022. Both Zahra and 19 on Green who had been fantastic partners in previous years, changed managers. I met personally with four new and Acting managers at 19 on Green but could not get enough interest from possible participants to run the program.

However, this year Lindy Berketa has been meeting and negotiating with the new manager at the Zahra Foundation and there is hope that we may be able to work together again.

## Western Services Support Project

### Toiletry Bag Project

The toiletry bags are made using rubber-backed curtain fabric, corded, and filled with basic and essential toiletries. Many members, and some work colleagues of members, have donated toiletries to help reduce the cost of this project.



### Women's Safety Services Western Shelter

In August 2022 the 50 filled toiletry bags which had been held in stock for WSS Western Shelter were delivered.

In January this year, 30 filled toiletry bags were also delivered. Uniting Communities

### Re-Homing Program

On 13 October 2022, 10 filled toiletry bags were delivered to Uniting Communities Re-Homing Program for Aboriginal women.

### Aboriginal family Services Olga Fudge House

Olga Fudge House at Westbourne Park had adequate filled toiletry bags at this time but will call when their stock is low. 10 packs to be delivered on 21 March 2023.

This project ensures that each woman client has her own personal toiletries.

The toiletry bags are much valued by staff and clients, particularly those housed in motel units.

My thanks to members and friends who have willingly donated goods or cash towards this project. Special thanks also to the willing assembly/packing team, who have made many, many trips round trestles loaded with goods. Club members have approved that this project will continue.

### Shoeboxes of Love

Members filled 23 gift boxes with small, personal and useful items which were delivered to Aboriginal Support Services, Olga Fudge House, and also to Uniting Communities Aboriginal women, so that every woman client, both in these shelters, and through their outreach program, receives one Christmas gift.

Thanks to everyone for your great commitment. This project has been approved to continue.

### Emergency Relief Shopping Vouchers

(Stores are chosen on proximity to clients' addresses)

At Western Shelter's request, a greater focus is to allow women clients, unable to access funds or sufficient funds, and the dignity of being able to buy essential clothing or shoes for themselves and their children:

10 vouchers of \$50 each to a value of \$500.00 from Kmart Stores, 10 vouchers of \$50 each to a value of \$500.00 from Big W Stores. Total of Vouchers \$1000.00. This project has been approved by members to continue.

In summing up, Members of the Zonta Club of Adelaide Flinders have made a huge difference to women living in difficult circumstances. Thank you.

*Isobel McFarlane - Western Services Support Coordinator*

### Sewing Circle

'Building resilience of women through sewing and engagement.'

2022 was the second year that the club supported a special sewing circle for women who have support needs after experiencing domestic violence. The first program was run in 2021 using the board room of the Zahra Foundation. In 2022 we used '19 on Green' in Brompton which give us access to space to spread out.

My original idea for this project occurred at the time of our pilot project with Zahra 'Cooking on a Budget'. While working with the women involved, I had a number of discussions with some of the women and asked them if there were other skills that they thought they would like to have that would assist them given their financial limitations. The women were interested in gaining some sewing skills which could help with making alterations to clothes that they purchased from Op shops, making special things for their children including helping them with projects such as designing a costume for their children to wear at Book Week.

The aims of the project.

- To enable women who have suffered from domestic violence and women in need women to build capacity and extend their resilience.
- To expand the knowledge and skills of women to include sewing skills, both machine and hand sewing.
- To enable women who are receiving services through Zahra to engage with one another around a common need.

Some of the unexpected outcomes of the 'Cooking on a Budget' project were that the women participants were able to build relationships of support with one another. This has become evident also with the members of the sew circle both in 2021 and 2022. The women have taken time to talk to each other and have also expressed their appreciation of learning from members of ZCAF and having the opportunity to meet and talk to people they may not otherwise have met.

There are a number of activities that could be undertaken in this project. The women each make their own decision about what they want to learn or do if they already have skills but no resources. We started off by making shopping bags which the women were delighted to take home to show their children.

My thanks go to Isobel McFarlane, Marcia Hakendorf and Lorraine Omond for their assistance with the project.

*Lesley Siegloff PhD Project Lead and Isobel McFarlane - Sewing Circle Team*

## District 23 Projects – Breast Care Cushions



The Zonta Breast Cushion Project provides vital support for women after breast cancer surgery, by the provision of a free breast cushion. The U-shaped satin pillow is worn under the arm with strap over the shoulder, giving physical & emotional comfort whilst sleeping, driving or other daily activities. It enables women to get back some kind of normality a little quicker, and shows we care!

Breast cushions were first produced by the Zonta Club of Botany Bay in the late 1990s. Our club was instrumental in bringing the project to S.A in 2000, and also to District 23 as an ongoing District 23 project (by past District 23 Breast Cushion Project coordinators Pauline Glover then myself). Our club continues to be actively involved by making & supplying direct to our allocated Hospitals- Calvary North Adelaide, Western Community, QEH, Mt Gambier, Cancer Council, and on individual request. And from 2022 also Naracoorte Hospital. The project is actively promoted by the Breast Cancer Network Australia in their “My Journey” booklet, McGrath Foundation & by other breast care nurses.

Most filling in the last year was purchased- as new pillows from Kmart (good quality, cheaper than buying filling packs). Hopefully, past suppliers will again supply us free in the future. Material is purchased on sale at Spotlight- still the cheapest option.

Our cushions are wrapped in bright cellophane & ribbons with an information insert. This wrapping has just doubled in price. Insert printing is still donated free.

Cushions are delivered by me in bulk (10-25 at a time) to hospitals, so they are always available. Mt Gambier & Naracoorte supply is posted.

The Silks craft group stopped making cushions for us in 2022, so members (Kae, Bernadette, Sue Lear and I) made most of our stock in our own time. The annual December workshop at Walford also saw another 100 completed- a great service & education morning for students and Adelaide Flinders members.

I buy and cut all materials to a standard pattern, and provide the cut outs and filling on demand to all sewing helpers- so consider coming on board to sew with friends!

Our project is funded by club fundraising and individual donations from recipients.

My report covers 1/1/22 to 31/12/22 (the reporting cycle to the District 23 coordinator)



COSTS for 2022 = \$ 1426-19 -This includes material \$577, filling \$415, \$254 cello/ribbon, post \$171, cottons/elastics/ pins \$8. Over \$350 was saved by purchasing materials at reduced prices. Costs rose by 40% from 2021, but we have materials in stock for 2023.

Donated in 2022 = 294 cushions. (Western Community 60, Calvary 132 QEH 24, Mt Gambier 61, personal 2, Naracoorte 15)

TOTAL DONATED by Adelaide Flinders SINCE 2000 = 6095 women *helped by our club! Well done!*

*Dr Sarah Cunningham - Breast Cushion Lead*

## District 23 Project – Birthing Kits

Since its inception the Birthing Kit Foundation has distributed over 2.6 million kits in remote areas of more than 30 countries through partner organisations. More than 10,000 traditional birth attendants have been trained.



Adelaide Flinders members held our regular assembly day with Year 11 students at Walford Anglican School as part of their Community Service week activities. 50 students and staff assembled 400 kits in a hive of activity ably guided and assisted by a group of Adelaide Flinders members.

The kits which were funded by club service funds and a generous donation from Walford have now been included in a shipment to partner organisations in Nigeria, Uganda, and DR Congo

Thank you to the Walford students and staff and a special thank you to the club members who supported the assembly day.

## Awards

The Young Women in Public Affairs Award Program (YWPA) established in 1990 by Past International President Leneen Forde recognises young women aged 16-19 years for their demonstrated leadership skills, their commitment to volunteerism and support of Zonta's mission. It encourages their continued participation in public life.

On completion of an application form by candidates and assessment of submissions by individual Zonta clubs, each Zonta district selects a winning candidate whose entry is submitted to Zonta International. Up to 37 International YWPA awards of US\$5,000 each are awarded annually to a very worthy young woman.

Since the program's inception Zonta International has given 1054 awards worth US\$1,303,750 to 882 young women from 60 countries,

Unfortunately, Adelaide Flinders did not receive any submissions for the award this year, hopefully we will revive interest for the coming year.

*Sue Lear - Awards Lead*



## Woman of Inspiration Award



At our handover event in May 2022, it was my pleasure to launch the Zonta Club of Adelaide Flinders “Woman of Inspiration Award” to the Memory of Trish Pickering late wife of our club’s benefactor Wes Pickering. The purpose of the award is to recognise women who personify the spirit of humanitarianism of Zonta. Women who have conquered adversity and as a result of their service are supportive of other and the community is a better place to live.

On that night the club had the pleasure to present two awards to two very inspiring women – As a way of advertising this award the club has produced a logo which has been used on both a banner which announces the award as well as card also advertising the award.

The card was placed on the tables and attendees were encouraged to take a card with them so that they could advertise the award for next year. As well as the logo the banner also includes a lovely picture of a butterfly which was painted by the late Trish Pickering. The logo was designed by my daughter Lorelei Siegloff. After I explained to her about the philosophy of the award likening the women to a phoenix she produced this lovely design

using the Zonta colour palette. Unfortunately Lorelei was not able to be at the award ceremony on the night but had been delighted to have made the contribution to the club’s special award. The award committee for 2022 included Vice President Lindy Berketa, Jill Welsh and myself. The award was presented on the night by Jill Welsh the longest serving member of the club.



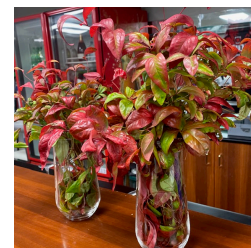
The award went to two outstanding and resilient women mentors on this occasion; Bec Owen captain of the Western Adelaide Women's Football Team and Bianca an amazing woman who, after a very complex and difficult life which included being on the receiving end of domestic violence, today works to support vulnerable women. These two women received a special certificate, financial reward and a badge. I would like to give a special thank you to our benefactor Wes Pickering without whom we would not have been able to make this award. Wes has promised to donate to this special event for years to come and the club is now able to consider giving the award to at least 2 women per year. Thank you Wes, you too are "helping to build a better world for women and girls".



*Lesley Siegloff Immediate Past President 2020-2022*

## Program Report

Members of the committee for 2022/23 included: Lorraine Omond (Co President ZCAF), Di Cooper, Kathie Guy, Susan MacDonald, Claudia Turon, Sharon Vale and Jessica Knight (Chair).



The initial meeting was held on 4 July 2022 at Bad Habits Café. The aims of the committee were outlined, relevant topics and speakers was discussed and agreed a list of potential speakers should be compiled. Initially, the first 2 months, June and July, was covered by the previous committee. This was appreciated as it gave time for the new committee to meld..

Subsequent meetings were held at The Hyde Park Hotel as a more central location for everyone.

A blank calendar was devised, on which to plot events and when and where speakers needed. The plan included Speaker, Topic, Introduction, Vote of Thanks and Gift.

Throughout the year, the Program committee worked in conjunction with Advocacy, Fundraising and Service. Speakers for the year were Emma Georgiardinis and Dorothy Shorne, who spoke about their very varied individual achievements. They gave us an interesting perspective on different generations.





Sri Lanka was chosen as the country to celebrate International Night. Through contacting the Sri Lankan Consul, Dr Charitha Perera, we were able to secure Dr Deepal Lecamwasam as speaker for the night. This proved an entertaining and informative evening, enjoyed by members and guests.



Members chose to have a meeting in January to remember the achievements of Amelia Earhart, also a Zontian. This Committee is continuing to plan for the remainder of the Biennium, commencing with a Speaker from the RAA for the May Dinner.



It was agreed to hold future committee meetings at The Torrens Arms in Mitcham.

*Jessica Knight -Lead 2022-2023*

## Membership. Attendance and Fellowship Report

Members: Jill Welsh (Chairperson), Carolyn Colquhoun (Minutes & Member Records), Marianne Kidd (Fellowship) Sharon Vale (New member Admin) and Isobel McFarlane (Attendance). This year Sherry Proferes joined the committee, and on occasions we welcomed Presidents Lorraine Omond and Lindy Berketa to meetings. This Committee meets bi-monthly to discuss attraction and retention of members, mentoring and fellowship matters.

Membership has remained stable at 29 this year with one member rejoining, one member being inducted in November 2022, one member on leave of absence and two members resigning, one due to work commitments and one to move overseas

with family. However, we are extremely pleased to report that there are 12 Past Presidents of the Club. Their knowledge and commitment is invaluable to the club.

In February 2023 the membership committee together with our co-presidents hosted a new member information afternoon at the home of Lindy Berketa. This comprised information on aspects of Zonta at International, district, area, and club level. New members who attended were Bernadette Egan, Marcia Hakendorf, Julie Hayford, Jenny Hunter, Kathy Guy and Claudia Turon. Kate Gardiner a Prospective Member also attended.

This year service badges were presented to Lorraine Omond (5 years), Melanie Roberts (5 years), Susan MacDonald (20 years), Carolyn Colquhoun (30 years), Margaret Rowland (30 years), Sherry Proferes (30 years) and Cintra Amos (35 years).



The Membership Committee acknowledges that Fellowship is an important role of our club which includes acknowledging member's achievements and wellbeing and as such there has been an increased focus on Fellowship from the Board and Membership Committee in the last few months. As such we continue to send cards, emails and letters of congratulations for outstanding service, best wishes, get well and/or sympathy to Zonta members and the wider community as and when required. During 2022-2023 fellowship has been extended to fifteen people.

For an active and vibrant club, attendance and commitment is vital. This year Club meetings were held face-to-face for all our meetings due to COVID-19 regulations being rescinded. We would like to congratulate and recognise the following members who have achieved outstanding meeting attendance.

- Jill Welsh, Isobel McFarlane, Bernadette Egan, Jessica Knight and Marianne Kidd attended every meeting.
- Lindy Berketa and Kae Martin missed one meeting and
- Lorraine Omond, Cintra Amos, Carolyn Colquhoun, Eronwy Edwards and Julie Hayford missed two meetings.
- Kathy Guy, Sue MacDonald and Sherry Proferes missed three meetings.

Zonta Club of Adelaide Flinders Inc. Members achieved excellent attendance throughout the year. Membership is an important function of the Club and it is the responsibility of all members to seek out potential members and invite them to our meetings. It is pleasing that two prospective members will be inducted in May 2023. With increased membership so too will our Service, Advocacy and Fundraising endeavours.

*Jill Welsh - Membership Lead*

## XYZ Report. - Extend Your Zonta

Some years ago our Club began a series of XYZ events (eXtend Your Zonta) whereby members could come together outside of Club activities and meetings – just to enjoy each other's company and get to know each other better.

Any member could propose an event, of any type, and we found that the shared fun and fellowship strengthened our bonds and it was evident when we came together to work on fundraising, service and advocacy programs that we were more in accord and comfortable working together as a team.

Often, if logistics permitted, we were able to invite guests or members of other clubs, thus strengthening our Zonta network even more.



However, with the challenges of recent times, these have been rare. So we decided to start 2023 on a positive note and held an XYZ event at Blue Illusion in Norwood in February. It was a free event and members were encouraged to bring a guest. The response was excellent and we had a full house!

We gathered together and Blue Illusion served yummy nibbles and bubbles. Next came a fashion parade, featuring our own models Susan MacDonald and Julie Hayford, who did a splendid job modelling many gorgeous outfits which were greatly admired.



It was then time to shop! As it was after hours, we had the shop to ourselves and the three assistants were kept very busy in and out of the fitting rooms and we accumulated many purchases. Although it was not a fundraiser, Blue Illusion very generously donated 7% of the whole day's takings to our Club, which was a bonus, and we truly appreciated their efforts,

It was indeed a very congenial evening of fun and fellowship, and feedback assured us that the relaxed mingling of members and guests made it a very successful outcome. Already thinking about our next XYZ – all suggestions welcome.

*Cintra Amos, Susan MacDonald, Carolyn Colquhoun. Jill Welsh*

## Communications, Media and PR Report

*Committee*, Eronwy Edwards (Website, Facebook, Photography and Presentations,) supported by Cintra Amos (Facebook) and Sarah Taylor (Instagram) and the Newsletter team of Kae Martin (Editor) Kathie Guy, Bernadette Egan, Jenny Hunter.

During the past 12 months the club has maintained its presence in a conscious manner through the use of a range of print and social media within and beyond the club.



Photos from club meetings, member inductions and guest speakers were shared promptly on the club Facebook Page, where they attracted positive responses. Cintra Amos ensured that a steady flow of posts related to wider Zonta and Advocacy topics. Cintra also ensured that members and our wider list of Friends of Zonta were informed of upcoming events and special days.

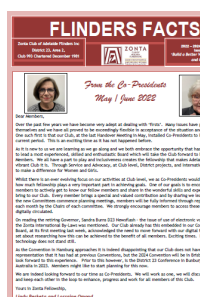
Our Facebook page has 718 followers, and according to the site, this is on par with similar organisations. 97% of followers are women, 3% men with 82% in the 45 years and over demographic. Fans are predominantly from Australia with the next largest group of over 150 from USA, with others from a wide range of countries including Germany, France, Canada, Italy and The Philippines.

Being mindful of the need to attract a younger demographic, Sarah Taylor set up a club Instagram page, where she has been posting for the club.

The web page has been updated and during the year we changed the web hosting to a more competitive, Australian host. We also secured the domain name of ZontaClub.AdelaideFlinders.au.

I produced power point and video presentations for Movie Night, featuring our sponsors along with achievements and activities for International Night, and general club use. A highlight was the presentation album for our Woman of Inspiration Award with one of the two copies presented to Wes Pickering who funds the award.

We set up a new club YouTube Channel to provide a platform for our club's entry in the Zonta International 2021 Elevator Pitch competition. This also holds the mpg from our 20022-film night.



Bread and butter business has been updating the club logos and tag line in accordance with the New ZI branding and updating our club's member image release form.

Newsletter: In 2022 a new Flinders Facts editorial team was established consisting of Kae Martin, Bernadette Egan, Jennifer Hunter and Kathie Guy. We would like to say thank you the Lesley Siegloff for assisting us with our first edition. To date we have published 5 editions (bi-monthly) and are very grateful to our members who provide the valuable information to populate the newsletter.

Our newsletter certainly provides and very good overview of the strategic directions for our club; service initiatives and how they are progressing and the opportunities that members have for fellowship.

*Eronwy Edwards – Lead*



## Fundraising Report

This year's fundraising was underpinned by our annual movie evening, an event looked forward to by all the members, friends and family, and other Zonta Clubs.



A few new approaches to our process helped us to achieve strong returns.



We realised we had equity in our audience and decided to approach local business for sponsorship opportunities.

This culminated in a Gold Sponsor paying \$1000, a Silver Sponsor paying \$500 and two Bronze Sponsors paying \$250. In return we marketed their business via our social media outlets and a visual presentation on the evening in front of the captive audience.



Sarah Taylor  
INTERIOR DESIGN & DECORATION



We also offered TRYBOOKING as an alternative ticket purchasing method which opened the opportunity to others not associated with a Zonta Member.

In addition to this we continued our focus on quality raffle prizes and the profit for the evening was approximately \$10K.

This in addition to The Garage Sale and our XYZ events allowed the funding to remain healthy for the next 12 months projects.

Moving forward the focus continues to be on return on investment, e.g., making our members focus on one key money-raising event so their own energy and resources don't get used up.

Fellowship activities with the opportunity to raise small amounts over the year with little effort to arrange are also planned.

*Sarah Taylor - Lead*

## Advocacy Report

This year the club was again very active in its engagement with Advocacy initiatives. There have been a number of occasions where we worked with others to support initiatives especially during the 16 Days of Activism. We were pleased to be able to work with other Zonta Clubs through the Area 2 Advocacy network and have further enhanced our role in the community through

- the club membership with the National Council of Women SA and
- engaging through our membership of Western Collaborative Against Family and Domestic Abuse (WCAFDA) to support the goals and initiatives: Engage in Advocacy activities to improve the status of Women.
- 16 Days of Activism projects working as members of the National Council of Women – SA and WCAFDA
- Membership on the Area 2 Network – Attendance at workshops run through the Area 2 Network in consultation with the Combined Presidents and
- Light Up Adelaide: Area 2 clubs including the Zonta Club of Adelaide Flinders were involved in lighting up Adelaide buildings in orange during the 16 Days of Activism - 25th November to 10th December. On the occasion of Lighting up the Stadium and Footbridge over the Torrens some of our members joined me and members of the NCW-SA and the president of the NCW-SA Fiona Dorman, her young sons and other members of the executive of the NCW-SA as well as a number of Zontians from various clubs, near the Stadium stairs to watch the orange lights come on over the stadium and on the footbridge.
- Clothesline Project: –This year the Zonta Club of Adelaide Flinders again partnered with the West Adelaide Football Club (WAFC) to hold a special t-shirt painting workshop at the club as part of the 16 days of Activism Project. It was a wonderful event to be part of with our goal to influence sports people to be aware of and call out abuse of any kind. The CEO of the WAFC, Conny Wilson and Sondra McGinley, Functions Coordinator of WAFC brought together a great team from the club to



assist on the evening of the event. They helped set up the room by hanging clothesline cord around the restaurant, assisted with hanging the T-Shirts and as a special treat supplied the participants with pies and pasties. Besides the staff of WAFC and members of the Zonta Club of Adelaide Flinders, Lindy, Kae, Jenny, Kathy, Di, Cintra, Eronwy, Julie and myself there were 5 senior male football team members and 10 female senior football team members in attendance. We also had a short visit from Pam Fletcher, President of Zonta Club Para Districts Area. It was

great to share our event with her. The event commenced with an introduction to the work of Zonta after which I introduced Derrick McManus our special guest speaker who gave a wonderful presentation about the history of the changing attitudes of domestic and family violence, he experienced in his time on the Police Force and the various issues of abuse and outcomes of domestic and family violence.



Derrick engaged with the participants of the event to share important knowledge and information, opening up ideas for consideration of the continuing issues in our community. Following the talk by Derrick, the participants commenced painting their ideas on the t-shirts. There was a great hum in the air as everyone chatted and shared their ideas with the result being a wonderful display of T-shirts hanging in the WAFC Restaurant. Our thanks go to Conny and Sondra and the staff of the WAFC for the wonderful way you have supported our partnership for this event. In addition, special thanks to our members who participated on the night and supported and engaged with the footballers to produce great ideas for the t-shirt slogans.

*Lesley Siegloff –Club Advocacy Lead*

## Financial Report 2022-2023

### 2022-23 FINANCIAL STATEMENT

#### Club Account

Statement of Income and Expenditure from 1<sup>st</sup> April 2022 to 31<sup>st</sup> March 2023

Balance of Account as at 1<sup>st</sup> April 2022 **\$ 7089.23**

Balance of Account as at 31<sup>st</sup> March 2023 **\$10676.81**

#### Income

Membership Dues \$7680.00

Dinner Meeting Meals \$9059.00

Raffles, Coin Purses \$ 680.35

Club \$3021.73

Area 2 funds held \$3186.84

**TOTAL INCOME \$23627.92**

#### Expenditure

Membership Fees Paid \$5007.34

Dinner Meeting Costs \$9529.96

Club Expenses \$3933.11

Presidents Honorarium \$ 200.00

Fellowship \$ 157.90

Area 2 \$1438.93

**TOTAL EXPENDITURE \$20145.00**



## 2022-23 FINANCIAL STATEMENT

### Service Account

Statement of Income and Expenditure from 1<sup>st</sup> April 2022 to 31<sup>st</sup> March 2023

Balance of account as at 1<sup>st</sup> April 2022 **\$11281.13**

Balance of account as at 31<sup>st</sup> March 2023 **\$18394.00**

### Income

Fundraising **\$16556.38**

Sausage Sizzle \$ 919.60

Movie Night (2022) \$14725.28

Entertainment Books \$ 104.00

Cookbooks \$ 12.00

Garage Sale \$ 795.00

Donations \$ 1255.00

WOI Awards \$ 2500.00

**TOTAL INCOME \$21416.30**

### Expenditure

Fundraising \$ 4802.58

Movie Night (2017) \$4721.58

Garage Sale \$ 81.00

1/3 fundraising to ZI \$ 4490.00

Service Projects \$ 4681.65

Birthing Kit Foundation \$ 2000.00

Breast Cushion Expenses \$ 1426.19

WWDV Vouchers \$ 1000.00

Sewing Circle \$ 5.50

Clothesline Project \$ 429.96

WOI Awards \$ 1104.85

Handover Dinner \$ 935.00

Other \$ 70.00

**TOTAL EXPENDITURE \$16240.08**

## 2022-23 FINANCIAL STATEMENT

### Woman of Inspiration Account

Statement of Income and Expenditure from 1<sup>st</sup> April 2022 to 31<sup>st</sup> March 2023

Balance of Account as at 1 <sup>st</sup> April 2022	<b>\$ 11760.63</b>
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Balance of Account as at 31 <sup>st</sup> March 2023	<b>\$ 9511.24</b>
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#### Income

Bank Interest	\$ 49.38
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WOI Annual Deposit	\$2500.00
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Cash Deposit	\$ 26.30
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<b>TOTAL INCOME</b>	<b>\$2575.68</b>
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#### Expenditure

Transfer to Service Account	\$1760.72
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Printing	\$ 452.35
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Award Prizes	\$2000.00
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WOI Dinner Expense	\$ 612.00
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<b>TOTAL EXPENDITURE</b>	<b>\$4825.07</b>
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Notes: Lisa Mulvaney started the year as Club Treasurer. Unfortunately she moved to Canada in November. I took over the role of Acting Treasurer while we recruited a replacement. We thank Marcia Hakendorf for volunteering to become Club Treasurer as of the Mid Biennium (June 2023). Many thanks to all those members who assisted me in this challenging time.

*Lindy Berketa - Acting Treasurer 2022-23*

## Archives Report – 2022-2023

The archives and history of our club are well recorded. Minutes of all board meetings, dinner meetings and annual general meetings are kept together with annual reports and monthly newsletters. All these documents are now kept electronically. Our Club Newsletter and Annual Report document our service projects and fundraisers with relevant photos when they have been taken. The club records retained date back to our Charter and are now kept at the home of Carolyn Colquhoun.

In December 2021 our Club celebrated its 40th Birthday. A PowerPoint presentation was produced by Eronwy Edwards. This presentation showed where we have come as a Club and where we are now. Records of all the above files for the first 20 years at least were printed on old Gestetner and copy machines and were bound and are kept in large plastic containers, however files for the last 20 years are now kept electronically on one mini-USB stick.

The 65<sup>th</sup> Zonta International convention in 2022 was to be held in Hamburg Germany. As this report is for the Archives, I believe it should be mentioned that COVID19, especially new strains, were still very much with us. Also with the Russian invasion of Ukraine taking place, our members cancelled their plans to travel to Hamburg for the 2022 convention.

The 66th Zonta International Convention in 2024 will be held in Brisbane, Australia so hopefully we can look forward with D23 to welcoming many Zontians down under.

Our “Club History in Brief” is included below in this Annual Report.

### A Brief History of Zonta Club Adelaide Flinders 1981 –



The Zonta Club of Adelaide Flinders was chartered on 2 December 1981, with the support of the late Dr Heide Taylor from the Zonta Club of Adelaide. In December 2021 we celebrated our 40<sup>th</sup> birthday at a luncheon which celebrated the many years of service given to the community by the club. It was wonderful to see many past members including our past honorary member Ms Liz Scare and her husband as well as our Charter President Esme Proudman. Esme and the current president Lesley Siegloff join hands over a large knife to cut the cake.

At that time we were part of District 16, which covered all of Australia and New Zealand. The District was split into two at the Auckland Conference in 1989 with New Zealand remaining as District 16. Australia then became District 23 – later separating into Districts 22, 23 and 24.

Within our District, which covers WA, SA, NT, Vic, Tas, we are one of 12 clubs in Area 2, which covers South Australia and Northern Territory.

Our Charter was presented by Mrs Leneen Ford who was at that time the District 16 Governor, at the newly-opened Hilton Hotel in Adelaide on 26<sup>th</sup> November 1982. The club had 35 Charter members. Charter President: Esme Proudman, First Vice President: Paddi Lowry, Second Vice Chairman: Trudy Pohl, Treasurer: Liz Versteeg, and Secretary: Barbara Gepp

**Meetings:** Held on the 3rd Wednesday of each month. Meetings began at The Public Schools Club, and then moved to Ayers House for over 20 years, and then in 2010 we moved back to our original home, the Public Schools Club. In 2019 we moved to our current location of the West Adelaide Football Club. This year there were a number of constraints to holding face to face meetings especially Board meetings so Board meetings were generally held via Zoom. Unfortunately because of restrictions placed on us by government related to the Covid 19 pandemic we were unable to run our Amelia Earhart fundraising meeting in January, as a result the club decided to make a donation to the Foundation.



**Club Board and Committees:** For most of its history the Club Board has comprised: President, Vice President, Treasurer, Secretary and four or five Directors. Whilst it is preferable for Directors to chair a committee, this is not always possible.

**Past Presidents:** Charter President Esme Proudman (1981-1984), Jill Welsh (1984-1986), Gwenda Cunningham (1986-1988), Elizabeth Smith (deceased) (1988-1990), Shirley Stagg (1990-1992), Dr Sarah Cunningham (1992-1994), Marjorie Smith (deceased) OAM (1994- 1996), Patricia Russell (deceased) (1996-1998), Fay Leditschke (1998-2000), Heather Sutton (2000-2002), Dr Pauline Glover (2002-2004), Isobel McFarlane (2004-2006) Cintra Amos (2006-2008), Carolyn Colquhoun (2008-2010); Jodi Knoop (2010-2012), Anne Miller (2012-2014), Sue Lear (2014-2016), Eronwy Edwards (2016-2018), Dr Heather Smigiel (2018-2020) and Dr Lesley Siegloff (2020-2022).

Our Club has had two Honorary Members – Jennifer Cashmore MP and Ms Liz Scarce, wife of former SA Governor, Rear Admiral Mr Kevin Scarce.

**Membership:** Membership peaked at 48 in 1991 and fell as low as 18 in 2001. Numbers remain steady between 20 and 30 for some years; however we are now 30 members. Length of service is valued and rewarded with Club service badges being given for every 5 years of service. We are fortunate to have a wealth of knowledge within our club with half of the membership having over 20years, service and no less than 10 Past Presidents among our membership.

Fellowship is encouraged and is an integral part of our Club and members are congratulated for special occasions and supported whenever the need arises.

**Advocacy Projects:** Advocacy is an increasing priority for Zonta and we are active within our Combined Area Advocacy Committee. We support ACSO (Assoc. of Community Service Organisations SA) and are an active member of The National Council of Women - SA. A member of our club has been on the Adelaide White Ribbon Breakfast Committee since inception in 2008 and is now a member of the new White Ribbon Australia SA Committee. This year we became more engaged with our local Western Community joining the West Adelaide Domestic Violence Consortium which has representation from the West Torrens Council, Charles Sturt Council and the Port Adelaide, Enfield Council and organisations such as, Uniting care, Relationships Australia –SA and Zahra.

**Service Projects:** Service projects have addressed the Zonta priorities of health, education and economic self- sufficiency of women and girls.

In 2022 we strongly support the “Zonta Says No!” Campaign to “Stop Violence against Women”. We currently support women’s shelters with toiletry bags, and our Shoe Boxes of Love project. In the past we have supported a girls’ vocational orphanage and learning centre in Cambodia, indigenous and migrant projects, scholarships for young women undertaking study or internships, and also the production of a video to provide information and treatment options to women diagnosed with breast cancer, which was translated into several languages, We have recently partnered with the Girl Guides Association and the Zahra Foundation to offer programs to support women and girls. Our club was one of only 2 within our district to win a grant from Zonta International to support a project whereby we partnered with another organisation, this was the beginning of our association with the Zahra Foundation, and the “Food for Thought” project began. The Zonta Rug Project which began in 2005 was a very successful hands-on project involving not only Zontians but the wider community and while this project is no longer a club project, many club members still participate and offer their service. We are active with all grant applications when they are offered and we have been successful on occasions. In recent years we have also been fortunate to receive two very generous donations from Mr. Wes Pickering in memory of his late wife Trish who died 10 years ago from Breast Cancer. Having received a Breast cushion just following her original surgery both Trish and Wes were very grateful and became interested in Zonta’s work and philosophy. The funds donated will be used over the next few years to award 2 women per annum who have been an inspiration in supporting their community.

**Fundraising Activities:** The Club's major fundraiser, an annual movie night has been held for over 30 years. Other successful fundraisers include “A Taste of Zonta” recipe book which included contributions from members and celebrities Over the years, we have held numerous social fundraising dinners, lunches, fashion parades, art exhibitions, and high teas to name a few. In recent times a regular sausage sizzle has been added to our fundraising activities and something new, a garage sale. Members are continually thinking of ways in which to boost funds, both for Club and Service use. The Zonta Challenge and loose change purses to name two. An outcome of one of our successful service projects which was funded through the ZI Centenary Grants “Food

for Thought” was the production of a special recipe book. The books 2<sup>nd</sup> edition has been offered for sales at many events, the funds raised since printing costs have been recovered are included in our fundraising outcomes.

**Area Activities:** The Club has been represented at all Area Workshops since Charter and hosted many of these, and club members have served terms as Area 2 Director. The club will host the Area 2 Workshop in May this year as we see out this biennium.

**District Involvement:** The Club has always been well represented at District Conferences and has been represented on the District 23 Board with Margaret Rowland serving as Governor, Lt Governor and Area Director 1994-2000. Cintra Amos served as Area 2 Director and Lt. Governor 2008- 2012. Carolyn Colquhoun served as D23 Treasurer 2010-2012. Cintra Amos was the chair of the 2015 District 23 Conference Committee. and was District Service Chair (2016-2018). Sue Lear was District Chair of Young Women in Public Affairs (2016-2018), and Margaret Rowland was appointed Chair of the District 23 Centenary Anniversary Celebration Committee (2018-2020). Past President Eronwy Edwards served on the District Board as Area 2 Director (2018-2020) and was D23 Foundation Ambassador (202-2022).

Past members: Dr Pauline Glover served as Area 2 Director and Lt Governor 2004-2008 and chaired the District Advocacy Committee 2010-2014, and Anne Miller served as Vice Area 2 Director (2014- 2016).

**District Projects:** The Club has strongly supported all District 23 projects including Breast Cushions which are made and offered to all women in hospitals undergoing breast surgery, and Birthing Kits which are packed and sent to third world countries so that women can have clean birthing conditions.

**International Activities:** The Club has been represented at most International Conventions since Charter, with no less than 7 club members attending the Japan Convention in June 2018. Due to the COVID-19 pandemic and the airlines being grounded, the Zonta International Convention in 2020 which was to be held in Chicago, was cancelled. This year 2022 the convention is to be held in Hamburg, Germany, however due to Russia invading Ukraine our members cancelled their plans to travel to Europe. In 2024 Brisbane, Australia is to host the Convention and we look forward with D23 to welcoming Zontians down under.

**Zonta International Foundation for Women:** Each year the Club contributes 1/3 of funds raised to the Zonta International Foundation. Some members make individual donations, and the Club makes donations in the name of members on special occasions.

*Carolyn Colquhoun – Club Historian and Archivist*

## Objects of Zonta International

- To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.
- To work for the advancement of understanding, goodwill and peace through a world fellowship of executives in business and the professions.
- To promote justice and universal respect for human rights and fundamental freedoms
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations and the world.

## The Zonta Thanks

Wherever your country of birth whatever your faith or creed  
give thanks for the meal we share today in Zonta Fellowship.

But remember, too those who have no food today; not with guilt  
that we have so much, but with hope that, through Zonta service,  
they too may come to share the same in peace and harmony.

