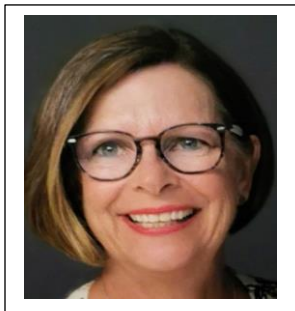


FLINDERS FACTS

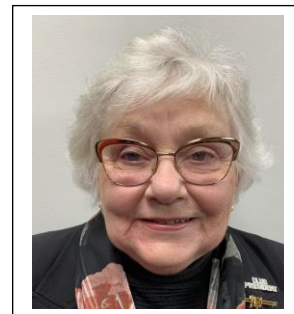
Zonta Club of Adelaide Flinders Inc
District 23, Area 2,
Club 993 Chartered December 1981



2022 - 2024 Biennium
Issue 6
March - May 2023



*From the Co-Presidents
March | May 2023*



Fellow Zontians,

How many times have you heard the question **'What is Zonta?'** A question which is forefront as we sit to write our report covering the last three months.

It is amazing when we find ourselves just going along at a nice even pace, suddenly life escalates to the busiest time ever with lots of activities since our last issue.

In March, our Membership Committee hosted an afternoon tea for members who had joined over the past year. A very convivial afternoon, where members were able to revisit Zonta International, our Zonta Club of Adelaide Flinders and have time to seek clarifications and further information on a range of Zonta related issues. It was a wonderful time, which will now become a new fixture in our biennium terms. During our monthly dinner meeting, members watched a video of President Ute Scholz speaking of her recent trip to India supporting the Zonta Project of 'ending child marriage'. Members were able to see, firsthand, how our local fundraising contribution to Zonta International was being used to assist this 2022-2024 project. We intend to share more of these presentations as it is vital to remember we are a part of an International organisation.

Your Co-Presidents had their first experience of compiling an Annual Report this year. Our leads provided the overview of the work their committees had done for the last year, financial reports were submitted, and our Archivist updated the history, and together with our report, the 2023 Annual Report was produced. To say that this was a learning curve would be an understatement, but this Club has many members with an array of talents who freely share when needed. The final document was accepted at our Annual General Meeting in April. Many thanks, especially to our intrepid Vice President Eronwy Edwards for freely sharing her IT expertise!

May, was again a busy month culminating in the very well attended **Mid Biennium Meeting** held at the West Adelaide Football Club on 17th May. Many Zontians, their families and friends, together with members from several other Zonta Clubs, saw the presentation of our **Women of Inspiration Awards** by our benefactor, Mr Wes Pickering. Congratulations to the outstanding recipients, Barbara Spriggs, Rosemary McKay and Emma Georgiadis who are most worthy recipients of the award which honour women who inspire us. We also celebrated Sue Lear who received the Birthing Kit Champion Award, and a number of members received their **Service Awards**, ranging from 5 years to 40 years. As you will read later, our member Jill Welsh achieved 40 years continued service to Adelaide Flinders Club.

Cont:

A big welcome to our **two new Directors, Sharon Vale and Kathie Guy** together with **Marcia Hakendorf** who is now our Treasurer; we look forward to welcoming them at our next Board Meeting in June.

We attended a variety of different meetings representing our Club - the very successful **International Women's Day Breakfast**, addressed by US Ambassador to Australia, Caroline Kennedy. The Breakfast is recognised as the largest celebration of International Women's Day in the Southern Hemisphere and drew a crowd of over 2,800 participants. Another celebration for International Women's Day was held at the Town Hall with guest speaker Kate Hannaford who was also a very informative speaker.

On an Area level, we have had two Area 2 Presidents Zoom meetings. It cannot be emphasised how much fellowship, advocacy, sharing and ideas we receive from these meetings. A key activity is our Advocacy Forum '**A Roof over my Head - Actions not Words**' which will be held at the Payneham Civic Centre - 29th July between 1 - 4 pm (refer to Save the Date section for QR Code to register for the event).

We would also like to congratulate our member Dr Sarah Cunningham, who has agreed to become the Area 2, Breast Cushion Coordinator. By taking up this position, Sarah is hoping to streamline the delivery of Clubs breast care cushions to ensure hospitals which are experiencing increased demand have timely access.

Ten of our members attended the **District 23, Area 2 Workshop** at Blackwood Uniting Hall on Saturday 6th May. There were two very entertaining and informative speakers, Dr Fariba Behnia-Willison speaking about her work with FMG and the Desert Flower Foundation together with a most energetic Dr Sarah Moulds, a senior lecturer in Law at the University of South Australia. Congratulations to Area 2 facilitators Lesley Siegloff and Julie Halifax and the Host Club of Adelaide Hills for a most informative and inspirational day.

We are already planning for the **16 Days of Activism** in November, and we intend to make this years events even more widespread visible and effective in order to build a better world for Women and Girls. Sharing of ideas and information is truly invaluable. The information sheet received on how to make our 'Orange Ladies' will really assist us - even down to the orange paint we can use!

Another group of members from our Club attended the Mt Barker Club's Film night on Sunday 20th May. We certainly enjoyed the warm hospitality from this club as they held this fundraiser to support their numerous service projects.

In closing, planning for the 17th Biennial Conference in Bunbury is continuing and information will be coming out in early June. Attending the conference is an enriching experience and you are encouraged to join the growing band from the Adelaide Flinders group that will be traversing the Nullarbor (by plane) to Bunbury.

In addition, don't forget about the fantastic opportunity for members to attend the International Convention in 2024 which is being held in Brisbane - apparently some Members have already booked their accommodation!

Now, can we reflect on our opening question? What is Zonta? Perhaps we all need to take time to think about how you as a member of the Zonta Adelaide Flinders, a member of Zonta International, would answer.

Stay warm, safe and happy,

In Zonta Fellowship,

Lindy Berketa and Lorraine Omond

Co-Presidents 2022-2024

Zonta Club of Adelaide Flinders Inc.





Zonta International District 23 Area 2 Workshop:

As outlined in Co-Presidents report, ten members attended the workshop on 6th May which was hosted by the Club of Adelaide Hills.

The workshop provided the opportunity for fellowship and sharing of information and all who attended enjoyed the day.



We had the opportunity to hear from two very dynamic speakers who were both inspirational to listen to. The following summation on their achievements is provided:

	<p>Dr Fariba Behnia-Willison obtained her medical degree in Germany, undertook her training in Obstetrics and Gynaecology in Sydney and completed her Masters Degree in Minimally Invasive Surgery (MIS) at the University Of Adelaide.</p> <p>She is Founder of FBW Gynaecology Plus in Adelaide, providing a women - centred approach to care, supported by a team of dedicated and skilled medical professionals. Her understanding approach during consultations, encourages women to feel comfortable discussing their health concerns.</p> <p>Dr Behnia-Willison is also founder of Desert Flower Australia, which supports victims of Female Genital Mutilation (FGM). Her innate passion is not only treating women but also working towards a quality of life and empowerment.</p>
<p>Dr Sarah Moulds holds a Masters of Comparative Law, Bachelor of Law (Hons) and Bachelor of International Studies. In 2019, Dr Mould's PhD Thesis was awarded a University of Adelaide Doctoral Research Medal.</p> <p>She is currently a senior lecturer at the University of South Australia, editor of the Australian Parliamentary Review and co-founder and director of the Rights Resource Network SA. She is passionate about parliaments and connecting citizens and communities with law makers.</p> <p>Dr Moulds is actively engaged in local, national and international conversations about the role parliaments can and should play in holding governments to account and how communities and parliaments can work together to plan for a better future. She has teaching and research interests in the area of public law, human rights, parliamentary process, administrative law and anti-discrimination law. Her strong law reform focus includes seven years at the Law Council of Australia including as Director of Criminal Law and Human Rights.</p>	

Adelaide Flinders Inc Mid Biennium Meeting Dinner:

On the 17th May 2023, our Co-Presidents welcomed 60 guests which included families and friends and several members from other Clubs to help celebrate our Clubs achievements over the last year.

An integral part of our celebration was the recognition and presentation of our **Women of Inspiration Awards** by our benefactor Mr Wes Pickering. We were extremely proud to be able to acknowledge the three amazing women; Rosemary McKay, Emma Georgiadis and Barbara Spriggs (unfortunately was not able to attend the evening).



Rosemary McKay:



Emma Georgiadis:



Barbara Spriggs (absent):



Since retiring in 2007, Rosemary has devoted her time generously to a wide range of community and social justice causes. Most notably has been her commitments for the past 15 years for the Homeless founded by her close friend and mentor Sister Janet Mead.

Rosemary has worked tirelessly as President of the Australian East Timor Friendship Association, SA and the Australian West Papua Association (SA) raising awareness of the injustices suffered by our near neighbours.

Rosemary’s love for her Scottish homeland is legendary! She is currently Vice President of the Scottish Association of SA and contributed hugely to the success of bringing the oldest Clipper Ship in the World ‘City of Adelaide’ back to Adelaide in 2013.

Emma has worked in the media industry for over 15 years. She attained a Bachelor of Media and Bachelor of Law, and is involved in leadership and governance, and freelancing as a voice over artist and presenter. She has combined her passions for communication, education, social wellbeing and leadership through the development of her podcast “Empowerhouse” that won Gold at the Australian Podcast Awards, and she was featured in The Advertiser’s “SA’s Rising Stars of 2022”.

Emma also facilitates wellbeing programs for “Enlighten Education” empowering and motivating young women to become fearless and build confidence, resilience and self-love.

Unfortunately, Barbara could not be present for her presentation, so her nominator Sharon Vale accepted it on her behalf.

Barbara thinks of herself as an ordinary person, loath to make a fuss, more comfortable handing out compliments than criticisms. However, her commitment to make the aged care system accountable given the care of her late husband in an Adelaide facility resulted in significant changes in the aged care sector.

There has been the establishment of the independent Aged Care Quality and Safety Commission, an ICAC investigation and ultimately a Royal Commission into aged care which has led to the significant reform of aged care.

Cont:

A key part of our **Mid Biennium Meeting** is the recognition of the significant contribution our members make towards our Club and in particular to our service projects. As outlined in our Co-Presidents report, Sue Lear was recognised for her leadership and received the Birthing Kit Champion Award; Sarah Cunningham has agreed to become the Area 2, Breast Cushion Coordinator and a number of members received their Service Awards ranging from 5 years to 40 years.

Penny Hepworth	5 years
Lesley Sieglhoff	15 years
Carolyn Palmer	15 years
Isobel McFarlane	25 years
Jill Welsh	40 years

Special recognition to Jill Welsh:



Jill joined Zonta Club of Adelaide Flinders in 1983, just 2 years after Charter and was President from 1984-86. During this time, she won 3 international awards.

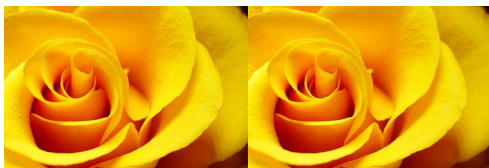
Jill has also held the positions of Vice President, Board member, Chair of Nominating committee many times and has been on the membership committee for over 15 years.

Jill has almost singlehandedly maintained our consistently high numbers of members over the years. Jill is best known for her hugely successful movie nights over a period of 38 years and raised well over \$100,000.00 for our Service Projects, both locally and internationally.

Jill has given 40 years of continuous and enthusiastic service to ZCAF and is highly regarded for the many skills she has brought to our club. We all wish to thank her sincerely for her devotion to and love of ZCAF. Jill epitomises the true spirit of Zonta!

New Directors:

A big welcome to our **two new Directors, Sharon Vale and Kathie Guy** together with **Marcia Hakendorf** who is now our Treasurer; we look forward to welcoming them at our next Board Meeting in June.



The Board has approved and supported five Service Projects for 2023 which include:

- Sewing Circle - Lead: Lesley Seigloff
- Breast Cushions - Lead: Sarah Cunningham
- Toiletry Packs - Lead: Isobel McFarlane
- Birthing Kits - Lead: Sue Lear
- Food for Thought - Lead: to be advised

Sewing Circle:

The Sewing Circle project is reviewing the opportunities to enhance membership and support and further discussions will be held later in the year.

Breast Cushions:

Our commitment to supporting key Breast Care Nurses in both metropolitan and rural locations in the provision of breast care cushions will continue as a priority. A ‘sewing and stuffing’ day was recently held at Kae’s House and our thanks go to Lindy and Bernadette for making a further 25 breast care cushions.

Toiletry Packs:

A big thank to our Members who donated products to support the completion of toiletry packs and xmas boxes that were distributed to the Western Shelter for Women and to Olga Fudge House last year.

As a reminder it would be very valuable if Members continue to provide donations of goods at our monthly meetings to support the ongoing stock that is required for the toiletry bags. The type of goods required are:

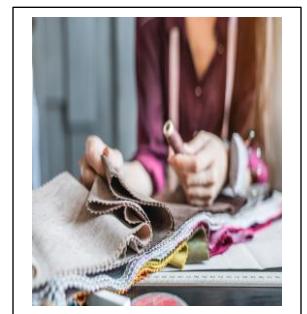
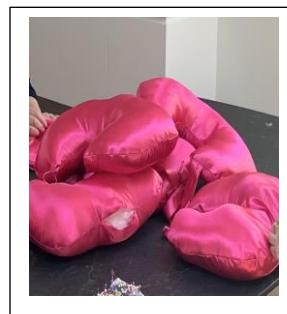
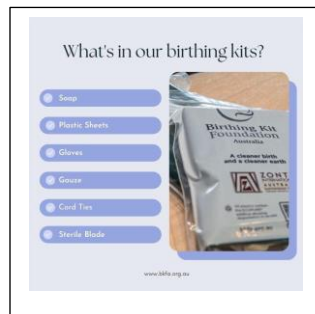
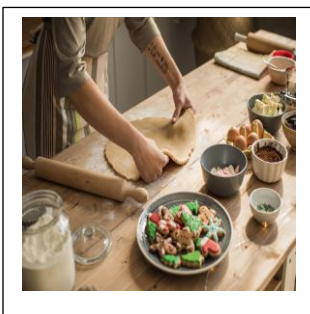
Deodorant’s : 70	Hair ties: 300	Razor : 90
Facewashers : 60	Shampoo : 65	Emery boards : 60
Hair brush : 75	Conditioner : 65	Soap : 100
Soap box cont. : 30	Tissues : 100	Toothbrushes : 100
Toothbrush holders : 30	Toothpaste : 20	

Birthing Kits:

Further information will be provided to members as soon as possible.

Food for Thought:

The Food for Thought project is reviewing the opportunities to enhance membership and support and further discussions will be held later in the year



Members out and About:

Since our last Newsletter, Members have been 'out and about' representing Adelaide Flinders and the sharing the fellowship and friendship with some amazing women.

International Women's Day:



Several members had the privilege to attend this event to witness the address by US Ambassador to Australia, Caroline Kennedy. The Breakfast is recognised as the largest celebration of International Women's Day in the Southern Hemisphere and drew a crowd of over 2,800 participants.

16th 'RUGS WITH LOVE EXHIBITION':

On 20th May 2023 the amazing exhibition of over 200 rugs knitted with **love** was on display at the Church of the Good Shepherd.

The display was visited by the Hon Katrine Hildyard MP, Minister for Child Protection and Minister for Women and the Prevention of Domestic and Family Violence who met with Pauline Glover (Coordinator) and some key members from our club.

The rugs will be provided to children in State Care under the Minister and will be distributed to rural and metropolitan locations.



Members attended the Mt Barker Clubs Movie Night

Can you knit?

How about knitting some squares - can be any shape, out of any type and colour of wool and you can use any type of stitch.

You can buy these balls of wool at Spotlight for about \$2.00/ball.

The Rugs for Love Team will sew the Squares together to make a rug that can be provided to a child in need.

Please provide any squares to Sue Lear or Carolyn Colquhoun



Save the Dates

Advocacy:



A Roof over my Head: Actions not Words

29 July 2023: Area 2 Advocacy Forum

Location: Payneham Library Meeting Room

Time: 1.00pm to 4.00pm

Gold Coin donation - includes afternoon tea

Book on Try Booking - scan QR Code



SAVE THE DATES: Zonta Conferences:

Gathering with Zontians outside our club is a valuable opportunity to expand your Zonta network, your Zonta knowledge and have the opportunity to interact and socialise with likeminded women. As well as our own Area 2 Workshops, we have the opportunity to attend biennial conferences.

District 23 Conferences and Zonta International Conventions which are held in alternate years.



1-3rd September 2023: District 23 Conference

Contact: Cintra Amos

Location: Bunbury, Western Australia

Registration: <https://events.humanitix.com/zonta-district-23-conference>

Early bird registration to be received on or before **Friday 21st July 2023**; registrations close on 15th August 2023.

Full outline of events is available on D23 Website or Zonta Club Bunbury

Further details will be made available once program is confirmed



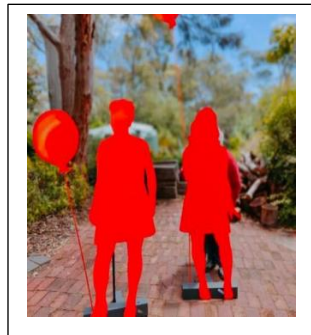
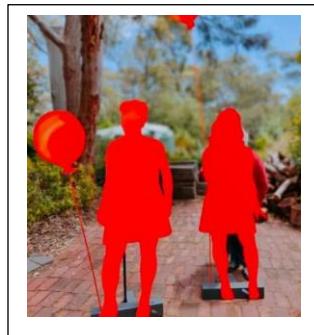
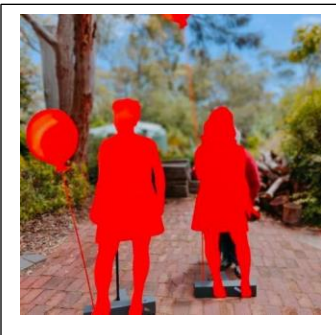
27-30th June 2024: Zonta International Convention Contact: TBA

Location: Brisbane, Queensland

This is only the 3rd time the International Convention has been held in Australia in Zonta's 103 years.

Further details will be made available once program is confirmed

16 Days of Activism in November - 'Orange Ladies':





Don't forget to log in to the ZI website and check your personal details? Are your contact details up to date? It is your responsibility to make any changes if you move house or change your contact details.

Did you realise that our club website has links to other sites? They are in the black box at the bottom of the home page. Our QR code provides a direct link to our site. Go to: <https://zontaadelaideflinders.org.au>



At the bottom of the home page there are links to Zonta International, District 23 and also our club Facebook, and Instagram accounts.

Do check them out.

Woman of Inspiration Award: In memory of an inspiring woman - Trish Pickering

The purpose of this award is to recognise women who personify the spirit of humanitarianism of Zonta. Awardees have conquered adversity and as a result of their service the community is a better place to live.

If any member is aware of a potential nominee, please contact Lindy Berketa via email on lindyberketa@hotmail.com

The award is presented in May each year

Nominations close end of February each year



March / April & May 2023 Birthdays

We would like to wish the following members a very happy birthday:

- Sharon Vale (13 April)
- Cintra Amos (14 April)
- Marcia Hakendorf (17 April)
- Kathryn Guy (21 April)
- Lorraine Omond (11 May)
- Lesley Siegloff (27 May)
- Carolyn Palmer (12 June)



Board & Leadership Roles

2022-2024

Co-Presidents: Lindy Berketa
Lorraine Omond

Vice President: Eronwy Edwards

Secretary: Vacant

Treasurer: Marcia Hakendorf

Directors:

- Jessica Knight,
- Sharon Vale, Kathie Guy, Lesley Siegloff, Sarah Taylor

Club leads

Advocacy

- Lesley Siegloff

Awards

- Lindy Berketa

Breast Cushion Project

- Sarah Cunningham

Birthing Kits

- Sue Lear

Correspondence

- Cintra Amos

Fellowship

- Marianne Kidd

Fundraising

- Sarah Taylor

Membership & Recruitment

- Jill Welsh

PR & Communication

- Eronwy Edwards

Program

- Jessica Knight

Service

- To be advised

Nominating Committee

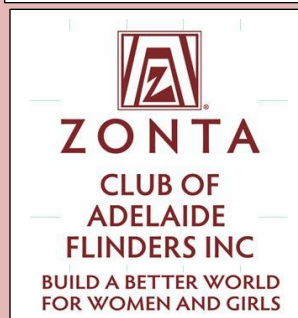
- Jill Welsh

National Council of Women SA

- Lindy Berketa & Kae Martin

Objects of Zonta

- *To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.*
- *To work for the advancement of understanding, goodwill, and peace through a world fellowship of executives in business and the professions.*
- *To promote justice and universal respect for human rights and fundamental freedoms*
- *To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who service their communities, their nations, and the world.*



The Zonta Thanks

*Wherever your country of birth
whatever your faith or creed
give thanks for the meal we share in Zonta Fellowship
But remember too those who have no food today
not with guilt that we have so much
but with hope that through Zonta service and advocacy
they too may come to share the same
in peace and harmony.*

Monthly Club Dinner Meetings

3rd Wednesday of the month at 6.15 for 6.45 pm

Venue - West Adelaide Football Club, Richmond

RSVP & Apologies to Isobel: 0418 953 648

Just click on QR Code or Links to Club Information

Website: <http://zontaadelaideflinders.org.au/>
Facebook: <https://www.facebook.com/adelaideflinders/>
Instagram: zonta_club_adelaide_flinders
Address: PO Box 27, Unley Business Centre, SA 5061

