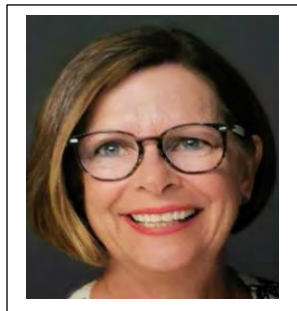


# FLINDERS FACTS

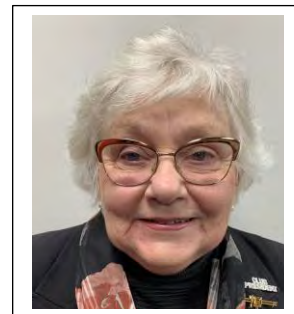
Zonta Club of Adelaide Flinders Inc  
District 23, Area 2,  
Club 993 Chartered December 1981



2022 - 2024 Biennium  
Issue 8  
Sept - October 2023



*From the Co-Presidents  
September | October 2023*



Fellow Zontians,

It never ceases to amaze us how Zontians freely share their experiences and ideas. This was never more evident than at the Bunbury Conference in September when we found ourselves interacting with members of other Clubs. There was a lot of talk about what we are doing, the activities focused on and the expected outcomes. There was a particular interest in how our Club was operating with a **'two for one'** Co-Presidents system and it caused us to reflect on how we have approached this role. An important part of working together is to be able to critically evaluate how we work, with respect, transparency, honesty and to do this in the spirit of Zonta.

**Lorraine's report from the Bunbury Conference is presented together with a report from First Timer Sharon Vale** further on in this edition of Flinders Facts.

We are now both back in the land of Oz and would particularly like to thank our very capable Vice President, Eronwy Edwards, for her wonderful support in filling in for us both and Isobel McFarlane who quietly and efficiently provided magnificent back-up. It is good to be home and we have certainly returned to what is a very busy period in October and November.

Lindy attended an Area 2 Presidents Meeting late September where there was much discussion on how to **attract and keep a diversity of members**. It was agreed that a **'Greater Inclusion' session would be** valuable lesson in our next Workshop. The next workshop in May 2024 has been moved from Pt Lincoln to Adelaide. It will be a combined Clubs effort.

16 days of Activism is shaping up to be a very busy time for all Area 2 clubs with some exciting activities being presented. Lesley has encouraged us all to get as many members as possible to register and join the walk on 25<sup>th</sup> November that we have partnered with Rotary Club. Please review the list of activities that have been planned on Page 8 and participate if you can.

We had three submissions in for the Service Community Awards - SA (SCASA) which recognise the efforts of Service Clubs in South Australia. A group of nine members attended the luncheon on 29<sup>th</sup> October 2023 and we were thrilled that we received commendations for our Clothesline Project (\$100 prize) and the Woman of Inspiration Award (\$200 prize). However, the highlight of the day was that Jill Welsh won the Heidi Taylor Award for Service (against a very strong competition).

Jill's contribution to Zonta over 40 years has been outstanding and her continued contribution to Zonta and in particular our Club is what has allowed us to continue supporting the values and spirit of Zonta. Jill has held positions of President, Vice President, Board Member and Lead of Membership for more than 15 years. In addition, Jill has received a number of recognition awards including 'Award of Excellence' and the 'International President's Distinguished Club Service Award' - this highest accolade for a Club. Jill has been a driving force For our fund-raising efforts with particular success with our renown annual Movie Night which has raised over \$100,000 in 38 years. Jill also has gone above and beyond in securing a benefactor (in perpetuity) for Zonta Club of Adelaide Flinders 'Woman of Inspiration Awards'. This award celebrates 2-3 women each year who has experienced some form of adversity and, in spite of this, have risen above expectations and inspired other women.



We all would like to say thank you Jill and Congratulations on your recognition.

We are looking forward to the 16 Days of Activism and have received quite a number of invitations to attend other Club's Events. The National Council of Women have extended an invitation to attend a Presidents Function in November, and the list goes on.

Your support of our Club's Clothesline Event 'Drawing the Line' at the West Adelaide Football Club on Tuesday 28<sup>th</sup> November at 5.45pm will be an acknowledgement of the great work our Advocacy Group has been doing. Please put this in your diary, as the Speaker Samson Selladura promises to challenge your thinking. Bring your friends along and join with us and promote 'Zonta says No to Violence against Women'.

Yours in Zonta Fellowship,

*Lindy Berketa and Lorraine Omond*

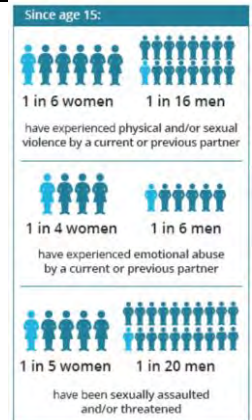
Co-Presidents 2022-2024  
Zonta Club of Adelaide Flinders Inc.



Be part of a world-wide Movement

25 November - 10 December

During the 16 days of Activism wear your orange ribbon; to raise awareness about gender-based violence, challenge discriminatory attitudes and call for improved laws and services to end violence against women for good



## Report from the Biennial Conference - Lorraine Omond

Good news - we all made it. Good flights, but a long drive. Some of us did the short trip from Perth to Bunbury, others a little longer but it was a good drive.

First day registrations commenced at 12 noon, tables filled for dinner, we got a free drink voucher and delegates were all signed in (25 attended with 33 registered). Electronic voting accounting for the differences. There were 130 registered attendees making for a great atmosphere.



After general housekeeping, Sandra Burns opened the conference and introduced Candidates for D23 Board. We had video presentations from Jenni Trewen and Lindy Berketa who gave wonderful presentations. Area 2 are going to have really great leaders in the next Biennium!

Kay Stewart (Governor) welcomed all members and guests and declared the meeting open.

This was special, as the last conference held here was exactly 20 years ago when the Birthing Kits Project started. There were five nominees for the nominating Committee. Our member Lesley gave a fantastic 2 minute professional dissertation. Members were advised that no nominations from floor had been received **so the slate stood as is. Delegates were able to vote with a link being sent. Our Club's voting preferences** made the job of Delegate very easy and I am pleased to report that the election results for the D23 Board were exactly as you had wanted. Debbie Schmidt is Governor; Lieutenant Governor Wendy Quinn, Chris Fric, District Treasurer and Area 1 Director; Fiona MacDowell, Area 2 Director; Jennifer Trewren-Forman, Vice Area 2 Director; and our own Lindy Berketa, Area 3 Director; Donna Fabris, Area 4 Director and Jill Taylor Area 5 Director. The Nominating Committee includes **Pru Blackwell, Faith O'Brien and our own Lesley Siegloff.**

Phyllis presented the **Welcome to Country and we had a very inspirational rendition of 'I am Woman' by quite a number of women's choral clubs all over Australia.**

The Mayor of Bunbury, gave an entertaining welcome to Bunbury - great to see younger person with so much vitality in this position. He declared our Conference open.

Thirty first timers were welcomed as was the new E-Club of Central and Southern Australia.

Annika Branstrom, Director Zonta International and Zonta Foundation for Women (from Sweden) was welcomed. A very approachable and informative ZI representative. Annika brought messages from Ute Scholz our ZI President and also gave us a great session on the proposed Strategic Plan to be presented to Convention in 2024. Looking forward to seeing her again in Brisbane next year.

Day one had some very thought-provoking speakers. Natalie Isaacs, the founder of '1 Million Women' shared her inspirations and aspirations which were contained in her published works (refer to the website at <http://www.1millionwomen.com.au>).

The 2023 WA Australian of the Year Prof. Samar Aoun provided us with approaches to palliative care - and the need to just be there for the person in need.

On day two we were privileged to hear from two speakers. WA being into mining, Megan McCracken allowed us to look at her life experiences from a child of the bush with books into the beefy hard hat area of mining. A long and fascinating journey. Then Kristi McVee, a retired specialist child interviewer brought a chilling reminder to us about the trauma of child sexual abuse, to the child, the family, support workers and the interviewer. An impactful reminder of the times we live in and our responsibility to listen to our children. **Her book 'Operation Kidsafe' is a must read.**

The youthful energy abounded in spades - Amy Zahra who was the '2022 JM Klausman Women in Business' winner, a single mum who showed us - **Yes, I Can Do It!**

Phoebe Bourke - D23 2023 YWPA winner showed us how her leadership, combined with empathy, respect and commitment made her a worthy winner. Bella Burgemeister, an author at the age of 10, showing how she could make a difference relating to the younger generation of climate action. Bubbly Alexis (Lexy) McDonald entered the world of coding and eventually with much perseverance created an app HerHelp - at a cost of 2.2 million she managed to source this money as well. Now at 21 - has her own company.

Dinner on the hill - a wild, windy, woolly night full of laughter, music and frivolity thanks to the wonderful host Club of Bunbury.

A very sobering time - the Ceremony of Remembrance was a very reflective time remembering those Zontians who had passed during this Biennium. The harpist and the yellow roses were very reflective of the esteem in which these late members were held.

Birthing Kits, exciting times ahead whereby we can take up the use of tax deductibility now on offer. Now for the exciting news - certificates were given out to Clubs who had held the most numbers of birthing kit assembly days. Silver, lots of them, Gold two - ONE WAS US!

Then a platinum - So we were the third highest. Great Job Adelaide Flinders guided by Sue Lear.

Years of service awards were read out and we had 5 members from 20 to 40 years presented with their service medals - well done ladies.

A young Zontians Forum was an amazing insight of how the Z Clubs can flourish in schools. The requirements being a focused facilitator that can channel the unlimited energy of these wonderful young women.

The D23 Awards - Congratulations to our wonderful PR and Communications teams- we received a Highly Commended Award acknowledging all your great work.

Then we received the news - we won the Award for Women of Inspiration. Jill and I just hugged as our group cheered. A wonderful award for the work that our Club has put into setting up this project.

Something I will not forget. A culmination of a great Conference where great contacts were made, ideas gleaned, old friendships rekindled and we became invigorated to go back to our Clubs to share our experiences with our Members.

Once again, Congratulations to you all



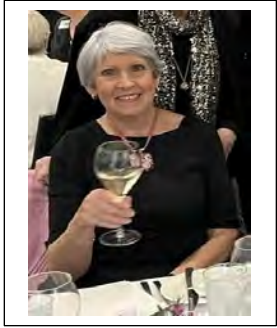
Lorraine Omond displaying our Awards



Members enjoying the Dinner

An Overview of my Experience at my first Zontians Conference - Sharon Vale

What an amazing experience it was to attend the Zonta International District 23 17th Biennial Conference in Bunbury, WA. I didn't quite know what to expect, but had been told by fellow members that these conferences were a great experience, and I certainly wasn't disappointed.



The conference commenced with the flag parade and then a video of various choirs from around Australia singing a very stirring rendition of the song 'I Am Woman'. This set the scene for the wonderful conference which was to follow.

The camaraderie with fellow Zontians from other clubs and States, the inspiring and motivational speakers, the extremely moving Remembrance Ceremony for the amazing members who had passed away since the last conference, the fun and frivolity shared at the Dine Around and Gala dinners, the excitement of winning 3 awards and having both of our candidates elected to the positions they had opted to stand for, all made for an enjoyable and moving conference.

Members out and About:



Members enjoying the Bunbury Conference



Members at the Spirit of Women Event at Adelaide Town Hall



Members celebrating the 30<sup>th</sup> Anniversary of the Gawler Club

The Board has approved and supported five Service Projects for 2023 which include:

- Sewing Circle - Lead: Lesley Seigloff
- Breast Cushions - Lead: Sarah Cunningham
- Toiletry Packs - Lead: Isobel McFarlane
- Birthing Kits - Lead: Sue Lear
- Food for Thought - Lead: to be advised

### Sewing Circle:

The Sewing Circle project is reviewing the opportunities to enhance membership and support and further discussions will be held in the new year.

### Breast Cushions:

Our commitment to supporting key Breast Care Nurses in both metropolitan and rural locations in the provision of breast care cushions will continue as a priority. Sarah Cunningham has advised that there is a number of new hospitals that are now doing breast surgery so she has been supporting a number of additional **'sewing and stuffing'** workshops.

October is breast cancer awareness month so it is timely to remind family, friends and colleagues to have their mammograms (Breastscreen 132050)

To date our Club has donated over 6,300 cushions!

Workshops at the Reynella Neighbourhood Centre (located at 164 Old South Rd, Old Reynella) will be held on Thursday 30<sup>th</sup> November and then in 2024 the workshops will be held every other month on the last Thursday commencing 29<sup>th</sup> February 2024.

Our own club members are continuing to make breast care cushions and the outsourcing of cushions to the Marion Quilters is continuing. We are also very grateful to 3 more individuals who are collecting batches to make cushions.

The annual Walford Workshop is to be held in December 2023 and Sue Lear is confirming the date; any members wishing to participate will be very welcome.

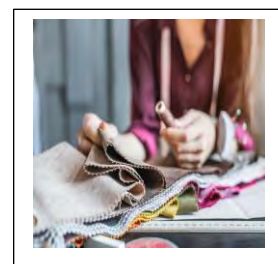
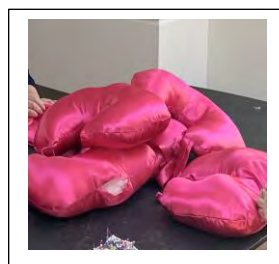
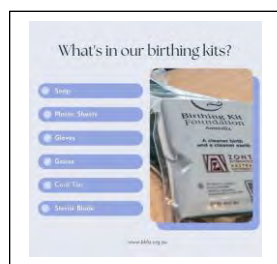
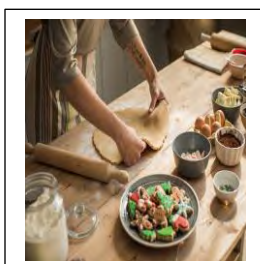
**Do you have any suitable material?** - let me know if you might have some! (heavier satins, smooth / not scratchy unbacked curtain material, cottons Ok if soft. Avoid very pale colours, or stretchy or slinky as too hard to cut & sew!)

### Birthing Kits:

Further information will be provided to members as soon as possible.

### Food for Thought:

The Food for Thought project is reviewing the opportunities to enhance membership and support and further discussions will be held later in the year



### Toiletry Packs:

A big thank to our Members who have been able to provide donations to support the requirements for our toiletry packs.

At our October Meeting we collectively assisted in the completion of 25 **Toiletry Packs to support the various Women’s Shelters that are provided** to the the vulnerable women in our community. Special thanks to Isobel MacFarlane who ensured that all of the requirements were readily available for members to pack the bags at our meeting.

As a reminder it would be very valuable if Members continue to provide donations of goods at our monthly meetings to support the ongoing stock that is required for the toiletry bags.

The type of goods required are:



Deodorant’s : 70	Hair ties: 300	Razor : 90
Facewashers : 60	Shampoo : 65	Emery boards : 60
Hair brush : 75	Conditioner : 65	Soap : 100
Soap box cont. : 30	Tissues : 100	Toothbrushes : 100
Toothbrush holders : 30	Toothpaste : 20	



### Advocacy Project - 16 Days of Activism (25 November - 10 December 2023):

A big thank you to Lesley Hill Siegloff, Convenor and her working party who have been advocating with key stakeholders in the development of key events during the 16 Days of Activism.

### The making of Orange Ladies:

Thank you to Members and their family members who have been helping make our **Orange Ladies**. We have nearly 100 cut out and have started painting. Two more workshops have occurred to complete the painting and a big thank you to those members who have assisted. A big thankyou also to Lindy Berketa for the use of her garage for the painting and storage of the **Orange Ladies**.


We are asking Members to ask around their community to see if any shops or business will support our project by displaying our **Orange Ladies**. A letter can be provided to **Members to introduce the project to organisation’s if required.**

Please contact Lesley if you can assist.



All Members are encouraged to put the following dates in their diary and help support the 16 Days of Activism.

Save the Dates:

 <p><b>Rotary</b> says <b>NO</b> to <b>DOMESTIC VIOLENCE</b></p> <p><a href="http://www.StopCoerciveControl.au">www.StopCoerciveControl.au</a> Walk with <b>RESPECT</b> in this peaceful parade <b>Saturday 25 November 2023</b></p> <p><b>10am</b> - Meet in Victoria Square <b>10.30am</b> - the walk starts <b>11am</b> - along King William Street <b>11.30am</b> - Arrive at Pioneer Women Memorial Garden <b>11.30 to 11.45am</b> - Inspirational presentations <b>11.45am to Noon</b> - Mix   Mingle   Coffee   Food   Connect</p> <p>One key focus will be to raise awareness of Coercive Control. An educational walk to offer the wider community an insight into key signs of Coercive Control against Women + Men + Children!</p> <p>Visit our event website <a href="http://www.StopCoerciveControl.au">www.StopCoerciveControl.au</a> to learn more or to connect with one of the many groups in South Australia who ultimately walk to support survivors of Domestic Violence.</p> <p><b>Register to walk - FREE</b> Choose the organisation / group / agency you want to walk with on the day! <b>Yes, registering to Walk is FREE</b> but your voluntary donation will be welcomed. <a href="http://www.MyBookingManager.com/">http://www.MyBookingManager.com/</a> Say No To Domestic Violence Parade</p> <p><b>ZONTA</b> INTERNATIONAL www.zonta.org.au</p> <p><b>Rotary</b></p>	<p><b>25 November 2023 : Rotary Says No to Domestic Violence March - City Walk</b></p> <p>Location: Meet at Tarntanyangga (Victoria Park and completes at Elder Park (Park 26)</p> <p>Time: 10am to 12 midday</p> <p>Zonta is partnering with Rotary for this event. The focus of the walk is Coercive Control and we would like to get about 2,000 people walking alongside us. So please invite family and friends along.</p> <p>Orange ribbons will be distributed around the walkers, Orange Ladies and Coercive Control banners will be carried during the walk. Zonta walkers are encouraged to wear orange t-shirts.</p>
	<p><b>27 November 2023 : Western Collaborative Against Family and Domestic Violence</b></p> <p>Location: Woodville Council, Woodville Road</p> <p>Time: 10am to 3.30pm</p> <p>Program includes presentations from Hon Susan Close MP, Kelly Barrett (<b>Women’s Safety Service</b>), Representative from Power Community Ltd (creating role models for young men), Deb Moyle (impact of DV on Aboriginal Communities), Sergeant Justin Houston (Family and Domestic Violence Section of SAPOL), Magistrate Jay (impact of DV on Community from a legal perspective).</p> <p>This will be a fantastic opportunity for Members to attend and support our focus on the issues surrounding Coercive Control</p>
	<p><b>28 November 2023: ‘Drawing a Line’ - Clothesline Project</b></p> <p>Location: West Adelaide Football Club</p> <p>Time: 5.45pm for 6pm and concluding at 7.30pm</p> <p>Joint collaborative with the West Adelaide Football Club. Players (both men and women) will paint T-Shirts and personalise them with their Guernsey number as an affirmation, then hang them on the clothesline. Please visit <a href="http://theclotheslineproject.org">theclotheslineproject.org</a> for more information.</p> <p>Guest Speak: Samson Selladuria, Co-Founder &amp; Director of I’M SAFE</p> <p>Can you please confirm your attendance to Lesley</p>



Advocacy:



16 November 2023: White Ribbon Breakfast

Contact: Cintra Amos

Location: Adelaide Convention Centre

Time: 0700

**Come and hear Ms Micaela Cronin, Australia’s inaugural Domestic, Family and Sexual Violence Commissioner at this years White Ribbon Breakfast**

Please advise Cintra Amos of your interest in attending

SAVE THE DATES: Zonta Conferences:

Gathering with Zontians outside our club is a valuable opportunity to expand your Zonta network, your Zonta knowledge and have the opportunity to interact and socialise with likeminded women. As well as our own Area 2 Workshops, we have the opportunity to attend biennial conferences.

District 23 Conferences and Zonta International Conventions are held in alternate years.



27-30<sup>th</sup> June 2024: Zonta International Convention Contact: TBA

Location: Brisbane, Queensland

This is only the 3rd time the International Convention has been held in Australia in Zonta’s 103 years.

Registrations open in January 2024 : Early registrations close on 15 March 2024

Further details (including Key Speakers) are available through [www.zontaconvention.com](http://www.zontaconvention.com)

Important Information:

Have you ever been asked where is the best place to refer a woman who needs help? It could be someone seeking advice on what to do in a family violence instance or requiring financial assistance and / or counselling and / or supported short term accommodation. A quick reference for members to consider is providing the details of the Women’s Information Service which can provide a free confidential service.





**Don't forget to** log in to the ZI website and check your personal details? Are your contact details up to date? It is your responsibility to make any changes if you move house or change your contact details.

Did you realise that our club website has links to other sites? They are in the black box at the bottom of the home page. Our QR code provides a direct link to our site. Go to: <https://zontaadelaideflinders.org.au>



At the bottom of the home page there are links to Zonta International, District 23 and also our club Facebook, and Instagram accounts.

Do check them out.

**Woman of Inspiration Award: In memory of an inspiring woman - Trish Pickering**

The purpose of this award is to recognise women who personify the spirit of humanitarianism of Zonta. Awardees have conquered adversity and as a result of their service the community is a better place to live.

If any member is aware of a potential nominee, please contact Lindy Berketa via email on [lindyberketa@hotmail.com](mailto:lindyberketa@hotmail.com)

The award is presented in May each year

Nominations close end of February each year



**Sept, October & November  
2023 Birthdays**

We would like to wish the following members a very happy birthday:

- Jessica Knight (6 Sept)
- Claudia Turon (19 Sept)
- Barbara Spriggs (24 Sept)
- Sarah Cunningham (9 October)
- Sherry Proferes (12 October)
- Marianne Kidd (23 October)
- Penny Hepworth (1 November)
- Jill Welsh (7 November)
- Eronwy Edwards (7 November)
- Kae Martin (17 November)
- Isobel McFarlane (25 November)



## Board & Leadership Roles

### 2022-2024

Co-Presidents: Lindy Berketa  
Lorraine Omond

Vice President: Eronwy Edwards

Secretary: Vacant

Treasurer: Marcia Hakendorf

Directors:

- Jessica Knight,
- Sharon Vale, Kathie Guy, Lesley Siegloff

### Club leads

Advocacy

- Lesley Siegloff

Awards

- Lindy Berketa

Breast Cushion Project

- Sarah Cunningham

Birthing Kits

- Sue Lear

Correspondence

- Cintra Amos

Fellowship

- Marianne Kidd

Fundraising

- Vacant

Membership & Recruitment

- Jill Welsh

PR & Communication

- Eronwy Edwards

Program

- Jessica Knight

Service

- To be advised

Nominating Committee

- Jill Welsh

National Council of Women SA

- Lindy Berketa & Kae Martin

## Objects of Zonta

- *To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.*
- *To work for the advancement of understanding, goodwill, and peace through a world fellowship of executives in business and the professions.*
- *To promote justice and universal respect for human rights and fundamental freedoms*
- *To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who service their communities, their nations, and the world.*



## The Zonta Thanks

*Wherever your country of birth  
whatever your faith or creed  
give thanks for the meal we share in Zonta Fellowship  
But remember too those who have no food today  
not with guilt that we have so much  
but with hope that through Zonta service and advocacy  
they too may come to share the same  
in peace and harmony.*

### Monthly Club Dinner Meetings

3<sup>rd</sup> Wednesday of the month at 6.15 for 6.45 pm

Venue - West Adelaide Football Club, Richmond

RSVP & Apologies to Isobel: 0418 953 648

### Just click on QR Code or Links to Club Information

Website: <http://zontaadelaideflinders.org.au/>

Facebook: <https://www.facebook.com/adelaideflinders/>

Instagram: [zonta\\_club\\_adelaide\\_flinders](https://www.instagram.com/zonta_club_adelaide_flinders)

Address: PO Box 27, Unley Business Centre, SA 5061

