

FLINDERS FACTS

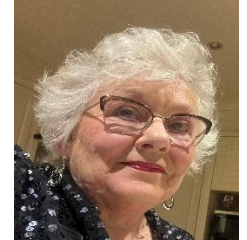
Zonta Club of Adelaide Flinders Inc
District 23, Area 2
Club 993 Chartered December 1981



2022 – 2024 Biennium
Issue 12
April – May 2024



*From the Co-Presidents
April | May 2024*



Fellow Zontians,

It is hard to believe that we have completed our term of two years as Co-Presidents of this fabulous club. Time certainly flies when you are having fun.

On the 4 May over 80 Zontians from across South Australia attended the Zonta South Australia – 2024 Workshop **'Who will fill our shoes'?** The theme for the workshop was succession planning and looking at ways that we can survive and thrive as an organisation in 2024 and beyond. We were privileged to have listen to a number of inspirational keynote presentations that will certainly challenge our thinking on how we attract, retain and support our members in the future.

At the **Biennium Handover Dinner** in May, Jake Battifuoco, General Manager of Power Community Ltd, provided an interesting insight on how his group works within a sporting entity to promote respect and encourage young people to make considered choices. He certainly instigated some animated conversations amongst members and guests.

We were thrilled to acknowledge three women as our **2024 Women of Inspiration** awardees, Atena and Anita in recognition of their mother Zahra Abrahamzadeh from Zahra Foundation and Jourdan Fairbank from 'Be the Change Animal Shelter'. Their stories showed that through adversity, inner strength can be gained and inspire others around them to improve their communities. We congratulate Anita, Atena and Jourdan and wish them well for their future pathways. We were also delighted to meet Amy Maguire (Wes Pickering's daughter) and thank her for coming to our dinner to present these awards on his behalf.

Area 2 Director, Lesley Siegloff, presented service Badges to six members with their years of service ranging from 10 to 35 years. We thank Lesley for all her work she has done as Area Director. She has also been ZCAF Advocacy Lead and has worked tirelessly in this field to benefit our club.

We would like to sincerely thank two retiring Board Members. Jessica Knight, who headed up the very active Programs Committee and Eronwy Edwards, Vice President for the 2022-24 Biennium. Eronwy has always been there to guide, wisely advise us on all things Zonta and provide us with true Zonta Fellowship in our term as Co-Presidents. We acknowledge the great job she has done with IT and as lead of Communications, Media and PR and know that she will continue supporting Adelaide Flinders with her skills.

The 2024-26 Board was installed by Margaret Rowland, Past D23 Governor, and our Club Parliamentarian. We have agreed to continue in the role of co-presidents for the next year. This was an experimental role for both of us which required collaboration, mutual respect and many phone calls, messages, and emails. Our commitment was to work together as one while acknowledging each other's strengths. We have been surprised at the amount of interest this generated from other clubs in D23.

We look forward to continuing to work with Lesley Siegloff (Advocacy Lead) and Director Sharon Vale for another year. We are delighted to welcome four new Board Members, Isobel McFarlane Vice President, Directors Kae Martin and Bernadette Egan and a big warm welcome to our new Secretary, Carolyn Palmer. (a job that we are so glad to hand over!).

Last weekend saw a large contingent from Adelaide Flinders attend the Rugs with Love afternoon. It was wonderful to see the artistry on display and know that these rugs will give comfort to children in a time of need. We congratulate the dedicated band of knitters and creators.

A drive up the Freeway last Tuesday to celebrate the 10th Birthday and Handover Dinner of the Zonta Club of Mt Barker. It was a wonderful night of fellowship which re-enforces the benefits of seeing what other Clubs are doing and how this interaction can enhance our own Club's service and advocacy.

We would also like to acknowledge the sad passing of one of our past members, Helen Tiller (1983-1992). Helen was a vibrant and active member and made history as being the Australia's first female television newsreader and was well known for gracing the stages of musical theatres, opera and television.

And so, with the close of the 2022-2024 Biennium, and the beginning of the new 2024-2026, we look forward to going to Brisbane at the end of June to attend the Zonta International convention and sharing the experiences of this event with all our members on return.

Thanking you all for your fantastic support; stay safe, healthy and warm.

Yours in Zonta Fellowship,

Lindy Berketa and Lorraine Omond

Co-Presidents 2022-2024
Zonta Club of Adelaide Flinders Inc.



Zonta South Australia – 2024 Workshop

On the 4 May 2024, over 80 Zontians and the Zonta District 23 Board attended the Workshop **'Who will fill our shoes?'**

The theme of the workshop was designed around succession planning for the future with the welcome address by Jenni

Forman, Vice Area 2 Director challenging the audience '... are we heading for extinction or evolution'. Jenni urged us to focus on how our clubs operate; do we represent the community that we are in; what is our culture like; do we have systems to support new members and does everyone have a voice.

The presentation certainly set the tenor for the day with each of the keynote speakers providing very insightful ways on how to keep engaged and relevant.

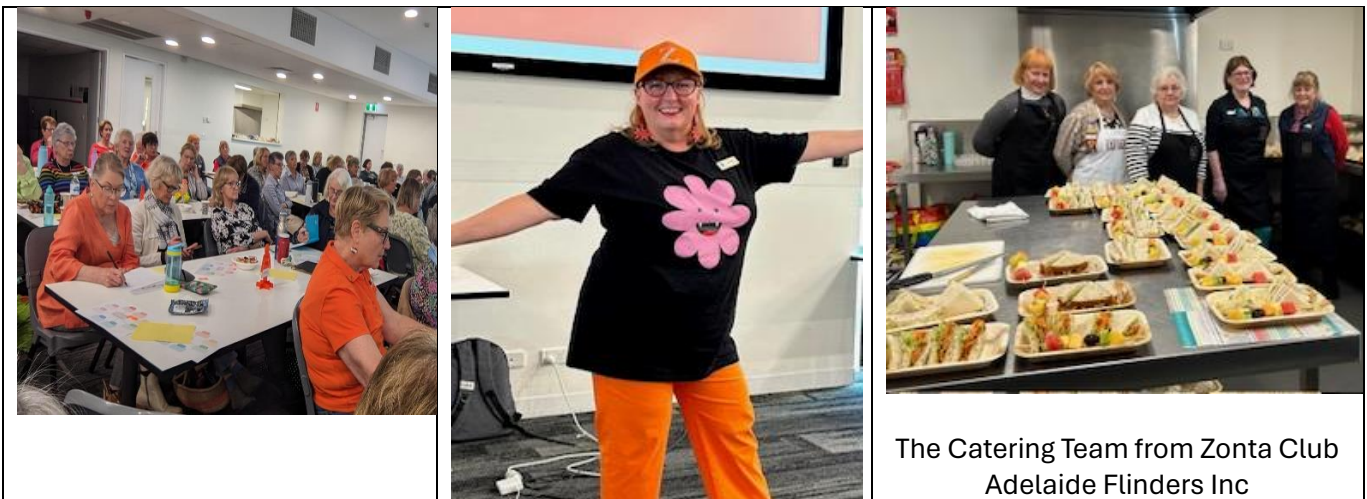


Our first keynote address was from Sandy Venn Brown, International Director 2022-24 for Zonta International and Zonta Foundation for Women. Sandy's discussion centred around **'Diversity in Membership'** and how Zonta Clubs can attract new members, given that many women live busy and active lives and making time to join Zonta could be over whelming. Ideas such as scheduling meetings less frequently (maybe every second month), changing time of meetings (during the day versus evening) and layering membership so that new members can contribute comfortably in line with their existing commitments and life styles. These and many other ideas were open to workshop participants to take back to their various Clubs for further brainstorming.

Prior to lunch we had an interactive panel session titled **'The Voice of Youth'** which was lead by Melanie Dancer, Chief Executive Office of Girl Guides South Australia, Julie Ahrens and six Girl Guides from the Riverland. The session focussed on their leadership opportunities and experiences as Girl Guides and how Zonta could work closely with and in support of them.

Our final keynote address was from Kay Fyfe, Director of Development – Trinity College Gawler titled **'Marketing to the Millennials'**. Kay's focus was around the best ways to attract millennials to an organisation like Zonta and how best to communicate with them. Social media outlets such as Facebook and Instagram were more likely to attract this generation, given their exposure.

The day was full of ideas and 'food for thought' to take back to the clubs for discussion and implement change.



Rugs for Love

A number of our members attended the afternoon tea for the presentation of the **'Rugs for Love'** that have been lovingly knitted and sewn together by a group of committed women (including some of our members). This is a fantastic achievement and will provide a cosy colourful blanket to some of our most vulnerable children.

A big thankyou also to Jenne Chegwidden (from Port Pirie) who has kindly knitted and donated a number of 'squares' to help make the blankets.



If you would like to keep your hands busy during this winter, we would appreciate any knitted squares to assist in the making of more blankets

National Women Council of South Australia – History Month

All member organisations were encouraged to submit a poster of the achievements of their Clubs as part of the celebration of Women in SA. The evening shared a range of achievements on how South Australian women are at the forefront of helping vulnerable women and children – a credit to everyone. Zonta Club of Adelaide Flinders presented a poster on our achievements.



Objects of Zonta

- To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.
- To work for the advancement of understanding, goodwill, and peace through a world fellowship of executives in business and the professions.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who service their communities, their nations, and the world.

<p>Service</p>	<p>Advancing Status of Women</p>
<p>Advocacy</p>	<p>Awards and Recognition</p>

Key Highlights

- Our Club was established in 1981 and we have 23 current members including 1 member with 40 years of continuous service.
- We have made over 6,500 breast cushions to support women post breast surgery.
- We have made more than 20,000 Birthing Kits to support women in childbirth in 30 countries.
- We have provided over 800 'Shoebboxes of Love' which are provided at Xmas time to Western Women's Shelters.
- Our fundraising programs have raised hundreds of thousands of dollars towards our service projects over 40+ years. The annual movie night alone has raised \$100,000.
- We successfully applied for a \$2,500 RAA Grassroots Giving grant for our Breast Cushion program.
- CMV Group Foundation awarded us with a \$1,000 grant to make 200 Birthing Kits at our club workshop.
- We have acknowledged five outstanding women with a Woman of Inspiration Award made possible by a generous donation from a grateful recipient of one of our breast cushions.

Adelaide Flinders Inc Biennium Handover Dinner – 15 May 2024

Our **Biennium Handover Dinner** was well attended by our members and Zontians from other clubs. Our Handover Dinner is always very special given that we present and honour our Women of Inspiration awardees and induct our new Board for the next Biennium.



Our guest speaker was Jake Battifuoco, General Manager of Power Community Ltd and what an inspiration his presentation was. Power Community Ltd is a non-for-profit arm of Port Adelaide Football Club, focusing on community engagement by offering educational programs that use the power of sport to promote social change.

Jake manages the Club's 'Power to end Violence against Women Program', targeting Year 10 students, providing them with the tools to identify unhealthy relationships and how to exit them before they become violent. The teachings include elements such as identifying violence; identifying health and unhealthy relationships, unlocking gender roles, gaining confidence to call our bad behaviour and gaining awareness of services available to help.

In addition, Jake indicated that due to the significance of the impact of social media they have developed the 'Power Up Program' which aims to educate students around on line behaviours.

Over time, there has also been an increasing demand for Jake and his team to attend schools in the education of violence against female teachers. Their work is forever evolving, challenging and adapting their programs to meet the behavioural needs of our young society.

An integral part of our **Biennium Handover Dinner** is the recognition of our **Women of Inspiration** where we celebrate achievements of amazing women. The award is made possible by the generous financial support from our benefactor Mr Wes Pickering. Unfortunately, Mr Pickering was not able to attend this year's event, but we were privileged to have his daughter Amy and her partner attend to present the awards on his behalf.

Atena and Anita in recognition of their mother Zahra Abrahamzadeh



The nomination of **Atena and Anita** acknowledged their mother **Zahra** as being a 'woman of inspiration' who foremost dedicated her life to ensuring that her children had a safe life. In turn her children Atena, Anita and their brother Arman have ensured that her legacy is continued through the Zahra Foundation which is a very successful non-for-profit organisation providing services to women and children who have suffered with domestic and family violence.

Both Atena and Anita have successfully completed tertiary studies and have careers of which their mother would be very proud of.

Jourdan Fairbank, founder of the 'Be the Change Animal Shelter Inc'



The nomination of **Jourdan** acknowledged her amazing passion for animals. Jourdan established 'Be the Change Animal Shelter' in 2012 which is a non-for-profit organisation providing rehabilitation for animals, rehomes abandoned / rescued and surrendered animals in the southern suburbs, often due to homelessness and women forced to escape domestic violence situations.

In 2022, as a result of the cost-of-living crisis, Jourdan established the 'Four Paws Southern Foodbank' which provides pet food for those in the community unable to afford quality food to keep their pets and prevent them having to be surrendered.

A key part of our **Biennium Handover Dinner** is the recognition of the significant contribution our members make towards our club through their ongoing involvement. The following presentations were made:

Constance Price: 35 years of service	RAA for grant supporting our breast cushion project
Sarah Cunningham: 30 years of service	CMV Staff Foundation for grant supporting our birthing kits
Eronwy Edwards: 25 years of service	Blue Illusion – Norwood for support
Heather Smigiel: 10 years of service	Dr John Berketa for ongoing support of our projects
Lindy Berketa: 10 years of service	

Board Inducted for the Miennium 2024-2026

We were privileged that 2024-26 Board was installed by Margaret Rowland, Past D23 Governor, and our Club Parliamentarian. Our new Board consists of:

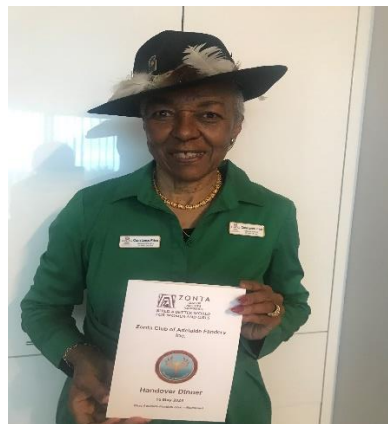
- Co-Presidents: Lindy Berketa and Lorraine Ormond
- Vice President: Isobel McFarlane
- Treasurer: Marcia Hakendorf
- Secretary: Carolyn Palmer
- Directors:
 - Bernadette Egan
 - Kae Martin
 - Sharon Vale
 - Lesley Siegloff



Members our and About



Members enjoying Rugs for Love exhibition



Constance Price receiving her 35-year service badge



Members enjoying afternoon tea



Members at the Zonta Club of Mt Barker 10th year Anniversary celebrations



Members at the National Rally Against Men's Violence at Parliament House

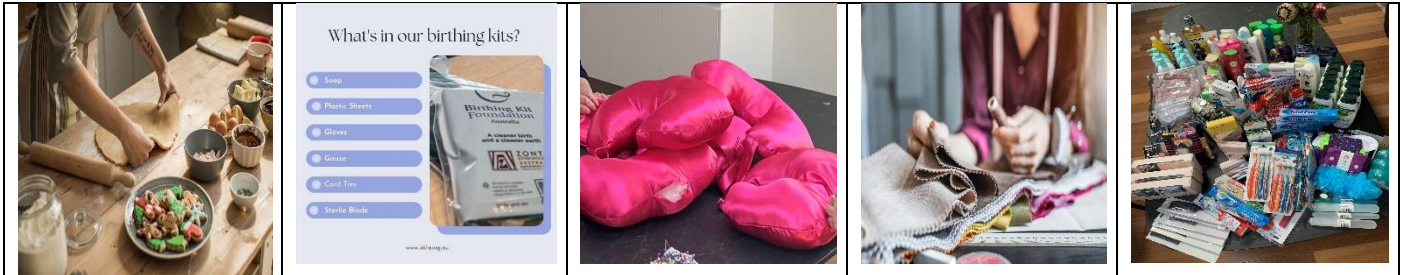


Members with Amy (daughter of Mr Wes Pickering) at Handover Dinner

Service Reports

The Board has approved and supported five Service Projects for 2023-2024 which include:

- Sewing Circle – Lead: Lesley Siegloff
- Breast Cushions – Lead: Sarah Cunningham
- Toiletry Packs – Lead: Isobel McFarlane
- Birthing Kits – Lead: Sue Lear
- Food for Thought – Lead: to be advised



Further discussions and reviews of the current five service projects will be reviewed as part of the strategic review process with the new Board. Further information will be provided in the next Flinders Facts. Current status reports of projects are as follows:

During our April meeting a workshop was held to pack **200 Birthing Kits** as a result of the generous grant of \$1,500 provided from the CMV Group Foundation.




Members are also enjoying making the new **Breast Cushions** in the RAA colours of yellow and black as a result of the generous grant of \$2,500 provided as part of RAA's Grassroots Giving Program



Save the Dates

<p style="text-align: center;">Walk for Respect</p> 	<p>Date: Saturday 14th September 2024 Time: 0900 for 1000 start Location: Meet in Victoria Square Tickets: All members are asked to register through the QR Code</p>  <p>The walk will travel 1.2km along King William Street and arrive at the Elder Park Rotunda. The walk will offer South Australians a chance and gain insight into key signs of Domestic Violence & Coercive Control that surrounds us.</p> <p>Further information will be provided by Lesley Siegloff, Lead for Advocacy</p>
<p style="text-align: center;">Movie Night LEE</p> 	<p>Date: Sunday 27th October 2024 Time: 5pm for 6pm start Location: Regal Theatre Cost: TBA Tickets: TBA</p> <p>The movie LEE is an intimate portrayal of former model and fearless WW2 photographer Lee Miller with Kate Winslet playing Lee.</p> <p>This will be our major fundraising event so ensure that you save the date and let your family and friends know.</p>

<p style="text-align: center;">April / May 2024 Birthdays</p> <p>We would like to wish the following members a very happy birthday:</p> <ul style="list-style-type: none"> • Sharon Vale (13 April) • Cintra Amos (14 April) • Marcia Hakendorf (17 April) • Lorraine Omond (11 May) • Lesley Siegloff (27 May) 	
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Don't forget to log in to the ZI website and check your personal details? Are your contact details up to date? It is your responsibility to make any changes if you move house or change your contact details.

Did you realise that our club website has links to other sites? They are in the black box at the bottom of the home page. Our QR code provides a direct link to our site. Go to: <https://zontaadelaideflinders.org.au>



At the bottom of the home page there are links to Zonta International, District 23 and our club Facebook, and Instagram accounts.

Do check them out.

Woman of Inspiration Award: In memory of an inspiring woman – Trish Pickering

The purpose of this award is to recognise women who personify the spirit of humanitarianism of Zonta. Awardees have conquered adversity and as a result of their service the community is a better place to live.

If any member is aware of a potential nominee, please contact Lindy Berketa via email on lindyberketa@hotmail.com

The award is presented in May each year

Nominations close end of February each year







Did you know how the Zonta International logo was developed?

It was built on 6 key elements:

- Inspiration
- Loyalty
- Carry Together
- Shelter
- Honesty and then
- Group all the elements together



<p>Board & Leadership Roles 2022 – 2024</p> <p>Co-Presidents: Lindy Berketa Lorraine Omond</p> <p>Vice President: Eronwy Edwards</p> <p>Secretary: Vacant</p> <p>Treasurer: Marcia Hakendorf</p> <p>Directors:</p> <ul style="list-style-type: none"> • Jessica Knight • Sharon Vale • Lesley Sieglhoff <p>Club Leads:</p> <p>Advocacy</p> <ul style="list-style-type: none"> • Lesley Sieglhoff <p>Awards</p> <ul style="list-style-type: none"> • Lindy Berketa <p>Breast Cushion Project</p> <ul style="list-style-type: none"> • Sarah Cunningham <p>Birthing Kits</p> <ul style="list-style-type: none"> • Sue Lear <p>Correspondence</p> <ul style="list-style-type: none"> • Cintra Amos <p>Fellowship</p> <ul style="list-style-type: none"> • Marianne Kidd <p>Fundraising</p> <ul style="list-style-type: none"> • Tba <p>History and Archives</p> <ul style="list-style-type: none"> • Carolyn Colquhoun <p>Membership and Recruitment</p> <ul style="list-style-type: none"> • Jill Welsh <p>PR and Communications</p> <ul style="list-style-type: none"> • Eronwy Edwards Program <p>Program</p> <ul style="list-style-type: none"> • Jessica Knight <p>Service</p> <ul style="list-style-type: none"> • TBA <p>Nominating Committee</p> <ul style="list-style-type: none"> • Jill Welsh <p>National Council of Women SA</p> <ul style="list-style-type: none"> • Lindy Berketa and Kae Martin 	<p>Objects of Zonta</p> <ul style="list-style-type: none"> • To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy. • To work for the advancement of understanding, goodwill, and peace through a world fellowship of executives in business and the professions. • To promote justice and universal respect for human rights and fundamental freedoms • To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who service their communities, their nations, and the world. 		
	 <p>ZONTA CLUB OF ADELAIDE FLINDERS INC BUILD A BETTER WORLD FOR WOMEN AND GIRLS</p>	 <p>ZONTA SAYS NOW TO GENDER-EQUAL CLIMATE ACTION</p>	 <p>Zonta Club of Adelaide Flinders Inc. Woman of Inspiration In memory of an inspiring woman - Trish Pickering</p>
	<p>The Zonta Thanks</p> <p style="text-align: center;"><i>Wherever your country of birth whatever your faith or creed give thanks for the meal we share in Zonta Fellowship But remember too those who have no food today not with guilt that we have so much but with hope that through Zonta service and advocacy they too may come to share the same in peace and harmony</i></p>		
<p style="text-align: center;">Monthly Club Dinner Meetings 3rd Wednesday of the month at 6.15 for 6.45 pm <u>Venue - West Adelaide Football Club, Richmond</u> RSVP & Apologies to Isobel: 0418 953 648</p>			
<p style="text-align: center;">Just click on QR Code or Links to Club Information</p> <p>Website: http://zontaadelaideflinders.org.au/</p> <p>Facebook: https://www.facebook.com/adelaideflinders/</p> <p>Instagram: zonta_club_adelaide_flinders</p> <p>Address: PO Box 27, Unley Business Centre, SA 5061</p> <div style="text-align: right;">  </div>			