

FLINDERS FACTS

Zonta Club of Adelaide Flinders Inc
District 23, Area 2
Club 993 Chartered December 1981



2024 – 2026 Biennium
Issue 1
June – Aug 2024



*From the Co-Presidents
June | August 2024*



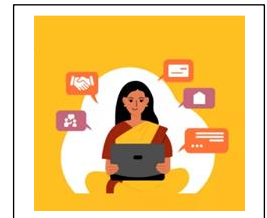
Fellow Zontians,

We have enjoyed a very busy start to the new biennium 2024-26.

10 members from Zonta Club of Adelaide Flinders attended the International Convention in Brisbane at the end of June 2024. As many of us were ‘first timers’ (which added to the excitement), we were lucky enough to have members experienced in convention protocols to guide us.

While Lindy attended all the business sessions being the Club Delegate, others chose between many interesting workshops which were discussed at lunch each day. We were delighted with the voting outcomes, especially seeing Sandy Venn-Brown (D22) installed as International Vice-President.

Importantly there was the overwhelmingly popular adoption of the LAHA Project (meaning xxx) as the new international project for this biennium. This project is Supported through UNICEF and is a virtual safe space (VSS) platform aiming to be a digital space where women and adolescent girls can seek support, ask questions, discover where to find help. Eventually the VSS has the long-term goal of establishing a secure social network that has a carefully moderated user forum.



The highlight of the convention for us was the launch of Zonta Australia which was attended by both the outgoing and incoming International Presidents. The new Board has been announced with Dr Lesley Siegloff from our club being one of the inaugural members. More information about Zonta Australia will be provided by through further editions of our Flinders Facts.

We all came home very enthused and re-invigorated for all things ZONTA.

The July members meeting was devoted to a detailed Convention de-brief and sharing of results. In August we held a relatively brief business meeting (thanks to the adoption of the consent agenda model) then enjoyed hearing all about the world of Forensic Odontology from Professor John Berketa. We are all far more enlightened about what really goes on behind crime and natural disaster scenes and it’s not all CSI glamour!

The members who remained in Adelaide were busy maintaining service projects. Yellow and black breast cushion are being distributed (a homage to RAA for awarding us a grant to buy materials) and 15 Toiletry bags were delivered to AFSS Olga Fudge House (supported by a grant received from CMV Group Foundation).

Our hardworking committees are busy gearing up for 16 Days of Activism and continuing successful service projects. The first of events supporting 16 days of Activism is the 'The Walk for Respect' on 14 September 2025 (see more details in this edition) which is a jointly supported by Zonta and Rotary Clubs. The newly named Greater Visibility committee is working on updating our social media exposure and website. In addition a 'book mark' has been developed with our new colours; these book marks will be provided in our Breast Cushions and Toiletry Packs (see below). We are delighted to have a Finance Committee who are meeting regularly to keep us well informed.

We are particularly excited about the return of our Annual Movie night on 27th October featuring the movie 'LEE' starring Kate Winslet. A flier will be out soon with ticket details (save the date NOW in your diary). A special fundraising committee has been formed and will meet shortly to make sure this event is as successful as ever.

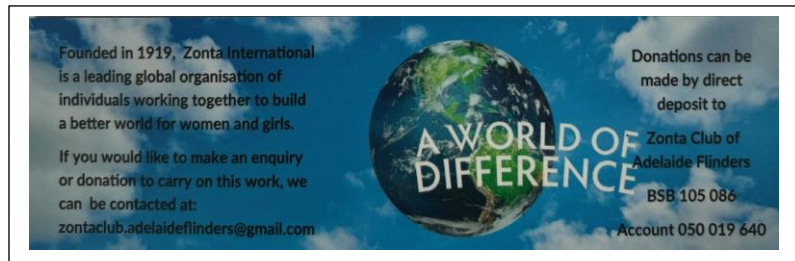
Lorraine and Lindy would like to thank all members for their enthusiasm and prompt action in joining a committee. It is wonderful to see us all getting involved in the goals and activities of our club.

Thank you all for your continued support, stay safe and enjoy this interesting spring weather.

Yours in Zonta Fellowship,

Lindy Berketa and Lorraine Omond

Co-Presidents 2024-2026
Zonta Club of Adelaide Flinders Inc.



Rugs for Love

Thank you Note:

We were very pleased to receive a donation of \$350.00 from Dr Pauline Glover, coordinator of 'Rugs for Love' as a result of the support provided by some of our members. This project made an extraordinary contribution of 241 rugs that were distributed to the Department for Child Protection houses (north, south, central and country) and Women's Safety Services in the north.



If you would like to keep your hands busy during this winter, we would appreciate any knitted squares to assist in the making of more blankets

Recognition of Members years of service:

A key part of our **Biennium Handover Dinner** is the recognition of the significant contribution our members make towards our club through their ongoing involvement. The following presentations were unable to be presented on the night:



Marriane Kidd for 10 years



Sarah Cunningham for 30 years

Calling all Zontians to ‘Walk For Respect’

Zonta is again partnering with Rotary to support the Walk for Respect which is being held on Saturday 14th September 2024.

The walk will commence at Victoria Square at 0900 for 1000 start, so put on your orange t-shirt and hat and come and walk with us. Orange ladies will be available for people to carry as well.

Pease register through scanning the QR Code



Vale Helen Oxenham OAM:



We would like to acknowledge the loss and the incredible life and legacy of Helen Oxenham OAM who died recently.

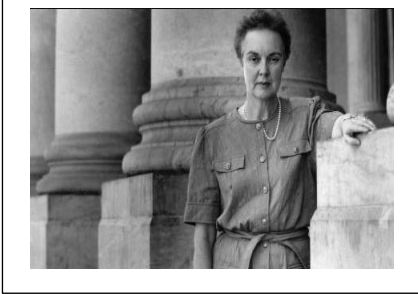
A survivor of domestic violence herself, her capacity for compassion and care for people experiencing domestic and family violence was boundless.

On migrating to Australia from Ireland in the 1970s, Helen’s lifelong work supporting survivors began when she opened the back of her bookshop on Beach Road, Christies Beach to women and their children fleeing violence. From there, she went on to be instrumental in establishing Adelaide’s first Women’s Shelter, which still exists today as the Southern Adelaide Domestic & Family Violence Service.

Helen spent the remainder of her life advocating for women’s safety and freedom, her commitment to this mission remaining staunch until the end of her life.

Acknowledging Past Members:

It is with sadness that we acknowledge the passing of the following two Zonta members:



**Vale Hon Jennifer Cashmore AM
(1937 – 2024)**

Jennifer Cashmore was admitted to Zonta and joined our club as an honorary member in March 1988.

She is remembered as a trailblazing politician with foresight and courage.

In 1977 she became only the third woman elected to the House of Assembly serving until 1993 and she was the second woman appointed to state cabinet with portfolios of environment and health.

She was a true legislative pioneer and passionate advocate on environmental issues. However quality palliative care was a passion, and she played a key role in shaping the State's palliative care laws. She was instrumental in the establishment of the law and practice relating to death and dying with the 'Consent to Medical Treatment and Palliative Care' bill being passed in April 1995.

A lifelong campaigner for women's equality, through her compassion and dedication to public service herself she also instilled in her 3 children a strong sense of service and community commitment.



**Vale Shirley Staggs
(1931 – 2024)**

Shirley Staggs joined Zonta in 1983 and was an extremely active member of our club for around 20 years and held many positions, including President from 1989 to 1991.

Her many fundraising events were always innovative and fun, and it is recalled that she organised a Combined Area 2 Amelia Earhart event at Adelaide Airport which was a huge success.

She also painted the Zonta Roses that adorned our breast cushion cards for many years.

Shirley's funeral is being held on Friday 6 September at 1045 at Centennial Park with the eulogy being delivered by Jill Welsh.



Zontians Out and About:

Over the past couple of months our members have been about and about participating in a range of functions with other Zontians.

A key event was the recent International Convention that was held in Brisbane where over 1,700 Zontians from over 60 countries came together. The purpose of the Convention was to vote in the new board members, key positions and to confirm the goals and projects for the next Biennium. Importantly for our Australian Clubs, Zonta Australia was formally launched and as outlined in our Co-Presidents report, Dr Lesley Siegloff has been appointed as an inaugural member of the Board – Congratulations Lesley.



Important Information:

Do you know what to do if you see a woman or child uses their hands in this way?

This signage is an international recognised hand signal that is now being communicated throughout our communities for women or children who may find themselves in a vulnerable position and needs help. There are now television adds and social media posts showing different circumstances where women and children are using this signage.

If you seek someone use this sign, you need to carefully assess the situation and if safe to do so try and distract the other person and/or call the Police.



Service Reports

The Board has approved and supported four Service Projects for 2024-2025 which include:

- Sewing Circle – Lead: Lesley Siegloff
- Breast Cushions – Lead: Sarah Cunningham
- Toiletry Packs – Lead: Isobel McFarlane
- Birthing Kits – Lead: Sue Lear
- Treasure Boxes – Lead Isobel McFarlane



As part of our program planning for 2024 – 2025, it has been agreed by the Board that engagement with our service projects will be part of our monthly program. This strategy allows Members to assist in joint fellowship at our meetings. Further information in relation to the timing of service projects will be communicated as part of the agenda for each meeting so please keep apprised on the developments each month.

Current status reports of projects are as follows:

Birthing Kits (Lead – Sue Lear):

We are extremely grateful to the generous grant of \$1,500 provided from the CMV Group Foundation.



Breast Cushions (Lead – Sarah Cunningham):

Members continue to enjoy making the new **Breast Cushions** in the RAA colours of yellow and black as a result of the generous grant of \$2,500 provided as part of RAA's Grassroots Giving Program



Members are also reminded if they are available that on the last Thursday of every month (26 September and 31 October) between 1 – 3.30pm you are welcome to attend a workshop at Renella Neighbourhood Centre (164-170 Old South Road, Old Reynella. Bring along your smile, skills or machine. More information from Sarah Cunningham, Breast Cushion Lead.

Toiletry Packs (Lead – Isobel McFarlane):

Another 15 Toiletry Packs were distributed to Olga Fudge and Western Womens Health shelters over the last month. These Packs are warmly received by the women and we sincerely thank members and the grant from CMV Foundation for their contributions.



As a reminder it would be very valuable if Members can continue to provide donations of goods at our monthly meetings to support the ongoing stock that is required for the toiletry bags. The type of goods required are:

Deodorant's : 70	Hair ties: 300	Razor : 90
Facewashers : 60	Shampoo : 65	Emery boards : 60
Hair brush : 75	Conditioner : 65	Soap : 100
Soap box cont. : 30	Tissues : 100	Toothbrushes : 100
Toothbrush holders : 30	Toothpaste : 20	

Reminder: At our next meeting in we will collectively support the packing of 50 toiletry packs for distribution so don't forget to bring along some stock please.

Treasure Boxes (Lead – Isobel McFarlane):

Each year members provide small gifts that can be placed in a designer box so that some joy can be given to women who are in our various women's shelters at Christmas time.

At our next meeting (18th September 2024) the boxes will be distributed to members for them to be returned at the November meeting. The following guidelines may assist you to start to look for some special items to be placed in the boxes:

Adult colouring book & pencils	Envelops, postage stamps	Ladies briefs
Beanie	Face moisturiser, cleanser	Manicure/pedicure kit
Coloured pen sets	Floral china tea cup/mug	Nail polish/polish remover
Combs, headband	Foot balm / hand cream	Note book & pen / notepaper
Decorative hair clips	Lip balm / lipstick	Pen / pencils
Perfume / body spray	Scarf	Small book of inspirational quotes etc
Small photo frame or album	Socks	Sunscreen
Toiletries	Tricket box	Trinckets



Save the Dates

<p style="text-align: center;">Advocacy</p> <p style="text-align: center;">'WALK FOR RESPECT'</p> 	<p>Date: Saturday 14th September 2024 Time: 0900 for 1000 start Location: Meet in Victoria Square Tickets: All members are asked to register through the QR Code</p>  <p>The walk will travel 1.2km along King William Street and arrive at the Elder Park Rotunda. The walk will offer South Australians a chance to gain insight into the key signs of Domestic Violence & Coercive Control that surrounds us.</p> <p>All members are urged to put on their orange shirts and hats and come along to support this major event.</p>
<p style="text-align: center;">Movie Night</p> <p style="text-align: center;">'LEE'</p> 	<p>Date: Sunday 27th October 2024 Time: 5pm for 6pm start Location: Regal Theatre Cost: \$25 which include refreshments and bubbles/OJ Bring some cash for our raffle! Tickets: purchase tickets through www.trybooking.com/CVAKS</p> <p>The movie LEE is a powerful and intimate portrayal of former model and fearless WW2 photographer Lee Miller with Kate Winslet playing in the lead role. The movie took 8 years to make; through Kate's eyes we see the truth of her life of pain, joy and death embedded in her photographs.</p> <p>This will be our major fundraising event so ensure that you save the date and let your family and friends know.</p> <p style="text-align: center;">Note: A flyer has been attached to this email so that you can distribute amongst friends and family</p>
<p style="text-align: center;">White Ribbon Breakfast</p> <p style="text-align: center;">'WAKE UP TO CHANGE'</p> 	<p>Date: Thursday 7th November 2024 Time: 6.45 – 9.00 am Location: The Adelaide Convention Centre Cost: \$65 or \$50 for Students and Health Care Holders or \$1,000 for Corporate Table of 10 people (includes hot breakfast). Tickets: tickets at https://www.trybooking.com/CUQAJ</p> <p>Dr Vincent Hurley, criminologist and former police officer will be the Keynote Speaker. His passionate advocacy for change, imbedded in firsthand experience with the impacts of sexual and domestic violence promises to make this a compelling and impactful morning.</p> <p style="text-align: center;">Note: A flyer has been attached to this email so that you can distribute amongst colleagues</p>

June, July, August, September 2024 Birthdays

We would like to wish the following members a very happy birthday:

- Carolyn Palmer (12 June)
- Di Cooper (17 July)
- Lindy Berketa (24 July)
- Margaret Rowland (14 August)
- Jessica Knight (6 September)
- Barbara Spriggs (24 September)



Don't forget to log in to the ZI website and check your personal details? Are your contact details up to date? It is your responsibility to make any changes if you move house or change your contact details.

Did you realise that our club website has links to other sites? They are in the black box at the bottom of the home page. Our QR code provides a direct link to our site. Go to: <https://zontaadelaideflinders.org.au>



At the bottom of the home page there are links to Zonta International, District 23 and our club Facebook, and Instagram accounts.

Woman of Inspiration Award: In memory of an inspiring woman – Trish Pickering

The purpose of this award is to recognise women who personify the spirit of humanitarianism of Zonta. Awardees have conquered adversity and as a result of their service the community is a better place to live.

If any member is aware of a potential nominee, please contact Lindy Berketa via email on lindyberketa@hotmail.com

The award is presented in May each year

Nominations close end of February each year






Did you know how the Zonta International logo was developed?

It was built on 6 key elements:

- Inspiration
- Loyalty
- Carry Together
- Shelter
- Honesty and then
- Group all the elements together



<p>Board & Leadership Roles 2024 – 2025</p> <p>Co-Presidents: Lindy Berketa Lorraine Omond</p> <p>Vice President: Isobel McFarlane</p> <p>Secretary: Carolyn Palmer</p> <p>Treasurer: Marcia Hakendorf</p> <p>Directors:</p> <ul style="list-style-type: none"> • Sharon Vale • Lesley Siegloff • Kae Martin • Bernadette Egan <p>Club Leads:</p> <p>Advocacy</p> <ul style="list-style-type: none"> • Lesley Siegloff <p>Awards</p> <ul style="list-style-type: none"> • Lindy Berketa <p>Breast Cushion Project</p> <ul style="list-style-type: none"> • Sarah Cunningham <p>Birthing Kits</p> <ul style="list-style-type: none"> • Sue Lear <p>Correspondence</p> <ul style="list-style-type: none"> • Cintra Amos <p>Fellowship</p> <ul style="list-style-type: none"> • Marianne Kidd <p>Fundraising</p> <ul style="list-style-type: none"> • Tba <p>History and Archives</p> <ul style="list-style-type: none"> • Carolyn Colquhoun <p>Membership and Recruitment</p> <ul style="list-style-type: none"> • Jill Welsh <p>Greater Visibility</p> <ul style="list-style-type: none"> • Eronwy Edwards <p>Program</p> <ul style="list-style-type: none"> • Kae Martin & Bernadette Egan <p>Nominating Committee</p> <ul style="list-style-type: none"> • Jill Welsh <p>National Council of Women SA</p> <ul style="list-style-type: none"> • Lindy Berketa and Kae Martin 	<p>Objects of Zonta</p> <ul style="list-style-type: none"> • To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy. • To work for the advancement of understanding, goodwill, and peace through a world fellowship of executives in business and the professions. • To promote justice and universal respect for human rights and fundamental freedoms • To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who service their communities, their nations, and the world. 		
	 <p>ZONTA CLUB OF ADELAIDE FLINDERS INC BUILD A BETTER WORLD FOR WOMEN AND GIRLS</p>	 <p>ZONTA SAYS NOW TO GENDER-EQUAL CLIMATE ACTION</p>	 <p>Zonta Club of Adelaide Flinders Inc. Woman of Inspiration In memory of an inspiring woman - Tresh Pickering</p>
	<p>The Zonta Thanks</p> <p>Wherever your country of birth whatever your faith or creed give thanks for the meal we share in Zonta Fellowship But remember too those who have no food today not with guilt that we have so much but with hope that through Zonta service and advocacy they too may come to share the same in peace and harmony</p>		
<p>Monthly Club Dinner Meetings</p> <p>3rd Wednesday of the month at 6.15 for 6.45 pm Venue - West Adelaide Football Club, Richmond RSVP & Apologies to Isobel: 0418 953 648</p>			
<p>Just click on QR Code or Links to Club Information</p> <p>Website: http://zontaadelaideflinders.org.au/</p> <p>Facebook: https://www.facebook.com/adelaideflinders/</p> <p>Instagram: zonta_club_adelaide_flinders</p> <p>Address: PO Box 27, Unley Business Centre, SA 5061</p> 