

ANNUAL REPORT 2023-2024



*Zonta Club of Adelaide Flinders Inc
District 23, Area 2, Club 993
Chartered December 1981*

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Board Members and Club Representatives – 2023-2024



Executive

Co - Presidents	Lindy Berketa and Lorraine Omond
Vice President	Eronwy Edwards
Secretary	Position vacant
Treasurer	Marcia Hakendorf
Directors	Lesley Siegloff Sharon Vale Jessica Knight Kathie Guy (resigned)

Club Roles/Representatives

Advocacy	Lesley Siegloff - Lead, Marcia Hakendorf, Jenny Hunter, Sharon Vale, Kathie Guy, Claudia Turon
Awards - YWPA	Sue Lear
- Woman of Inspiration	Lindy Berketa

Archivist/Historian	Carolyn Colquhoun
Birthing Kits	Sue Lear
Breast Cushions	Sarah Cunningham
Fundraising	Position Vacant Jill Welsh - Film Lead
PR, Media & Communications	Eronwy Edwards
Flinders Facts	Kae Martin - Editor, Kathie Guy, Bernadette Egan, Jenny Hunter
Membership	Jill Welsh - Lead, Carolyn Colquhoun, Sharon Vale, Sherry Proferes, Marianne Kidd - Fellowship
XYZ (Extend Your Zonta)	Cintra Amos, Susan Macdonald, Jill Welsh, Carolyn Colquhoun
Nominating Committee	Jill Welsh - Lead, Jessica Knight, Bernadette Egan, Lesley Sieglhoff
Parliamentarian	Margaret Rowland
Programs	Jessica Knight - Lead, Sharon Vale, Claudia Turon, Susan MacDonald, Kathie Guy, Di Cooper
Service	Heather Smigiel - Lead (on leave 2023)
ZZ Sewing Circle	Lesley Sieglhoff - Lead, Isobel McFarlane, Marcia Hakendorf
Toiletry Bags, Shoeboxes of Love, Emergency Relief Vouchers	Isobel McFarlane
D23 Project - Breast Cushions	Sarah Cunningham
D23 Project - Birthing Kits	Sue Lear
National Council of Women	Lindy Berketa, Kae Martin (ZCAF Representatives)
Western Collaborative Against Family and Domestic Abuse	Lesley Sieglhoff

Members 2023-2024



Cintra Amos

Lindy Berketa

Carolyn Colquhoun

Di Cooper

Dr Sarah Cunningham

Eronwy Edwards

Bernadette Egan

Kathie Guy (resigned)

Marcia Hakendorf

Julie Hayford PhD (resigned)

Penny Hepworth

Jennifer Hunter

Marianne Kidd

Jessica Knight

Sue Lear

Susan MacDonald

Kae Martin

Isobel MacFarlane

Lisa Mulvaney (moved overseas)

Lorraine Omond

Carolyn Palmer AM, PhD

Sherry Proferes

Constance Price

Margaret Rowland

Lesley Siegloff PhD

Heather Smigiel PhD

Barbara Spriggs

Sarah Taylor (resigned)

Claudia Turon

Sharon Vale

Jill Welsh



Past Presidents



Charter President, Esme Proudman
1981-1984

Jill Welsh 1984-1986

Gwenda Cunningham 1986-1988

Elizabeth Smith (deceased) 1988-1990

Shirley Stagg 1990-1992

Dr Sarah Cunningham 1992-1994

Marjorie Smith OAM (dec)1994-1996

Patricia Russell (dec) 1996-1998

Fay Leditschke 1998-2000

Heather Sutton 2000-2002

Dr Pauline Glover 2002-2004

Isobel McFarlane 2004-2006

Cintra Amos 2006-2008

Carolyn Colquhoun 2008-2010

Jodi Knoop 2010-2012

Anne Miller 2012-2014

Sue Lear 2014-2016

Eronwy Edwards 2016-2018

Dr Heather Smigiel 2018-2020

Dr Lesley Sieglhoff 2020-2022

Lindy Berketa and Lorraine

Omond 2022-2024

Presidents' Report



Lindy Berketa



Lorraine Omond

It is with pleasure that we present our report for 2024, the second year of the biennium. Indeed, this report completes the experiment that the club embraced two years ago with the election of two Co-Presidents. As we look back, it is with some degree of satisfaction acknowledging our achievements, both personally and as a Club, accepting those goals we have not yet met, and following those aspirations that we hold for the future.

2024 commenced with the Handover Meeting, in May 2023 where 60 guests, comprising members, their guests, members from other Clubs and Mr Wes Pickering, our Benefactor for the Women of Inspiration Award. He presented three worthy recipients Barbara Spriggs (proxy), Rosemary McKay and Emma Georgiadis with their rewards. These are inspiring women who overcame adversity and achieved very special goals.

At this dinner we also celebrated the fantastic achievement of 40 years' service to the club and Zonta. Jill Welsh has been an active member who ardently promotes Zonta and its ideals. Our members enthusiastically congratulated Jill for her personal achievement and the continuous effort and time she has put in to promoting our Club as a Past President, Board Member and Member. Five members were also presented with Length of Service Awards.

We welcomed new Board members, Sharon Vale and Kathie Guy. Marcia Hakendorf assumed the position of Treasurer. The new members came up with new views and ideas, adding a vibrant dynamic to our team. We also congratulated Dr Sarah Cunningham on her appointment to the position of Area 2 Breast Cushion Co-ordinator. Throughout the year, we operated without filling the positions of Secretary and Service and Fundraising leads. We give our sincere thanks to those members who gallantly rose to help us cover these areas successfully.

In this biennium, several members have attended numerous external meetings and events including the Area 2 Focus Forum 'A Roof over my Head – Actions not Words', and the District 23 Area 2 Workshop at Blackwood, hosted by Zonta Club of Adelaide Hills.

Another group also attended the Mt Barker Zonta Club Film Night. The 'Rugs for Love' exhibition in May was a wonderful display by a group of dedicated women who very generously donated part of the proceeds to our Club. Members also helped celebrate the 30th Anniversary of the Zonta Club of Gawler. Members also went to the closure of the Zonta Club of Noarlunga Southern Vales, with whom our Club had collaborated over many years.

At Club Dinner Meetings at the West Adelaide Football Club (WAFC), we hosted several interesting speakers, actively sourced by the Program Committee. A memorable speaker, who was unable to attend, sent her story to be read to us by Jessica Knight. Her story contained very confronting and thought-provoking words of a woman who had been to some very dark places of our prison system, and her life experience that enabled her to gain strength and lift herself out of these depths. We were so grateful to her for being brave enough to share her experiences with us.

Past Member, Julie Irwin, gave us a great insight on how women were dealing with life in Afghanistan. Julie enlightened us on the workings of the Support Association for the Women of Afghanistan (SAWA) and how they are raising funds to support women in Kabul. Our Club became a member of SAWA, and we now receive regular updates.

We also listened to Samson Selladurai, who co-founded a safety app for women. To give us all an insight to the IT issues that seem to be everywhere, former Zontian, Nan Berrett, took us through the often-bewildering maze of social media, and now we have the words 'Never click on a link' firmly entrenched in our minds. Following a member's request for information on My Aged Care, Mark Trebilcock was able to enlighten us on methods of navigating this minefield.



We had a great contingent go to the Bunbury Convention where we were treated to a diverse program and inspiring speakers. The ability to meet with other Zontians really reinforces how the Zonta spirit is indeed nationwide as well as worldwide. We were delighted to see our Co-President Lindy Berketa elected Vice Area Director 2024-2026, working with Jenni Foreman as Area 2 Director. Lesley Siegloff was elected to the D23 Nominating Committee 2024-2026. Our Club has benefited greatly from Lesley Siegloff being the Area 2 Director, as well as being our Advocacy Chair. As a club we are proud to see our leaders progress to leadership positions where other clubs can share in their enthusiasm and expertise. We congratulate them and wish them well when they take up their positions later in 2024.

We entered submissions for District 23 (D23) Awards which were presented at this Conference, and were delighted that the Birthing Kit program, led by Sue Lear, was awarded a Birthing Kit Foundation Australia (BKFA) Gold Club Certificate for holding over 30 Clean Birth Kit Assembly Days since 1999.

Our wonderful PR and Communication / Flinders Facts teams received a Highly Commended Award in the Greater Visibility category for their fabulous work.

The *Women of Inspiration* won the top Advocacy award, acknowledging this program of excellence. It was indeed an honoured moment for our Club to receive these awards in recognition of our members' work.

We also entered three submissions for the Service Clubs Association of SA (SCASA) 2023 Premier's Community Service Awards. Nine members attended the presentation lunch where we were thrilled to receive three awards. These were an Award for the *Woman of Inspiration*, a Commendation for our Clothesline Project and Jill Welsh won the top award, the Heide Taylor Medal for Service. This was a wonderful acknowledgement of our special projects and a special member.



We all have a new respect for orange paint. The 16 Days of Activism this year was the culmination of many days of hard work painting orange ladies, making orange ribbons, spreading the word 'Zonta says No', and then having many of our orange clad members join with Rotarians to march through Adelaide. Thanks go to the fabulous banner bearers John Berketa and Paul Hakendorf, and to our honorary mascot Ruby.

The Clothesline event was another success, and we thank the West Adelaide Football Club and their team members who attended and produced such amazing slogans on the t-shirts to display in the Club Rooms. We take this opportunity to thank the Advocacy Chair, Lesley Siegloff, for her tireless efforts in making the 2024 16 Days of activism so successful, not only for this club but across all Area 2.

Our Club made tentative steps forward by setting up a pilot program for International Women's Day in March. A small group went to Olga Fudge Centre where they prepared and served a brunch for the women and girls. All women received a yellow rose. Wonderful weather, and a great opportunity to bring support on a very special day of the year.

CMV Group provided funds for a birthing kit assembly evening at our April meeting. Their generosity is greatly appreciated, as the current financial times have proven very difficult for many in the community, and fundraising poses a high mountain to climb.

Our club is actively looking for corporate sponsorship to enhance our Service aspirations for the coming period. We were awarded a Regional Safety Grant from the RAA to support our Zonta Breast Cushion Project. This is invaluable as we now need to produce a greater number of breast cushions for the next biennium. We are most grateful for this grant.

To celebrate Amelia Earhart day in January, Program Committee organised a visit to the Aviation Museum at Port Adelaide followed by a fabulous lunch overlooking the Port River. Twenty-five members and partners came to share this day of fellowship.

Our XYZ (Extend your Zonta) event delved into a field that all ladies seem to enjoy, clothes shopping. We express our gratitude to Blue Illusion Norwood for opening their shop for the parade and personal shopping experience.

We acknowledge the dedication of all the Leads and Committee Members for attending so many meetings which have enabled the club to run so smoothly. We thank the management of the West Adelaide Football Club for allowing us the use of their Board Room for our meetings and the excellent service we are given by their Staff.

To our Vice President Eronwy Edwards who has been there to always support us, we cannot thank you enough. Her knowledge of Zonta, being a Past Area 2 Director, and a current Zonta International Foundation for Women Ambassador, has always been freely given, as has her vast IT Knowledge. All Board members have worked so tirelessly to promote not only our club but also the ideals and goals of Zonta International. You have enriched this Club, and we are indebted to you.

To all our members, thank you for your support over the past biennium, for your friendship, for your ability to give guidance, and sharing your diverse expertise and Zonta knowledge so freely. The contribution of your time, your abilities and flowers to keeping this club so positive and vibrant is greatly appreciated.

Zonta International Convention in Brisbane is the third to be held in Australia and ten of our members plan to attend. What an amazing opportunity. They will bring back rich experiences of this event to share with the club.

The new Biennium is here. With a new Executive comes a new dynamic. Change is good as it gives a new perspective, a new focus on goals, presents different challenges, expands on current projects and is always moving forward.

It has been an honor and a privilege to lead The Zonta Club of Adelaide Flinders Inc. for the 2022-2024 Biennium,

In Zonta Fellowship,

Lindy Berketa and Lorraine Omond - Co-Presidents 2022-2024

Nominating Committee Report

Members of the Nominating Committee: Jill Welsh (Chair), Lesley Siegloff, Jessica Knight and Bernadette Egan.

On behalf of my fellow committee members, it is with pleasure that I announce the 'Slate of Candidates' for nominations for the 2024-2026 Board. The current board members and terms are detailed below.

Co-Presidents

Lindy Berketa 2024 - 2026

Lorraine Omond. 2024 - 2026

Vice President

Isobel McFarlane 2024 - 2026

Secretary

Carolyn Palmer 2024 - 2026

Treasurer

Marcia Hakendorf 2024 - 2025*

Directors

Lesley Siegloff 2024 - 2026

Sharon Vale 2024 - 2025*

Kae Martin 2024 - 2026

Bernadette Egan 2024 - 2026

Thank you to the following Executive members and Directors (*) who have completed their two-year tenure in their current positions, Eronwy Edwards as Vice President, and Director Jessica Knight. Treasurer Marcia Hakendorf, and Sharon Vale have completed one year of their current roles.

Service Projects Report

Reports from the leaders of the Zonta Club of Adelaide Flinders Inc. Service Projects funded last year:

Toiletry Bag Project

From our records we have provided a total of 2342 filled toiletry Bags to women in need. The toiletry bags are made using rubber-backed curtain fabric or a similar fabric, corded, and filled with basic and essential toiletries. Many members, and some work colleagues of members, have donated toiletries to help reduce the cost of this project. Facilities prefer smaller batches of toiletry bags as storage of large quantities is a problem. This project ensures that each woman client has her own personal toiletries. The toiletry bags are highly valued by staff and clients, particularly those housed in motel units.



Women's Safety Services Western Shelter: During the year batches of filled toiletry bags, to a total of 92, were delivered to Women's Safety Services Western Shelter at Woodville.

Aboriginal family Services Olga Fudge House: Olga Fudge House at Westbourne Park only needed 2 batches of 10 equaling 20 filled bags this year but will contact when more are needed.

My thanks to members and friends who have willingly donated goods or cash towards this project. Special thanks also to the willing assembly/packing team, who have made many, many trips around trestles loaded with goods. Club members have approved that this project will continue.

Shoeboxes of Love

Members filled 41 gift boxes with small, personal, useful and beautiful items: 21 were delivered to Women's Safety Services Western Shelter, 11 to Aboriginal Family Support Services Olga Fudge House, and 9 to Hutt Street Centre Women's Pathways Program, so that every woman client receives one Christmas gift. From our records, we have provided a total of 863 Gift Shoeboxes. Thanks to everyone for your great commitment. This project has been approved to continue.

Isobel McFarlane - Western Services Support Coordinator

District 23 Projects

Breast Cushions



The Zonta Breast Cushion Project provides vital support for women after breast cancer surgery, by the provision of a free breast cushion. The U-shaped satin (or cotton) pillow is worn under the arm with strap over the shoulder, giving physical and emotional comfort whilst sleeping, driving or other activities. It enables women to get back some kind of normality a little quicker, and shows we care!

Breast cushions were first produced by the Zonta Club of Botany Bay in the late 1990s. Our club was instrumental in bringing the project to S.A in 2000, and to District 23 as an ongoing District 23 project (by past District 23 Breast Cushion Project coordinators Pauline Glover then myself). Our club continues to be actively involved by making and supplying direct to our allocated Hospitals - Calvary North Adelaide, Western Community, QEH, Mt Gambier, Naracoorte, the Cancer Council, and on individual request. From mid-2023, I now also organise making & supply for the RAH, as well as coordinate the project for Area 2 clubs (and store a back-up supply for clubs). The project is still promoted by the Breast Cancer Network Australia in their “My Journey” booklet, McGrath Foundation & by other breast care nurses.

Most filling in 2023 was purchased as new pillows from Kmart (good quality, cheap). The previous free supply (from Air Diffusion) was surplus filling from other orders and is often not available. Material is purchased on sale at Spotlight, the cheapest option. Some individuals donated material in 2023.

Our cushions are wrapped in bright cellophane and ribbons with an information insert about Zonta and the cushion. The wrapping doubled in price in 2022/23, so cellophane bags will likely be used in 2024. Insert printing is still donated free (by my husband). Cushions are stored then delivered by me in bulk (10-40 at a time) to hospitals and posted to Mt Gambier and Naracoorte. The Silks craft group stopped making cushions in 2022, but Flinders members, Kae, Bernadette, Marianne, Lindy and I still make a lot of stock in our own time. The annual December workshop at Walford also saw another 100 plus completed, a great service and education morning for students and Flinders members.



From May 2023, I coordinated a monthly workshop at Reynella Neighborhood Centre (bi-monthly in 2024) to supply RAH. Marion Quilters held two workshops managed by a past cushion recipient. I buy and cut all materials to a standard pattern and provide the cut outs and filling on demand to all sewing helpers. Please consider coming on board to sew with friends.

This project is funded by club fundraising and donations from recipients.

My report covers 1/1/23 to 31/12/23 (the reporting cycle to the District 23 coordinator) COSTS for 2023 = \$ 1310-62_(less than 2022)- material \$624, filling \$396, cellophane \$111, post \$81, cottons/elastics/ pins \$97. Some fabrics were donated, and \$420 was saved by purchasing materials on sale. \$344 of our costs was covered by a \$500 donation from ZC Noarlunga Southern Vales when they closed (for RAH supply)- remainder to use in 2024.

DONATED in 2023 = 400 cushions. (WCH 79, Calvary 130, Mt Gambier 30, RAH 160, +1 individual)

TOTAL DONATED by Adelaide Flinders SINCE 2000= 6495 (6,495 women helped)

Dr Sarah Cunningham - Breast Cushion Lead

Birthing Kits



Since its inception the Birthing Kit Foundation has distributed over 2.7 million kits in more than 30 countries through partner organizations. It has trained more than 10,000 traditional birth attendants and contributed to the prevention of Female Genital Mutilation (FGM) in communities.

It was great to be able to hold our annual Birthing Kit assembly workshop at Walford as part of their Community Service Week activities in December. The kits were assembled by about 35 Year 11 girls and staff alongside Adelaide Flinders members.

There was a hive of activity as the enthusiastic girls assembled the kits from scratch, folding plastic sheets and inserting them in bags, cutting string and then assembling all the components (gloves, soap, gauze, string and scalpel) before packing the completed kits in boxes of 100.



It was a magnificent effort to assemble in record time 400 kits, funded by club service funds plus a donation from Walford, where the girls assembled and raffled four

magnificent baskets. The kits were distributed in January shipments to field partners in Uganda, DR Congo, South Sudan, Nigeria, Kiribati or Papua New Guinea.

Thank you to the Year 11 students and a special thank you to club members who supported the workshop.

Sue Lear – Lead



Zonta Awards

Young Women in Public Affairs

The Young Women in Public Affairs Awards program, established in 1990 by Past International President Leneen Forde, recognises young women aged 16-19 years for their demonstrated leadership skills, their commitment to volunteerism and their support of Zonta International's mission of empowering women worldwide through service and advocacy. It encourages them to continue their participation in public and political life.

Since the program's inception, Zonta International has given 1091 awards (including District and International awards) totaling US\$1 488 750 to 919 young women from 61 countries.

Adelaide Flinders did not have a recipient of this award in 2023.

Sue Lear - Awards Lead

Service Clubs Association of SA
<http://scasa.org.au/>

**CONGRATULATES
ZONTA CLUB OF ADELAIDE FLINDERS**

**NOMINEE FOR THE 2023
PREMIER'S COMMUNITY SERVICE
SOCIAL INCLUSION AWARD**

Woman of Inspiration



CHAIRPERSON
Bronwyn Heard



Woman of Inspiration Award



The purpose of the award is to recognise women who personify the spirit of humanitarianism of Zonta. Awardees have conquered adversity and as a result of their service the community is a better place to live. The award is presented in May each year.



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This year we recognised three new recipients, and Wes Pickering presented the Zonta Club of Adelaide Flinders 2023 *Woman of Inspiration* awards at our Handover Dinner in May.



Recipients included Barbara Spriggs for her work in bringing about significant changes to the aged care system through the establishment of the Independent Aged Care and Safety Commission, and ICAC investigation and ultimately a Royal Commission into aged care.



Rosemary McKay was recognised for her work with the Homeless and many other community and social justice causes. She has worked tirelessly for the Australian East Timor Friendship Association and the Australian West Papua Association. She was instrumental in bringing the

oldest Clipper Ship in the world, “City of Adelaide” back to Adelaide in 2013.

Emma Georgiadis holds a Bachelor of Media and Bachelor of Law, involving leadership and



governance. She freelances as a voice-over artist and a presenter. Her combined passions for communication, education, social wellbeing and leadership helped her develop “Empowerhouse”, a gold award-winning podcast. She also facilitates a wellbeing program which empowers and motivates young women to build self-confidence, love of self, and resilience.

We thank Wes for his continued generous support of this Award in memory of an amazing woman, Trish Pickering.

Program Report

The year began with the same committee members: Lorraine Omond (Co-President), Jessica Knight (Lead), Sharon Vale, Susan MacDonald, Di Cooper, Kathie Guy and Claudia Turon.

Yet again, we managed to have some interesting speakers for the year, beginning with Tony Ey from RAA, who tested our knowledge of road rules at the mid biennium dinner. Thanks go to Susan MacDonald for suggesting him as a speaker.

In June we hoped to have Sarah Howat to speak to us regarding her experiences as a woman in correctional services and how we might as a club assist them. At the last moment, due to a family crisis, she was unable to attend but sent her poignant story to Jessica who read it at the meeting.

Kathie Guy, organised a representative from SAWA to give an illuminating talk in July, together with SAWA objects for sale and books of children's drawings.

August was a business meeting prior to members leaving for the Zonta Conference in Bunbury in September.

In September, we welcomed back members who had attended the conference, but several were still away on holiday. The report they gave to the dinner was honest and thought provoking.

As usual, in October we wished to have a dinner reflecting the international flavor of Zonta. As we were unable to select a suitable country as a focus, it was decided to use a video, researched by Kathie and presented by Eronwy, as Foundation for Women Area 2 Ambassador, for discussion and evaluation of projects undertaken by Zonta International.



November was the night for Activism, so we handed over to Area Director, Lesley, and her committee to arrange the evening. See report of Advocacy Committee.

December is Presidents' choice. As The Torrens Arms, Mitcham, is a central location for all members, it was decided to hold the end of year celebration there. There were mixed reports as we did not have the luxury of a private room and had to select from the general menu. As a result, it was suggested that members should be encouraged to suggest suitable venues well in advance of December. However, a few guests also attended and as usual there was good camaraderie.

Once again, we decided to have a low-key meeting in January as traditionally it is holiday time with several members away. To celebrate Amelia Earhart, we chose a lunch meeting, whilst incorporating the theme of Amelia. Sharon arranged a tour of the Aviation Museum at Port Adelaide to be followed by luncheon at the Birkenhead Tavern. This proved a great success, particularly as it enabled some members, restricted from driving at night, to attend the occasion. A proposal was made to have one or two luncheon meetings in future planning.



Following a suggestion by President Lorraine, in February, we were given a talk by Nan Berrett on Cyber Security, a very topical topic. The information regarding Facebook and other such media was most valuable and gave members much to think about

Jessica Knight - Program Lead 2022-2024

Membership, Attendance and Fellowship Report



Members: Jill Welsh (Chairperson), Carolyn Colquhoun (Minutes & Member Records), Marianne Kidd (Fellowship), Sharon Vale (New member Admin), Sherry Proferes and Isobel McFarlane (Attendance). On occasions we welcomed Presidents Lorraine Omond and Lindy Berketa to meetings. This Committee meets bi-monthly to discuss attraction and retention of members, mentoring and fellowship matters.

Membership has remained stable, now at 27, with one new member joining in May 2023, one member on leave of absence and three members resigning, one due to work commitments, one due to ill health and one who advised they will not be renewing their membership. The strength of our club is enhanced by still having 11 Past Presidents among our membership. Their knowledge and commitment are invaluable to the club.

Our club is very proud that our member Past President Lesley Siegloff is the current D23 Area Director, and Jill Welsh was honoured to receive the Heide Taylor Award for 40 years' service to Zonta and the community.

This year service badges were presented to Jill Welsh (40 years), Isobel McFarlane (25 years), Carolyn Palmer (15 years), Lesley Siegloff (15 years), and Penny Hepworth (5 years).

In September 2023 the Zonta D23 conference was held in Bunbury, Western Australia. Seven members from our club travelled to Bunbury to attend. The Club received two Awards and a Commendation for our projects including our new Woman of Inspiration Award.

The Membership Committee acknowledges that Fellowship is an important role of our club which includes acknowledging members' achievements and wellbeing and as such there has been an increased focus on Fellowship from the Board and Membership Committee. As such we continue to send cards, emails, Facebook messages and letters to the wider Zonta District and Clubs. These included congratulations for outstanding service, best wishes, get well and sympathy/condolence cards to Clubs, Zonta members and the wider community as and when required. During 2023-2024 fellowship has been extended to fifteen people, including a thank you card for a \$200 donation and a congratulatory message to the benefactor of our Woman of Achievement Award, Mr. Wes Pickering on the birth of his first grandchild.



For an active and vibrant club, attendance and commitment is vital. Our meeting attendances have been excellent this year. The table arrangements and ordering our own meals seems to be working well. Thank you to Susan MacDonald for our table decorations and all members who work to make our meeting space so welcoming. We would like to congratulate several members who achieved outstanding meeting attendance, including Isobel McFarlane and Marianne Kidd who attended every meeting.

Membership is an important function of the club, and it is the responsibility of all members to seek out potential members. With increased membership so too will our Service, Advocacy and Fundraising endeavours increase.

Jill Welsh - Membership Lead

Extend Your Zonta (XYZ) Report

Following the rejuvenation of our XYZ events last year (eXtend Your Zonta) the planned mid-year event was not held due to time constraints. However, due to popular request, we held another XYZ event at Blue Illusion in Norwood in March. It was a free



event with enthusiastic participation by many members, their guests, and members from Mt Barker and Adelaide Torrens clubs – another full house!

On arrival we were greeted with glasses of bubbles as we settled in along the catwalk corridor before being treated to a fashion feast as our magnificent member models Marcia and Lorraine showcased a range of gorgeous outfits from the latest Blue Illusion range.

Yummy pastries and fruit platters followed, and it was time to shop. The fitting rooms were continually busy, and our hosts Wanda, Jenn and Sheryl were constantly kept on their toes. There were certainly many packages that left the store that night.

It was so much fun and a great opportunity for members and guests to just relax and get to know each other better, which in turn strengthens our bonds as a team when we undertake our Zonta service and advocacy projects.



Although it was not a fundraiser, Blue Illusion very generously donated 7% of the whole day's takings to our Club, which was a bonus, and we truly appreciated their efforts. It was indeed a very congenial evening which looks like becoming a regular event.

The Adelaide White Ribbon Breakfast held at the Adelaide Convention Centre in November was again attended by a table of members from the Zonta Club of Adelaide Flinders and some guests. The event was officially opened by SA Lt Governor Dr James Muecke AM and a moving Welcome to Country was performed by Isacc Hannam with his didgeridoo. Keynote speaker was Micaela Cronin, Australia's inaugural Commissioner for domestic, family and sexual violence, who travelled from Canberra to be with us and gave a powerful presentation. Breakfast Co-Convenor and Adelaide Flinders member Cintra Amos gave the closing address.

Cintra Amos, Susan MacDonald, Carolyn Colquhoun. Jill Welsh

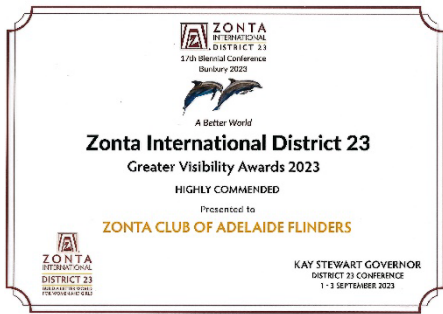
Communication, Media and PR Report

Committee: Eronwy Edwards (Website, Facebook, Photography and Presentations), supported by Cintra Amos (Facebook), Sarah Taylor (Instagram) and the Newsletter team of Kae Martin (Editor) and Bernadette Egan,



Once again, the club has maintained its presence in a conscious manner using a range of print and social media within and beyond the club. Indeed, we were delighted at the District 23 Conference in Bunbury in September to be presented with a Highly Commended Certificate in Category 4, Greater Visibility -Celebrate Ourselves. The Club’s actions to “Discover the Digital Age” had a huge impact on the visibility of Zonta.

We continued to share photos from club meetings on the club Facebook Page. In 2023 we had a greater presence during the 16 Days of Advocacy, 2023, and Cintra Amos was most diligent in posting items relevant to the Zonta year.



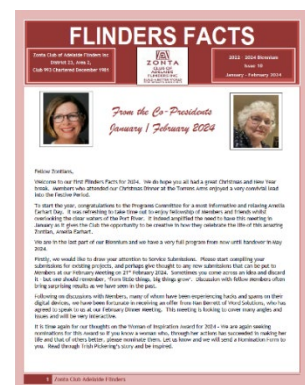
Our Facebook Page has 756 followers. 96.8% of the followers are women, and 3.2% are men. 420 are from Australia including SA, Vic, NSW and QLD, 202 in the US and the remainder from Germany 28, France 20, Italy 17, Philippines 14, Canada 13, UK 10, NZ 8, Finland 7.

While the Web Page is updated regularly, our Instagram Account has not been used as frequently, though it is linked to our Facebook

Page. A focus for this coming year.

I have produced a variety of presentations and documents for club use, and supported meetings with AV support.

Newsletter: In 2023 the editorial team consisting of Kae Martin and Bernadette Egan continued with developing the Flinders Facts which has been widely distributed to members, other clubs and interested Stakeholders. To date we have published 5 editions (bi-monthly) and are very grateful to our members who provide the valuable information to populate the newsletter. Our newsletter certainly provides a very good overview of the strategic directions for our club, service initiatives and how they are progressing and the opportunities that members have for fellowship.



Eronwy Edwards –Communication, Media and PR Lead

Advocacy Report

The committee included: Sharon Vale, Marcia Hakendorf, Lindy Berketa, Lorraine Omond and Kathie Guy

The year commenced with the group identifying the initiatives that we would be recommending to the club for the following year.

- Goal to engage in activities to improve the status of women and girls.
- Club membership and work with:
- Western Collaborative Against Family and Domestic Abuse; Lesley Siegloff club rep.
- National Council of Women – SA - Lindy Berketa and Kae Martin club Reps

Area 2 Advocacy Network

The Area 2 Network held a forum - A Roof over my Head: Actions not Words, on Saturday July 29th with the aim to focus opportunities to advocate for action. The outcome was a submission re homelessness to the Government by the Area. The Area 2 club members and clubs are still interested in engaging in positive initiatives to help the homeless women in our society.

Club Initiatives

16 Days of Activism 25th November – 10th December: Club members were involved in and ran a number of initiatives during this period.

Distribution of Orange Ladies around the community.



Club members had a great time at several working bees painting in iridescent orange, lady silhouettes that had been cut out of second hand corflute obtained from various parliamentarians around Adelaide. Members also made approximately 2000 orange ribbons. The orange ribbons and small cards explaining about the 16 Days and ZCAF commitment to raising awareness were put into boxes. These boxes and the corflute orange ladies or one

of the Perspex orange ladies (which had also been made up this year) were distributed to various GP surgeries, businesses and MPs' offices around the community where they were displayed for the 16 Days. We had a wonderful response from these

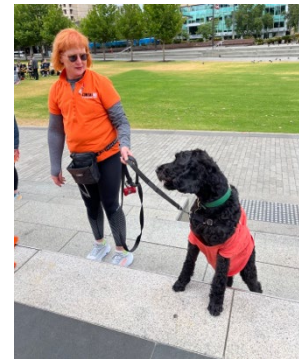
businesses and hope that this initiative will be expanded in future years. Thank you to the wonderful members who worked so hard to make this initiative a success.

On **24th November 2023**, Zonta members along with Embolden, Zahra Foundation and many other likeminded organisations called on the SA Government to hold a Royal Commission into Domestic Violence. Zonta in South Australia supports this call and asks that the government implement a Commission quickly so that the outcomes and recommendations can be acted upon and funded in a timely and positive manner. Zonta will continue its work to advocate for a better world for women and girls. This will include calling on members of the community to show respect to each other and demonstrate respectful behaviours to our children and other adults.

25th November Zonta Partnered with Rotary for the first Adelaide Walk from



Victoria Square along King William Street to the Women's Memorial to alert the community to the terrible scourge of Coercive Control and Domestic Abuse in our community. The walk culminated in speeches from several community leaders. In the week prior we had heard of six women dying because of domestic abuse. The was well attended by members and friends, including the four-legged kind of the Zonta Club of Adelaide Flinders. The message Enough is enough – Say 'NO TO VIOLENCE AGAINST WOMEN'



Monday 27th November - WCAFDA Forum; The Impact of Family & Domestic Violence on Child Development at Woodville:

ZCAF Members assisted in the development of and attended this forum run by WCAFDA – This was attended by 90 people including community workers, community members, associations and NGOs. A very successful event and we hope to continue to offer similar events in the next year.



Tuesday 28th November This year we again hosted our annual **'Drawing a Line' Workshop in collaboration with the West Adelaide Football Club**. The evening was well attended with members from both the men's and women's team and staff from the Zahra Foundation as well as our own club members.

The evening provided the opportunity to provide information to participants on the importance of being aware of 'inappropriate behavior' and 'calling it out'. The event commenced with an introduction to the work of Zonta. There was a

great hum in the air as everyone chatted and shared their ideas with the result being a wonderful display of T-shirts hanging in the WAFC Restaurant.

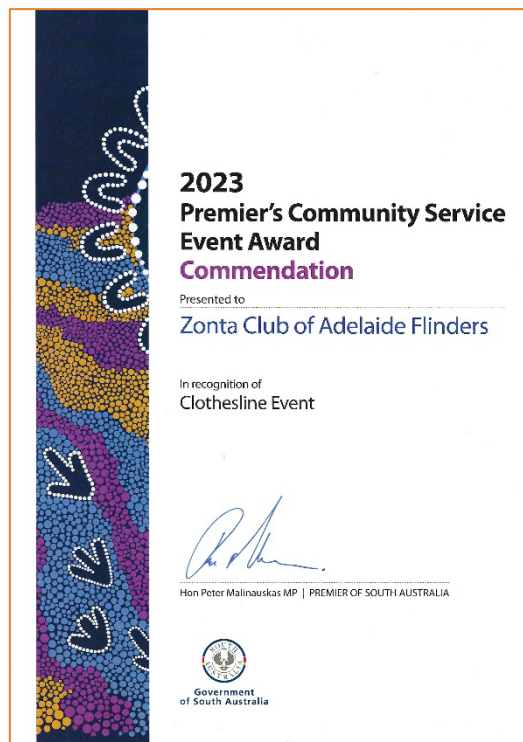
Saturday 20th January 2024, - Vigil - We Pay Our Respects Vigil to honor women who died in violent circumstances.

Members of the Zonta Club of Adelaide Flinders, fellow Zontians and others took part in the Vigil which was held on the steps of Parliament House to honor and celebrate the lives of 71 women (10 from SA) who were lost to domestic violence. The Pay Our Respects Vigil saw attendees acknowledge the 71 women in turn by raising a numbered placard in the shape of a woman's face whilst a bell rang out before each name was read out. The vigil was very moving with good representation from across the political and community sectors.



Thank you to the committee who worked to make this year one we can look back on with pride.

Lesley Siegloff –Club Advocacy Lead



FINANCIAL REPORT 2023-2024

Club Account

Statement of Income and Expenditure from 1st April 2023 to 31st March 2024

Balance of Account as at 1 st April 2023	\$10,676.81
Balance of Account as at 31 st March 2024	\$6,194.47

Income

Membership Dues (inc 8x members 24-25 dues)	\$5,449.98
Dinner Meeting Meals	\$4,670.00
Raffles, Coin Purses	\$956.05
Club	\$2,137.95
Area 2 funds held	<u>\$1,751.36</u>
TOTAL INCOME	\$14,965.34

Expenditure

Membership Fees Paid	\$5,234.12
Dinner Meeting Costs	\$5,696.00
Delegate Fees - Conference	\$420.00
Club Expenses	\$4,312.51
Presidents Honorarium	\$400.00
Fellowship	\$190.00
Area 2	<u>\$3,190.05</u>
TOTAL EXPENDITURE	\$19,447.68

Service Account

Statement of Income and Expenditure from 1st April 2023 to 31st March 2024

Balance of account as at 1 st April 2023	\$18,394.00
Balance of account as at 31 st March 2024	\$9,440.16

Income

Fundraising

Entertainment Books	<u>\$24.00</u>	\$ 24.00
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Services

Breast Cushions	\$500.00	
Toiletry Bags	\$200.00	
Birthing Kits	<u>\$1,000.00</u>	\$1,700.00

Donations	\$1,130.00
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TOTAL INCOME **\$2,854.00**

Expenditure

1/3 fundraising to ZI	\$3,809.52
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Service Projects

Birthing Kit Foundation	\$3,000.00	
Breast Cushion Expenses	\$1,310.62	
Toiletry Bags & Boxes.	\$1,712.02	
Olga Fudge Breakfast	\$ 154.88	
Orange Ladies Project	<u>\$,1820.80</u>	\$7,998.32

TOTAL EXPENDITURE **\$11,807.84**

Woman of Inspiration Account

Statement of Income and Expenditure from 1st April 2023 to 31st March 2024

Balance of Account as at 1st April 2023 **\$9,511.24**

Balance of Account as at 31st March 2024 **\$5,563.06**

Income

Bank Interest \$89.77

TOTAL INCOME **\$89.77**

Expenditure

Printing \$ 137.95

Award Prizes \$3,000.00

WOI Dinner Expense \$ 800.00

TOTAL EXPENDITURE **\$3,937.95**

Marcia Hackendorf Treasurer 2023-2025

Archives Report 2023-2024

The archives and history of our club are well recorded. After checking The ZI Guidelines/checklist received from District 23 last year we are pleased to report that we are far exceeding their recommendations.

Electronic documents currently being archived are minutes of all Board meetings, dinner meetings and annual general meetings, together with annual reports and monthly newsletters. Our Club Newsletter and Annual Report documents serve as a history of our club and a record of our service projects and fundraisers. Other documents include the club's updated constitution and any legal or government requirements such as the club's Incorporation etc. Records retained date back to our Charter and are presently kept at the home of Carolyn Colquhoun. After a favourable inspection of the archives and their storage last year by Co-President Loraine Omond, it was decided that a dedicated hard drive be purchased for safe keeping of all the electronic records. This has been done and all electronic records have been transferred to the hard drive.

As part of the Archives and History report I would like to report that we were able to again hold all our meetings during this year face to face. Seven members attended the District 23 conference in Bunbury, Western Australia, where our club received two awards and one commendation. In June 2024 the 66th ZI Convention is to be held in Brisbane, Australia, only the third time in over a century that a convention has been held down under.

A Brief History - Zonta Club of Adelaide Flinders Inc.

District 23, Area 2. Club 0993



The Zonta Club of Adelaide Flinders was chartered on 2 December 1981, with the support of the late Dr Heide Taylor from the Zonta Club of Adelaide. At that time, we were part of District 16, which covered all of Australia and New Zealand. The District was split into two at the Auckland Conference in 1989 with New Zealand remaining as District 16. Australia then became District 23 - later separating into Districts 22, 23 and 24.

Within our District 23, which covers WA, SA, NT, Vic and Tas, we are one of 10 clubs in Area 2, which covers South Australia and Northern Territory.

Our Charter was presented by Mrs. Leneen Ford, who was at that time the District 16 Governor, at the newly opened Hilton Hotel in Adelaide on 26th November 1982. The club had 35 Charter members. Charter President: Esme Proudman, First Vice President: Paddi Lowry, Second Vice Chairman: Trudy Pohl, Treasurer: Liz Versteeg, and Secretary: Barbara Gepp.

Meetings: Held on the 3rd Wednesday of each month. Meetings began at The Public Schools Club, and then moved to Ayers House for over 20 years, then in 2010 we moved back to our original home, the Public Schools Club. Then in 2019 we moved to our current location at the West Adelaide Football Club.

Club Board and Committees: For most of its history the Club Board has comprised: President, Vice President, Treasurer, Secretary and four or five Directors. Whilst it is preferable for Directors to chair a committee, this is not always possible.

Past Presidents: Charter President Esme Proudman (1981-1984), Jill Welsh (1984-1986), Gwenda Cunningham (1986-1988), Elizabeth Smith (deceased) (1988-1990), Shirley Stagg (1990-1992), Dr Sarah Cunningham (1992-1994), Marjorie Smith OAM (1994-1996), Patricia Russell (deceased) (1996-1998), Fay Leditschke (1998-2000), Heather Sutton (2000-2002), Dr Pauline Glover (2002-2004), Isobel McFarlane (2004-2006), Cintra Amos (2006-2008), Carolyn Colquhoun (2008-2010), Jodi Knoop (2010-2012), Anne Miller (2012-2014), Sue Lear (2014-2016), Eronwy Edwards (2016-2018), Heather Smigiel (2018-2020), Dr Lesley Siegloff (2020-2022) and for the current biennium 2022-2024 we have had co-presidents Lorraine Omond and Lindy Berketa.

Our Club has had two Honorary Members – Jennifer Cashmore MP and Mrs Liz Scarce, wife of former SA Governor, Rear Admiral Kevin Scarce. In 2024 member Jill Welsh received the Service Clubs Association of South Australia Heidi Taylor Medal for 40 years' service to Zonta and the community.

Membership: Membership peaked at 48 in 1991 and fell as low as 18 in 2001. Numbers have remained steady between 25 and 30 for some years, and we are now 27 members. Length of service is valued and rewarded with Club service badges being given for every 5 years of service. We are fortunate to have a wealth of knowledge within our club with half of the membership having over 15 years' service and no less than 12 Past Presidents among our membership.

Fellowship is encouraged and is an integral part of our Club and members are congratulated or supported whenever the need arises. Cards, emails, Facebook messages etc are sent to the Zonta Community acknowledging achievements, well-being, condolences and thank you cards as and when required.

Advocacy Projects: Advocacy is an increasing priority for Zonta, and we are active within our Combined Area Advocacy Committee. We support SCASA and our club has had a representative on the Adelaide White Ribbon Breakfast Committee since inception in 2008 and is also represented on the new White Ribbon Australia SA Committee. Members support and attend various IWD (International Women's Day) events in March each year. Advocacy has become an integral part of Zonta.

Service Projects: Service projects have addressed the Zonta priorities of health, education and economic self- sufficiency of women and girls.

We strongly support the “**Zonta Says No!**” campaign against domestic violence. We currently support womens’ shelters with toiletry bags, and our Shoe Boxes of Love project and donate vouchers for basic shopping needs. In the past we have supported a girls’ vocational orphanage and learning centre in Cambodia, indigenous and migrant projects, scholarships for young women undertaking study or internships, the production of a video to provide information and treatment options to women diagnosed with breast cancer, which was translated into several languages. We have partnered with the Girl Guides Association and The Zahra Foundation.

Our club was one of only two within our district to win a grant from Zonta International to support a project whereby we partnered with the Zahra Foundation, and the “Food for Thought” and “Cooking on a Budget” projects began. The Zonta Rug Project which began in 2005 was a very successful hands-on project involving not only Zontians but the wider community and approximately 250 handmade rugs are given away each year. While this project is no longer a club project, some club members still participate with other Zontians and offer their services. We are active with all grant applications when they are offered, and we have been successful on occasions.

After receiving a very generous donation from Mr. Wes Pickering, the club was able to establish the “Woman of Inspiration Award”. Confirmation from Mr. Pickering that this will be an ongoing annual donation has enabled the club to make this an annual Award.

Fundraising Activities: The Club's major fundraiser, an annual movie night, has been held for over 35 years. Another very successful fundraiser was “A Taste of Zonta” recipe book which included contributions from members and celebrities. Over the years, we have held numerous social fundraising dinners, lunches, fashion parades, art exhibitions, and high teas to name a few. In recent times regular sausage sizzles have been added to our fundraising activities and something new, garage sales. Members are continually thinking of ways in which to boost funds, both for Club and Service use. The Zonta Challenge and loose change purses are just two.

Area Activities: The Club has been represented at all Area Workshops since Charter and hosted many of these, and several club members have served terms as Area 2 Director.

District Activities: The Club has always been well represented at District Conferences and has been represented on the District 23 Board with Margaret Rowland serving as Governor, Lt Governor and Area Director 1994-2000. Cintra Amos served as Area 2 Director and Lt. Governor 2008-2012. Carolyn Colquhoun served as D23 Treasurer 2010-2012. Cintra Amos was the chair of the 2015 District 23 Conference Committee. and was District Service Chair (2016-2018). Sue Lear was District Chair of Young Women in Public Affairs (2016-18), and Margaret Rowland was appointed Chair of the District 23 Centenary Anniversary Celebration Committee (2018-2020). Past President Eronwy Edwards served on the District Board as Area 2 Director (2018-2020). Currently Past President Dr Lesley Siegloff is serving as Area 2 Director (2022-2024) and Eronwy Edwards District 23 Foundation for Women

Ambassador (2020 -2022) and D23 Area2 Foundation for Women Ambassador (2022-2024).

Past members. Dr Pauline Glover served as Area 2 Director and Lt Governor 2004-2008 and chaired the District Advocacy Committee 2010-2014, and Anne Miller served as Vice Area 2 Director (2014-2016).

District Projects: The Club has strongly supported all District 23 projects including Breast Cushions which are made and offered to all women in hospitals undergoing breast surgery, and Birthing Kits which are packed and sent to third world countries for women to give birth in a clean birthing environment.

Our club supports the District 23 conferences held every 2 years and 7 members travelled in September 2023 to Bunbury Western Australia.

International Activities: The Club has been represented at most International Conventions since Charter, with no less than 7 club members attending the Japan Convention in June 2018. Due to the COVID-19 pandemic and the war in Eastern Europe members did not attend either the Chicago 2020 or Hamburg 2022 conventions. Brisbane, Australia is to host the Zonta International Convention in June 2024, only the third time a convention has been held here in Australia. We look forward to attending ourselves and welcoming Zontians down under.

Zonta International Foundation for Women: Each year the Club contributes 1/3 of funds raised to the Zonta International Foundation. Some members make individual donations, and the Club makes donations in the name of members on special occasions.

Carolyn Colquhoun – Club Historian and Archivist

Objects of Zonta International

- To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.
- To work for the advancement of understanding, goodwill and peace through a world fellowship of executives in business and the professions.
- To promote justice and universal respect for human rights and fundamental freedoms
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations and the world.

The Zonta Thanks

Wherever your country of birth whatever your faith or creed
give thanks for the meal we share today in Zonta Fellowship.

But remember, too those who have no food today, not with guilt
that we have so much, but with hope that, through Zonta service,
they too may come to share the same in peace and harmony.

